

Summer 2022

# SowashCo

COMMUNITY EDUCATION

COTTAGE GROVE | NEWPORT | ST. PAUL PARK | WOODBURY | AFTON | DENMARK | GREY CLOUD ISLAND



**Register Online**  
for Adult & Youth classes  
[sowashco.ce.eleyo.com](https://sowashco.ce.eleyo.com)

Visit [commed.sowashco.org](https://commed.sowashco.org)

# CONTACT

## **Aquatics**

651-425-6600

## **Seniors**

651-425-6650

## **Adult Classes & Activities**

651-425-6600

## **Great Rivers Adult Education Consortium**

651-425-6634

## **High School Programming**

651-425-6600

## **Gymnastics**

651-425-6600

## **Middle School Athletics**

651-425-6600

## **Youth Classes & Activities**

651-425-6600

## **Elementary Intramurals (Grades 2–5)**

651-425-6600

## **School Age Care (Kids Club)**

651-425-6639

## **Preschool**

651-425-7160

## **Early Childhood Family Education**

651-425-7181

## **Early Childhood Screening**

651-425-6175

## **Facility Use**

651-425-6604



## **Find your classes**

With an ever-evolving Covid landscape, our class dates and times are subject to change. For the most up to date information regarding the classes offered in this catalog, please click on the class titles to bring you to our registration website.



# CONTENTS

**SoWashCo**

COMMUNITY EDUCATION

District Program Center  
8400 E. Point Douglas Road South  
Cottage Grove, MN 55016-3324

<b>ADULT CLASSES AND ACTIVITIES</b> .....	<b>4</b>
Fitness/Exercise .....	4
Classes .....	5
Ed2Go Online Adult Courses .....	14

<b>GREAT RIVERS ADULT EDUCATION CONSORTIUM</b> .....	<b>12</b>
--	-----------

<b>ADULTS WITH DEVELOPMENTAL DISABILITIES</b> .....	<b>15</b>
---	-----------

<b>SENIORS</b> .....	<b>16</b>
Socialize .....	16
Trips&Tours .....	18
Support .....	19
Fitness/Exercise .....	20

<b>SCHOOLAGE CARE</b> .....	<b>22</b>
-----------------------------	-----------

<b>COMMUNITY ED DIRECTORY</b> .....	<b>24</b>
-------------------------------------	-----------

<b>DISTRICT MAP</b> .....	<b>25</b>
---------------------------	-----------

<b>FACILITY RENTALS</b> .....	<b>26</b>
-------------------------------	-----------

<b>REGISTRATION INFORMATION</b> .....	<b>27</b>
---------------------------------------	-----------

<b>FINANCIAL ASSISTANCE</b> .....	<b>30</b>
-----------------------------------	-----------

<b>YOUTH CLASSES AND ACTIVITIES</b> .....	<b>31</b>
Enrichment .....	32
Skills and Development.....	40

<b>YOUTH RECREATION/ATHLETICS</b> .....	<b>56</b>
Recreation .....	56
Camps & Clinics .....	57
Gymnastics .....	72

<b>AQUATICS</b> .....	<b>74</b>
-----------------------	-----------

<b>EARLY LEARNING</b> .....	<b>76</b>
ECFE .....	76
Early Childhood Screening .....	76
Preschool/Pre-K .....	77



# FITNESS

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

## Yoga - Level 1 (Online)

- Jill Hawthorne

This flow-style class uses a series of yoga poses to warm up the body, while encouraging awareness in connecting breath to movement. Basic yoga poses are utilized to build muscle strength and improve flexibility. Modifications offered as needed to allow students to "individualize" their practice. Note: Some previous yoga experience is helpful but not required. Please use yoga mat and wear comfortable clothing.

0L41981 | Online | 8 sessions | \$72  
Tuesdays, Jun 21 - Aug 16 | 5:30 - 6:30 pm

## Therapeutic Yoga for Releasing Stress

- Dr. Tamara Kraft

In yoga, the use of breath and mindful movements helps our nervous system release stress, strengthens our body, quiets the mind, and has a range of health benefits. Join us to rebalance your nervous system, and experience deep relaxation and the power of breath. Class includes a mind/body theme, an easy warm up and a more challenging physical asana flow practice. End with relaxation and optional affirmations, essential oils and meditation strategies to assimilate learning.

AD47751 | MES | 8 sessions | \$75  
Wednesdays, Jun 15 - Aug 3 | 7 - 8:30 pm

## Feldenkrais - Awareness Through Movement (Online)

- Maggie Vogel-Martin

The Feldenkrais Method (R) utilizes the extraordinary power of the brain and nervous system to quickly improve functioning and comfort! You will be verbally guided through a sequence of movements. Enjoy improved posture, flexibility, relief from tension, reduced pain and stress; and explore easy-to-do sequences which can improve every area of the body.

0L41471 | Online | 6 sessions | \$59  
Wednesdays, Jul 6 - Aug 10 | 6 - 7 pm

**New Adult Enrichment classes will continue to be added for summer. For the most up-to-date listing of learning opportunities, please [click here](#).**





# FEEL GREAT

### How to Travel FREE & Safely During These Unparalleled Times (Online)

- **Gina Henry**

Learn how to benefit from deep travel discounts designed to motivate you to book travel. If you are near retirement, changing careers, a student, or wanting additional income, this is for you. World traveler Gina Henry shares how she is prepared for the new "travel normal" including important tips on safety and trip insurance. Plus, discover how to earn free airline tickets, hotel, volunteer, find fun work-vacations, paid travel, teaching English, mystery shopping, and more.

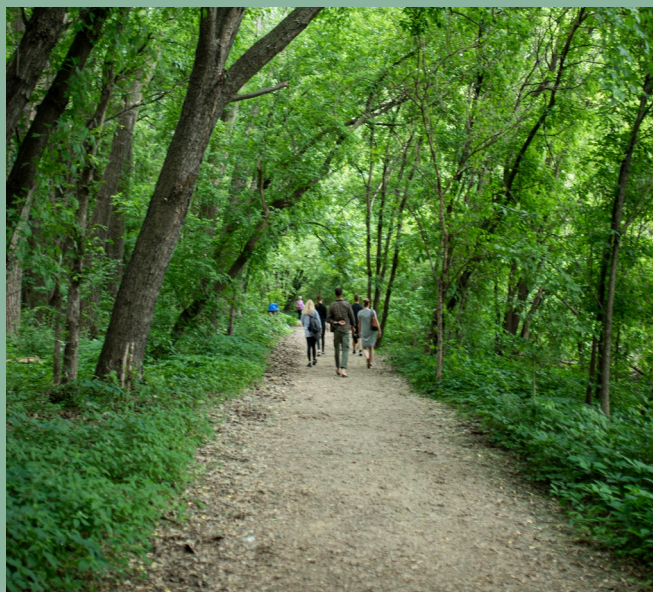
0L46871 | Online | 1 session | \$49/person or \$75/couple  
Saturday, Jul 23 | 11 am - 2 pm

### Get Paid To Teach English in the USA, Overseas & Online - Plus Other Teaching & Administrator Assignments (Online)

- **Gina Henry**

Gina Henry has taught around the world and paid for vacations and travel to over 98 countries. Teaching English is a high paying career or great way to vacation for free. If you speak English, you can teach conversational English without being certified. Teach online and earn a free vacation, 2-month paid summer job, or full-time work that earns up to \$90K a year. Learn the best paying jobs, qualifications, certification programs & hiring organizations.

0L46891 | Online | 1 session | \$49/person or \$75/couple  
Saturday, Jul 30 | 11 am - 2 pm



### Shinrin Yoku - Forest Bathing

- **David Motzenbecker**

Join us on an immersive, meditative, and awe-inspiring Japanese forest bathing experience (Shinrin Yoku). Feel nature's fractals, sounds, and sensations melt away your stress and anxiety and enhance your focus. Give yourself permission to slow down and connect your senses to the healing beauty of our metro area's green forested spaces. See important class information at Forest Bathing Details.

AD39641 | Carver Lake Park | 1 session | \$45  
Wednesday, Aug 3 | 7 - 9 pm

# COOK



Click on the class title to register, or visit [sowashco.ce.elevo.com](http://sowashco.ce.elevo.com)

## Fruit Pizza and Cheesecake Desserts

-Diana Hirte

Learn to make great summer desserts that your family and friends will love. Each student will make a 12" fruit pizza and 6 individual fruit cheesecakes to take home. Fruit available may vary from photo shown, but there will be plenty of options for you to be creative with your own design. Plan to pay a supply fee of \$12 to instructor in class for food costs.

AD42161 | DPC | 1 session | \$39 + \$12 for supplies  
Monday, Jun 13 | 6:30 - 8:30 pm



## Summer Cupcakes

-Diana Hirte

Learn how to decorate beautiful cupcakes including hydrangeas, sunflowers, large rose and more. Each student will bring home 12 decorated cupcakes. Plan to pay a supply fee of \$12 to instructor in class for food costs.

AD42131 | DPC | 1 session | \$39 + \$12 for supplies  
Monday, Jul 11 | 6:30 - 8:30 pm

## Grilling Basics

-Jan Zita Grover

Increase your confidence to play with food outdoors! If you haven't grilled before or are unhappy with your results, join us! Learn what to look for in reliable charcoal and gas grills and instant-read thermometers; recommended cuts of meat; fruit and vegetables; marinades and rubs. You'll grill outside the classroom door. Bring an apron, an appetite, your own flatware, plates, and take-home containers. Masks required indoors. Extensive handout provided.

AD48181 | DPC | 1 session | \$49  
Monday, Jul 18 | 5 - 8 pm



# MANAGE YOUR MONEY



## Mortgage Free in 7 Years or Less! (Online)

-Laurie Giwoyna

Did you know that there is a way to pay off all debt in 7 years or less... without changing current spending? We typically have money going out in multiple directions for our home mortgage, auto loan, credit cards, student loans, etc. This is very inefficient for the consumer but makes the most money for the bank. There is a much easier way to eliminate all debt than traditional methods. We will show you how you can be 100% debt free. Being debt free is easier than you think.

0L46161 | Online | 1 session | \$15  
Monday, Jun 27 | 7 - 8 pm

## Budgeting Basics -Tips & Tricks to Stay on Track

-Lucie Misfeldt

Begin telling your money what to do instead of wondering where it went by creating a zero-based monthly budget. In this class, we'll walk step-by-step through the budgeting process including setting up your budget, how to track your spending throughout the month and tips & tricks to save money on monthly expenses.

AD40641 | DPC | 1 session | Free  
Tuesday, Jun 7 | 6:30 - 7:30 pm

## How to be a Smart College Shopper! (Online)

-Betsy Fine/Bob Fine

Your student is getting ready for college. You saved your money. Is it enough? Learn where your student will fit best academically, socially & financially. Discover which schools offer the largest merit scholarships! Get an education, not a debt! Online class links will be provided a few days before the start date. We are confident that you will enjoy the same quality experience from the comfort of home.

Multiple Sections | Online | 1 session | \$20

0L46451 | Monday, Jun 6 | 6:30 - 8:30 pm

0L46452 | Wednesday, Jul 13 | 6:30 - 8:30 pm

0L46453 | Thursday, Aug 18 | 6:30 - 8:30 pm



# GAIN SKILLS



## Adult Conversational Spanish: Spanish for Travel (Live Virtual)

-Juliann Determan, Futura Language Professionals

Do you have future aspirations for traveling to a Spanish speaking country? If so, this is the class for you! Participants learn basic conversation skills to get around a Spanish-speaking country with greater ease. The class will include helpful dialogue, greetings, how to barter at a market and order in a restaurant, and how to ask for simple directions. Each class will include a travel related theme to practice real world Spanish! Like all Futura classes, a dynamic and interactive approach will be used to keep the class fun and exciting!

0L4101 | Online | 4 sessions | \$124  
Tuesdays, Jun 7 - Jun 28 | 6 - 7 pm

## Plan Your Perfect Move

-Jill McNamee

Thinking about selling your home? Discover what it takes to get your home ready to sell. Top local REALTOR, Jill McNamee with McNamee Real Estate Team/Keller Williams, covers home values, timing your move, market statistics and how realtors market your home. Lisa Bevens, owner of Home to Sweet Home, knows that a move can be overwhelming, time-consuming, and emotionally draining. She covers ways to stay organized as you plan so you feel relaxed and inspired.

AD47591 | DPC | 1 session | \$10  
Monday, Jun 13 | 6:30 - 8 pm

Click on the class title to register,  
or visit [sowashco.ce.elevo.com](http://sowashco.ce.elevo.com)

## South Washington County Community Band - Summer

-Sharon Gunder

Summer is the perfect time to join! The Community Band of South Washington County has been going strong for over 25 years! All ages and instruments are welcome. Expand your talents and enjoy the camaraderie of fellow musicians—all while sharing music with appreciative local audiences. Join anytime! Interested? E-mail Band Director Sharon Gunder at [sgunder@sowashco.org](mailto:sgunder@sowashco.org). Our last summer meeting will be a performance at the Washington County Fair on Saturday, August 6, 2021.

AD43871 | OMS | 9 sessions | Free  
Tuesdays, Jun 14 - Aug 2 | 7 - 9 pm

## Barn Storming: Minnesota's Barns & Barn Quilts (Online)

-Jay Grammond

Minnesota is filled with countless barns, most from a bygone era but some still operational. Photographer and Amateur Historian, Jay Grammond, has traveled the state capturing images of barns of all shapes, sizes, and conditions. Barn Quilts are pieces of art on the side of a barn, shed, or house that usually tell some sort of story. These places are all visible from the roadways. Once you know about them, you can seek them out!

0L49171 | Online | 1 session | \$25  
Wednesday, Jun 22 | 10 - 11 am



## Barn Storming: Minnesota's Barns & Barn Quilts



## iPhone App: Photos

-Chris Pahl

Discover the new features found in the Photos app on your iPhone with iOS 15. Learn ways to organize your photos, quickly find the ones you are looking for, share them with loved ones and perform basic edits right on your iPhone. Please bring your iPhone with you to class.

AD49751 | DPC | 1 session | \$39  
Monday, Jun 27 | 3:15 - 5:15 pm

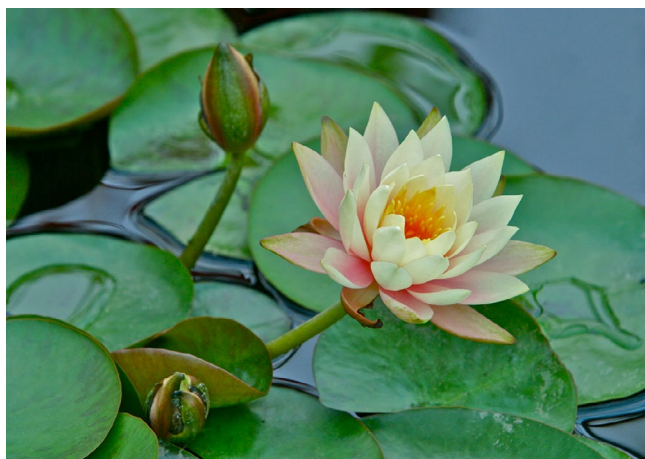
## Building Your Vision: Taking Your Photography From Good to Great (Online)

-Jay Grammond

Are you a Photographer that wants to take your images to the next level; or maybe someone that is just getting started in photography? Do you want to be a photographer that TAKES snapshots; or one that CREATES Images? You'll leave this class with ideas and concepts that you can put into practice right away. We will cover some compositional basics that will surely improve your images ; and we will discuss concepts of building your Photographic Vision to take your images from good to great! 1-hr Live Zoom Class.

0L4981 | Online | 1 session | \$25  
Wednesday, Jun 15 | 10 - 11 am

0L4982 | Online | 1 session | \$25  
Monday, Jun 20 | 6:30 - 7:30 pm



Building Your Vision: Taking Your Photography From Good to Great



## A Road Trip Around Minnesota: Lakes & Waterfalls (Online)

-Jay Grammond

Join Professional Photographer, Jay Grammond as he takes you on a Virtual Road Trip around the state to learn about some of Minnesota's largest in-land lakes; and fantastic Waterfalls. In today's world, these same waterways are vital to the State and local community economies; as well as to the citizens as a form of recreation and relaxation. After participating in this class, you should come away with the seeds of your own summer road trip ideas. 1-hr Live Zoom Class.

0L49161 | Online | 1 session | \$25  
Monday, Jun 13 | 10 - 11 am

0L49162 | Online | 1 session | \$25  
Wednesday, Jun 22 | 6:30 - 7:30 pm

# GAIN SKILLS

## Dakota Adventure: Badlands Astro & Twilight Photography Hands-on Workshop Event

-Jay Grammond, Erik Kuna

Join Professional Photographers Erik Kuna and Jay Grammond for a fantastic opportunity to learn and create epic images of Badlands National Park. Registration includes two pre-event and one post-event Zoom meetings with instructors and participants; as well as personalized instruction. Travel/Food/Lodging is separate. All skill levels welcome. \$1399 through May 1; \$1699 after May 1. To see an itinerary of workshops, email Gretchen at [GCarlson@sowashco.org](mailto:GCarlson@sowashco.org).

AE49191 | 5 days | \$1399 through May 1, \$1699 after May 1  
Tuesday - Saturday, Jul 26 - Jul 30

## Black Hills Photo Shootout

-Jay Grammond

September 30; Oct 1 - 2. Join photographers and instructors for the 12th Annual Black Hills Photo Shootout! All skill levels welcome. Join others from around the country for photography, education, sightseeing, camaraderie and fun! Sessions include Landscapes; Wildlife; Sunrise/Sunsets; Cowboy/Cowgirl & Native American models in "Old West" scenarios, and Portrait settings. Travel/Food/Lodging is separate. \$299 through July 15; \$499 after July 15. To see an itinerary of workshops, email Gretchen at [GCarlson@sowashco.org](mailto:GCarlson@sowashco.org).

AE49211 | 3 days | \$299 through Jul 15, \$499 after Jul 15  
Friday - Sunday, Sep 30 - Oct 2



## Badlands Photography Workshop Event



## Dakota Adventure: Badlands Astro & Twilight Photography Workshop Event

## Dakota Adventure: Theodore Roosevelt National Park Hands-on Photography Event

-Jay Grammond, Jim Caldwell

Theodore Roosevelt National Park and its surrounding areas are a special place! Are you ready to go on a North Dakota Adventure? Join Photographers Jim Caldwell and Jay Grammond for memorable moments, wildlife, landscape, sunrise and sunset sessions - and don't forget wild horses! All skill levels welcome. Travel/Food/Lodging is separate. \$699 through July 1; \$899 after July 1. To see an itinerary of workshops, email Gretchen at [GCarlson@sowashco.org](mailto:GCarlson@sowashco.org).

AE49201 | 4 days | \$699 through Jul 1, \$899 after Jul 1  
Monday - Thursday, Sep 26 - Sep 29

## Badlands Photography Workshop Event

-Jay Grammond, Chad Coppess

Join Photographers Chad Coppess and Jay Grammond on an unforgettable Fall adventure in and around South Dakota's amazing Badlands National Park. Discover fantastic landscapes, sunrises/sunsets; search for wildlife like buffalo, big horn sheep, fox, mule deer, and prairie dogs. Cowboy/Cowgirl models will be available. Travel/Food/Lodging is separate. \$950 through September 1; \$1150 after September 1. All skill levels welcome. To see an itinerary of workshops, email Gretchen at [GCarlson@sowashco.org](mailto:GCarlson@sowashco.org).

AE49221 | 4 days | \$950 through Sep 1, \$1150 after Sep 1  
Thursday - Sunday, Nov 17 - Nov 20



# CREATE

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)



## Paint Your Pet

-Molly Oleson

Learn how to create a personalized pet portrait. No experience is needed! You will be taught by a professional pet portrait artist the techniques of painting texture that looks like fur, making eyes that look realistic and other tips. Cost includes a pre-sketched 16" x 20" canvas, acrylic paint and brushes to use for the evening. Find this class online at [commed.sowashco.org](http://commed.sowashco.org) to see important details on getting your pet's photo sent to our instructor.

AD43421 | LMS | 1 session | \$49  
Monday, Jul 18 | 5:30 - 8:30 pm



## Paint Your Pet

## Paint Georgia O'Keeffe's Red Poppy (All Levels Welcome!)

-Molly Oleson

Learn how to create your own rendition of Georgia O'Keeffe's famous Red Poppy with step-by-step instructions. Absolute beginners are welcome! Discover the texture and strokes that truly make O'Keeffe's style unique and memorable. A 16" x 20" canvas, along with paint and brushes to use in class, will be provided. Please wear clothes that you are okay with getting a little dirty or stained. This style of painting is messy ... but satisfying!

AD43441 | DPC | 1 session | \$39  
Monday, Jun 13 | 5:30 - 8:30 pm



## O'Keeffe's Red Poppy



## Become a Microsoft Office Expert!

Earn the Microsoft Office Specialist (MOS) Certification at **no cost to you!!!**

**FREE!**

In just 12 weeks you'll learn Microsoft Word, Excel and PowerPoint to prepare for the MOS Certification exams!



We provide the software, a computer lab, textbook and study materials; you provide the curiosity and desire to learn!

Visit our website for dates, times, and location:  
[commed.sowashco.org/greatrivers](http://commed.sowashco.org/greatrivers)

This opportunity is made possible in partnership with Great Rivers Adult Education Consortium and Washington County Careerforce with funding from Minnesota DEED (Department of Economic and Employment Development)





# FREE CLASSES FOR ADULTS



## We offer classes in:

- English as a Second Language
- GED Preparation
- High School Diploma Completion
- Computer Skills Training
- Literature Studies
- US Citizenship
- Microsoft Office Suite
- Post-Secondary Skills Refresh
- And more!

## Program Locations

- **District Program Center** (Cottage Grove)
- **Central Park** (Woodbury)
- **Tilden Community Center** (Hastings)

## Contact Us

**Call:** 651-425-6634

**Text:** 651-270-3266

**Email:** [greatrivers@sowashco.org](mailto:greatrivers@sowashco.org)

**Web:** [commed.sowashco.org/greatrivers](http://commed.sowashco.org/greatrivers)

**Mail:** District Program Center  
8400 East Point Douglas Rd. S  
Cottage Grove, MN 55016



ADULT COLLEGE CAREER ENGLISH SKILLS SERVICES



## INSTRUCTOR LED NON-CREDIT ONLINE COURSES

.New classes begin on the third Wednesday of every month.  
Visit [ed2go.com/sowashcoCE](http://ed2go.com/sowashcoCE) for more details.

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Complete any of these courses entirely from your home or office and at any time of the day or night.

[Click here](#) to see the full course catalog.



#### A to Z Grant Writing

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

#### Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more!

#### Computer Skills for the Workplace

Gain a working knowledge of the computer skills you'll need to succeed in today's job market.

#### Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

#### Effective Business Writing

Improve your career prospects by learning how to develop powerful written documents that draw readers in and keep them motivated to continue to the end.

#### Fundamentals of Supervision Management

Learn the people skills required to motivate and delegate, and learn tools for solving problems and resolving conflicts.

#### Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

#### Intermediate Microsoft Excel

Take your Microsoft Excel skills to the next level as you master charts, PivotTables, Slicers, Sparklines, and other advanced Excel features.

#### Introduction to CSS3 and HTML5

Learn to create state-of-the-art Web sites using modern CSS3 and HTML5 techniques.

#### Introduction to Final Cut Pro X

Make the leap from home video enthusiast to professional video editor using Apple's revolutionary Final Cut Pro X editing software.

#### Introduction to Google Analytics

Learn how to track and generate traffic to your website, create reports, and analyze data with Google's free, state-of-the-art Web analytics tools.

#### Introduction to Microsoft Excel

Become proficient in Microsoft Excel and discover countless shortcuts, tricks, and features for creating and formatting worksheets quickly and efficiently.

#### Introduction to SQL

Gain a solid working knowledge of the most powerful and widely used database programming language.

#### Leadership

Gain the respect and admiration of others, exert more control over your destiny, and enjoy success in your professional and personal life.

#### Performing Payroll in QuickBooks

Learn how to use QuickBooks 2013 to create paychecks, pay tax liabilities, and produce forms and reports.

#### Writing Essentials

Master the essentials of writing so you can excel at business communications, express yourself clearly online, and take your creative literary talents to a new level.



# ADULTS WITH DEVELOPMENTAL DISABILITIES

## Play in a Spring T-Ball/Softball League

- Judy Ptacek

Develop team spirit, learn the game, improve skills, and engage in a little competition. Batters can hit from a batting 'T' or a coach-pitched ball. No experience is needed. The season includes practices, scrimmages with other teams, and concludes with a Saturday tournament, June 25 in White Bear Lake at Lakewood Hills Park from 9:30 a.m. - 1:00 p.m. Our team will practice at **Hemingway Field #41 in Cottage Grove**. More information sent upon registration.

W3171 | Hemingway Field, Cottage Grove | 6 sessions | \$55  
Thursdays, May 19 - Jun 23 | 6:30 - 8 pm

## Make Your Own Melt & Pour Soap

- Gretchen Carlson

Do you love the scents of homemade soap? Why not try making your own?! We're doing the easy "melt & pour" method that anyone can do. You will learn about the process, see how it is done, then participate in pouring it into a mold. Leave with a bar of soap to enjoy at home.

W4441 | DPC | 1 session | \$10  
Monday, Jun 27 | 6:45 - 8 pm

## Corn Hole (Bean Bag Toss)

- Gretchen Carlson

This fun game is easy for anyone to try! Simply grab a bean bag and give it your best toss onto the board. Better yet, aim to throw it right into the hole! We'll form teams and enjoy a friendly game or two as time allows. All are welcome!

W4031 | DPC | 1 session | \$5  
Monday, Jul 11 | 6:45 - 7:45 pm

## Make Delicious Cream Cheese Wontons

- Li Sun

One of our instructor's favorite treats to make on the weekend is Cream Cheese Wonton. It is sweet, creamy, crunchy, and you just can't stop eating it once you get started. She would love to share this delicious and simple recipe with you.

W4131 | DPC | 1 session | \$10  
Friday, Aug 12 | 11 am - 12:30 pm

## REGISTRATION INFO

Designed for teens and adults with developmental cognitive disabilities, the Community Bridge Consortium facilitates the participation of adults with disabilities in all aspects of Community Education programming by providing reasonable support and accommodations. Through their participation, these adults learn new things, engage with others and become active citizens in their communities.

The consortium is sponsored by South Washington County, Mahtomedi, North St. Paul-Maplewood-Oakdale, Roseville Area, and White Bear Lake Area School Districts.

The Community Bridge Consortium offers:

- Customized education and enrichment classes for adults with developmental disabilities
- Opportunities to socialize with peers and friends
- Fine arts experiences
- Sign language interpreters
- Resources for disabilities awareness education
- Adapted materials and equipment
- Registration assistance

**Please note:** South Washington County Community Education does not take registration for these classes. To register, please call the Community Bridge Consortium or **[click here](#)**.



Call **651-748-7232**



Go to **[www.isd622.thatscommunityed.com](http://www.isd622.thatscommunityed.com)** and click on **Courses for Adults with Disabilities**

Register online at **[sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)**

# SENIOR GROUPS

Join our Senior Activities program for just \$15/school year! We have a full lineup of free weekly activities plus occasional classes and special events. All activities are located at the District Program Center unless otherwise noted. To learn more, visit [commed.sowashco.org](https://commed.sowashco.org).

## Book Club

**2nd Tuesday, 1:00 – 2:30 pm**

Love to read? Want a place to discuss and share reactions with like-minded people? Join us on the second Tuesday of the month. Members choose authors and titles from a list of popular books.

**Free | 2nd Tuesday**

## Lighten Up

**Tuesdays 9:00 – 10:00 am**

Join us on the journey to feel your best. Each week we weigh in and discuss practical topics such as diet secrets and trends. Whether you want to lose weight or maintain, accountability is key!

**Free | Every Tuesday**

## Men's Group

**Thursday mornings 10:30 – 11:30 am**

This informal group comes together simply for a cup of coffee, treats and conversation.

**Free | Every Thursday**

## Grief Group

**3rd Monday, Various locations**

If you have lost a loved one and could use support as you grieve, please join us. Speakers present on a variety of topics, provide resources, and offer a safe place to share. Contact KOK Funeral Home in Cottage Grove at **651-459-2483** for details and location.

**Free | 3rd Monday**



## Diabetes Support Group

**3rd Tuesday, 6:30 – 8:00 pm**

Are you dealing with diabetes or pre-diabetes? Join us for a friendly discussion offering facts, ideas and practical tips to help you feel your best. Facilitated by diabetes advocate Connie Allen, a nurse and Certified Diabetes Educator. Spouses and support persons are also encouraged to attend!

**Free | 3rd Tuesday**



## Bingo

**Mondays, 1:00 – 3:00 pm**

Join us for this popular game! Match numbered squares to numbers called and you win a B-I-N-G-O!

**Free | Every Monday**

## Bridge – All Levels

**1st & 3rd Tuesday, 1:00 – 4:00 pm**

Whether you are a seasoned Bridge player or new to the game, feel free to join us! This group is open to new players and will teach anyone interested in learning how to play. Beginners welcome!

**Free | 1st & 3rd Tuesday**

## Bunco

**Summer Day/Time TBD**

This fast-paced game of dice is played in rounds and known as the "famous social dice game". If you haven't yet played, we can teach you. Join the fun!

**Free | Inquire for details**

## Cribbage

**Wednesdays, 1:00 – 3:00 pm**

This traditional English and Scandinavian card game will guarantee 8 games of fun! Changing partners will allow you to meet new people, even the play, and enjoy the camaraderie!

**Free | Every Wednesday**

## Farkle

**Mondays, 10:00 – 11:30 am**

This crowd-pleasing dice game brings laughter and fun. Beginners welcome!

**Free | Every Monday**

## Hand & Foot

**Thursdays, 12:30 – 4:00 pm**

If you enjoy Canasta or rummy, you'll want to check out Hand & Foot. Fellow players are available to show you how to play. Come and join us for an enjoyable way to connect with new friends.

**Free | Every Thursday**

# GAMES

## Mah Jongg

**Tuesdays, 9:00 am – 12:30 pm**

Join us for American Mah Jongg, a game of strategy and luck. We play for fun, not money, using tiles, racks, and a "Hands and Rules" card. New players welcome! Questions? Call Hjordes at **651-283-3989**.

**Free | Every Tuesday**

## Men's Bridge (Seasoned Players Only)

**2nd Wednesday, 12:30 – 3:30 pm**

Are you an experienced Bridge player looking for a group of avid players to join? Start by calling Jerry Jensen at **651-459-8210**.

**Free | 2nd Wednesday**

## Mexican Train Dominoes

**Wednesdays, 9:30 am – 12:00 pm**

Mexican Train is played with a standard set of Double Twelve dominoes. This fun game is filled with strategies and chances to win!

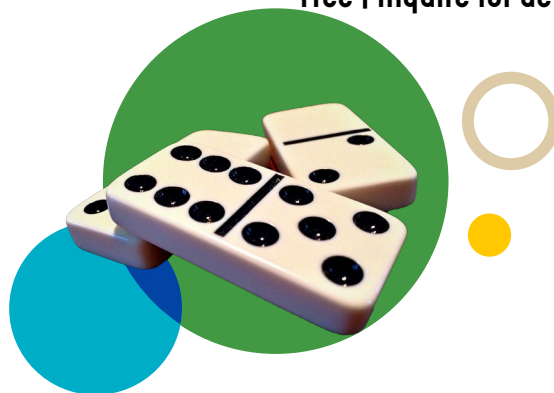
**Free | Every Wednesday**

## 500 Card Game

**Summer Day/Time TBD**

This popular card game includes bidding and taking tricks. Join us for some card-playing fun! Games start promptly at 1:00 p.m.

**Free | Inquire for details**



Register online at [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

# TRIPS & TOURS



## "Escape to Margaritaville" at the Old Log Theatre - Daytime 50+

Get ready for a hilarious and heartwarming musical with unforgettable songs from one of music's greatest storytellers – Jimmy Buffet. Showtime is 1:30 p.m. Fee includes transportation, lunch (choose your entrée when registering), coffee or tea, dessert, tax and tip. Reservation recommended by June 10 with a final deadline of June 25, 2022. Plan to arrive ready to board the bus at the District Program Center at 10:45 a.m. Return at approx. 4:30 p.m.

**SA40171 | Meet at DPC parking lot | \$91**  
**Thursday, Jul 14 | 10:45 am - 4:30 pm**

## St Paul Gangster Tour

Before a Chicken Marsala lunch, we will tour the Wabasha Street Caves. Following lunch, we will board the bus for our Gangster Tour, exploring the sites of nightclubs, kidnappings, and gun battles associated with the 1930's gangsters like John Dillinger, Ma Barker and Babyface Nelson. Fee includes: transportation, tour, chicken marsala lunch, step-on guide, tax and tip for the luncheon. Tip for the bus driver and step-on guide are extra. Registration deadline is May 26.

**SA30391 | Meet at DPC parking lot | \$86**  
**Thursday, June 16 | 10 am - 3:30 pm**

## Lake Minnetonka Cruise

Join us for fresh air, sunshine and refreshing open water as we embark on a Lake Minnetonka Cruise. We'll board the Lady of the Lake, a historic sternwheeler for a narrated tour. In the mid-1800's, Lake Minnetonka enjoyed worldwide fame for its elegance and scenery. Relax and view a variety of recreational watercraft on the lake. Lunch will be served onboard. The Boaters Boxed Lunch includes their Signature Gourmet Chicken Salad on a Croissant with Lettuce, Fresh Fruit, Pasta Salad, Dessert and a soft drink. After the cruise, we will reboard the bus to downtown Excelsior to shop. Plan to depart at 11:15 a.m. and return by 4:15 p.m. Registration deadline is Friday, July 15.

**SA40161 | Meet at DPC parking lot | \$82**  
**Wednesday, Aug 16 | 11:15 am - 4:15 pm**





# RESOURCES

## Free Bread & Desserts

### Wednesdays

Stop by the District Program Center on Wednesdays and pick up a loaf of bread, buns, delicious pastry or dessert. It's delivered by 9:15 a.m. and is available on a first-come, first-served basis. Big thanks to Cub Foods and volunteers Heidi Cunningham, Charity Vaillancourt and Frank Urbano for doing the deliveries.

**Free | Wednesdays**



## Foot Care by Ginny

### 1st Tuesdays and Friday

Foot Care appointments are scheduled by appointment only on the first Tuesday and Friday of the month. Cost is \$23. Service is offered by Ginny's Footcare. Call **651-425-6650** to schedule.

**Grove Church, Cottage Grove | \$23  
1st Tuesday and Friday**



**New Senior Activities  
may be added for  
summer.**

**For the most up-to-date  
listing of opportunities,  
please [click here](#).**

# FITNESS

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](https://sowashco.ce.eleyo.com)

All activities are located at the District Program Center unless otherwise noted. For dates, times, and more, visit our website at [commed.sowashco.org](https://commed.sowashco.org)

## SAIL Fitness (Age 55+)

**Mondays & Wednesdays, 3:15 – 4:15 pm**

Stay Active and Independent for Life (SAIL) is a strength, balance and fitness program for adults 65 and older. Class will combine elements of different formats, including resistance bands, light weights, body weight, Tai Ji Quan and yoga for balance and flexibility training.

**Free | Mondays & Wednesdays**

## Arthritis Foundation Exercise Program (Age 55+)

**Tuesdays & Thursdays, 3:15 – 4:15 pm**

Arthritis Foundation Exercise Program (AFEP), developed by the Arthritis Foundation, covers range-of-motion and endurance-building activities, relaxation techniques, and health topics. Benefits include improved functional ability, decreased depression, and increased confidence. Designed for people living with arthritis or anyone interested in becoming more active. All ability levels are welcome.

**Free | Tuesdays & Thursdays**

## Adult 55+ Fitness Classes - Virtual Options Now Available!

Live 2 B Healthy® is now offering Virtual Zoom fitness so you have the option to work out from the privacy and comfort of home! Jena Radant, CPT, leads these Zoom classes that are co-sponsored with our partner, Juniper. When you register, Kelly Nygard from Live 2 B Healthy® will contact you via email to collect registration and pre-class surveys, and provide you with the Zoom links. Classes are ongoing. You may join any time.

**Free | Multiple Class Times**  
**Tuesdays/Thursdays 9 am or 3 pm**  
**Mondays/Wednesdays/Fridays 3 pm**





Due to the Covid 19 pandemic, Community Ed may need to change dates, times, or locations for our classes. When looking at this catalog, click on the class you'd like to take for the most up to date information.

If you have questions regarding our classes or registration, please contact us at 651-425-6600.



**3** DIFFERENT  
WAYS TO  
REGISTER!



#### ONLINE

Visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com) and view our course offerings



#### FAX

Fax this registration form to 651-425-6620



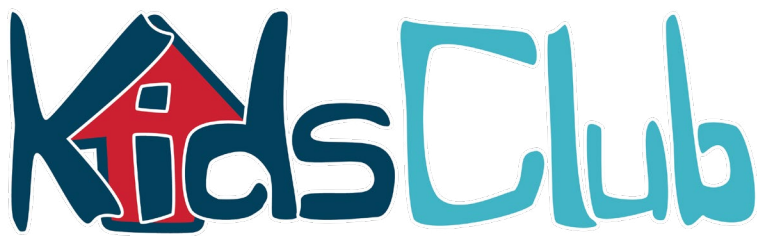
#### MAIL

Mail or drop-off your registration. Office Hours: 7:30-5:00 p.m. Drop box to the left of the main doors



#### QUESTIONS?

Call 651-425-6600 or email us at [CommunityEducation@sowashco.org](mailto:CommunityEducation@sowashco.org)



## School Age Child Care – Register Now!

### Summer '22 Registration

Need a fun, safe and engaging and child care option? Kids club offers activities with a purpose and social emotional learning with friends.

Summer registration for current families opened on Feb. 1. New families can register through March 6. Registration for all families will continue after March 6 as space allows.

[Click here to learn about summer sites, fees and fun!](#)

### School Year 22–23 Registration

Don't miss it!

Kids Club school year registration for current families April 4–17.

New Families!

Place your registration request early! Enrollment begins on April 27. All remaining spots are offered on a first come, first served as space is available. As we see the need for care, Kids Club will work to hire staff to increase enrollment and meet your child care needs.



**Find information about Kids Club schedules, fees and more here.**





# We're Hiring!

## KIDS CLUB

### Retention Bonus!\*

Full and part time  
positions available.  
[Click here](#) for details

\*Most positions are eligible  
for a retention bonus.

#### Current openings:

##### Paraprofessionals

Starting at \$16.63 per hour

Support students in developing skills in a safe learning environment.

##### Inclusion Site Specialist

Starting at \$19 per hour

Provide an inclusive and educational learning environment for students across multiple sites.

##### Site Supervisor

Starting at \$20.50 per hour

Lead a team in planning and carrying out an educational and positive school age child care program.

For more information contact Carol Tobin  
at [ctobin@sowashco.org](mailto:ctobin@sowashco.org) or 651-425-6612

Rewarding work  
with added fun!

Kids Club positions  
are retention bonus  
eligible!

# COMMUNITY EDUCATION DIRECTORY

## PARENT/CHILD & FAMILY EVENTS

651-425-6600

## EARLY CHILDHOOD FAMILY EDUCATION (ECFE)

651-425-7181

## EARLY CHILDHOOD SCREENING

651-425-6175

## PRESCHOOL

651-425-7160

## ELEMENTARY PROGRAMMING

651-425-6600

## ELEMENTARY INTRAMURALS (Grades 2-5)

651-425-6600

## MIDDLE SCHOOL ATHLETICS

651-425-6600

## YOUTH MUSIC

651-425-6600

## KIDS CLUB - SCHOOL AGE CARE

Heather Wilkin | 651-425-6639

## HIGH SCHOOL PROGRAMMING

651-425-6600

## GYMNASTICS

651-425-6600

## AQUATICS

651-425-6600

## DPC COMMUNITY CENTER 50+ & TRIPS/TOURS

Gretchen Carlson | 651-425-6605

## FACILITY USE

Gail Ivesdale | 651-425-6604

## ACCESS PROGRAM FOR ADULTS

Susie Evans | 651-425-6169

## ADULT ENRICHMENT

Gretchen Carlson | 651-425-6605

## OFF SITE CLASSES BUILDING LOCATIONS:

### All Saints Lutheran

8100 Belden Blvd  
Cottage Grove, MN  
55016

### Caponi Art Park

1220 Diffley Road  
Eagan, MN 55123

### Carver Lake Park

3175 Century Ave S  
Woodbury, MN 55125

### Carpenter Nature Center

12805 St. Croix Trail S.  
Hastings, MN 55033

### Cottage Grove Ravine Park

9653 Keats Ave S  
Cottage Grove, MN  
55106

### Conquer Ninja Gym

707 Commerce Drive  
Suite 120  
Woodbury, MN 55125

### Grove Church

8600 90th Street  
Cottage Grove, MN  
55016

### Hastings High School

200 General Sieben Dr  
Hastings, MN 55033

### Hemingway Field

8259 Hemingway Ave S  
Cottage Grove, MN  
55016

### Kidcreate Studio

1785 Radio Drive  
Woodbury, MN 55125

### Kok Funeral Home

7677 80th Street  
Cottage Grove, MN  
55016

### Nena's Designs

434 Hale Ave. N  
Suite 120  
Oakdale, MN 55128

### Serenity Horse Farm

11490 Julianne Ave N  
Stillwater, MN 55082

### Tilden Community Center

310 River Street  
Hastings, MN 55003

### Title Boxing Club

8150 Collier Way #300  
Woodbury, MN 55125

### Uplift Guided Fitness

257 Rivertown Dr  
Woodbury, MN 55125  
651-209-6778

### WhenEver Fitness

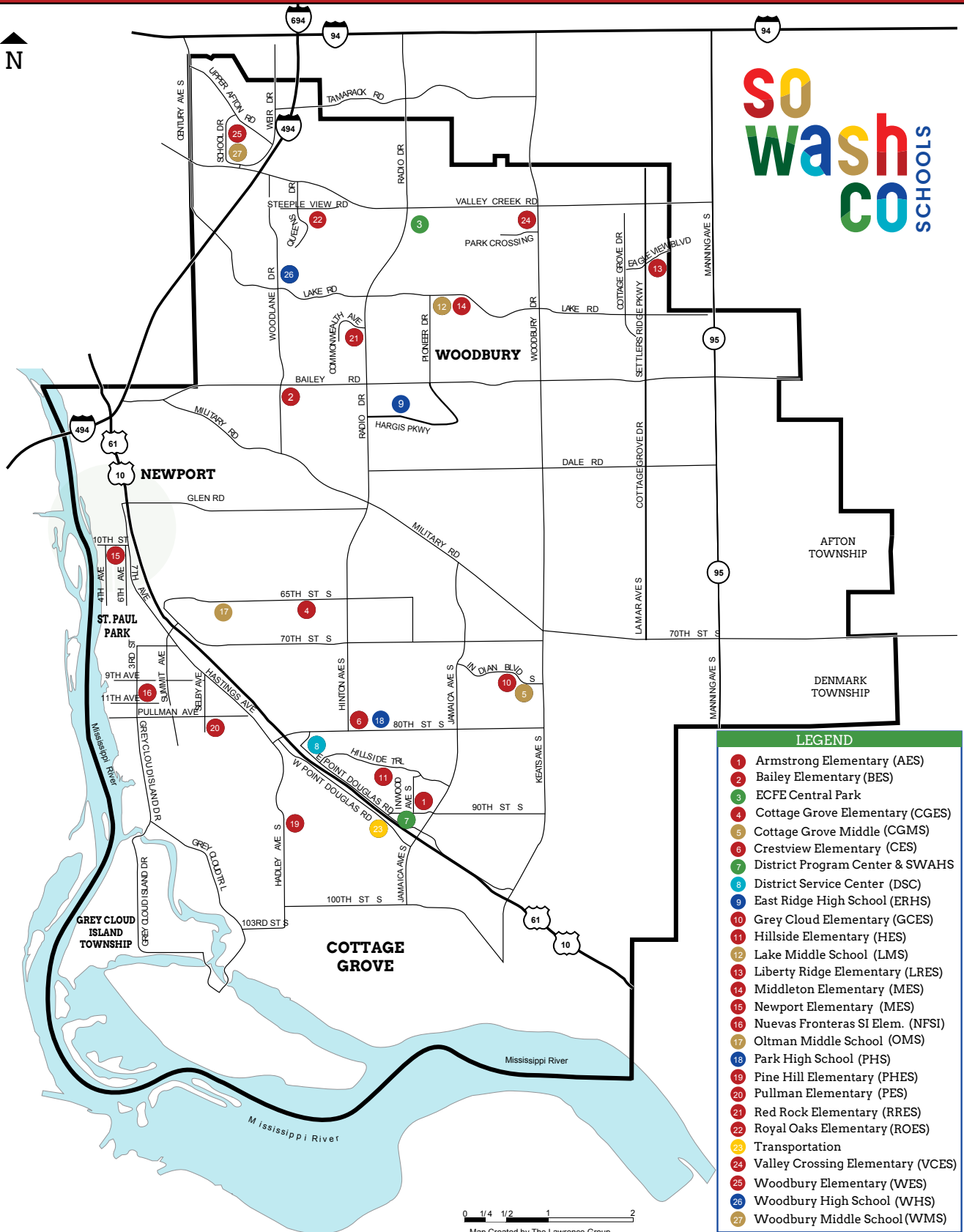
8150 Collier Way  
Woodbury, MN 55125

### Winzer Stube German Restaurant

516 2nd Street  
Hudson, WI 54016



# South Washington County Schools



# FACILITY RENTAL

## District 833 Facilities

District 833 encourages the use of the schools by outside groups and community members. For more information or to reserve a meeting space, please contact the Facilities Scheduler at **651-425-6604** or visit our website at [commed.sowashco.org/facility-rental](http://commed.sowashco.org/facility-rental).

## Why District Facilities?

We are affordable & close to home. We accommodate large and small groups. We provide a Non-smoking campus. Our facilities are handicap accessible.

## SITES

### DISTRICT OFFICES

**District Program Center (DPC)**  
8400 E. Point Douglas Road S.  
Cottage Grove, MN 55016

**District Service Center (DSC)**  
7362 E. Point Douglas Road S.  
Cottage Grove, MN 55016

### SCHOOL LOCATIONS

**Armstrong Elementary (AES)**  
8855 Inwood Avenue S.  
Cottage Grove, MN 55016

**Crestview Elementary (CES)**  
7830 80th S.  
Cottage Grove, MN 55016

**Hillside Elementary (HES)**  
8177 Hillside Trail S  
Cottage Grove, MN 55016

**Middleton Elementary (MES)**  
9105 Lake Road  
Woodbury, MN 55125

**Oltman Middle School (OMS)**  
6625 Goodview Ave. S.  
Cottage Grove, MN 55016

**Pullman Elementary (PES)**  
1260 Selby Ave  
St. Paul Park, MN 55071

**South Washington Alternative High School (SWAHS)**  
8400 E. Point Douglas Road S.  
Cottage Grove, MN 55016

**Woodbury High School (WHS)**  
2665 Woodlane Drive  
Woodbury, MN 55125

**Bailey Elementary (BES)**  
4125 Woodlane Drive  
Woodbury, MN 55129

**East Ridge High School (ERHS)**  
4200 Pioneer Drive  
Woodbury, MN 55129

**Lake Middle School (LMS)**  
3133 Pioneer Drive  
Woodbury, MN 55129

**Newport Elementary (NES)**  
851 6th Avenue  
Newport, MN 55125

**Park High School (PHS)**  
8040 80th Street S  
Cottage Grove, MN 55016

**Red Rock Elementary (RRES)**  
3311 Commonwealth Ave  
Woodbury, MN 55125

**Valley Crossing Elementary (VCES)**  
9900 Park Crossing  
Woodbury, MN 55125

**Woodbury Middle School (WMS)**  
1425 School Drive  
Woodbury, MN 55125

**For your next meeting or event in Cottage Grove, Newport, St. Paul Park, or Woodbury, consider your local school facilities.**

**Cottage Grove Elementary (CGES)**  
7447 65th Street S.  
Cottage Grove, MN 55016

**Grey Cloud Elementary (GCES)**  
9525 Indian Blvd. S  
Cottage Grove, MN 55016

**Liberty Ridge Elementary (LRES)**  
11395 Eagle View Blvd.  
Woodbury, MN 55129

**Nuevas Fronteras Spanish Immersion (NFSI)**  
1020 Third Street  
St. Paul Park, MN 55071

**Pine Hill Elementary (PHES)**  
9015 Hadley Ave. S.  
Cottage Grove, MN 55016

**Royal Oaks Elementary (ROES)**  
7335 Steepleview Road  
Woodbury, MN 55125

**Woodbury Elementary (WES)**  
1251 School Drive  
Woodbury, MN 55125

**Great Rivers Adult Education Consortium**  
8400 E. Point Douglas Road S.  
Cottage Grove, MN 55016



# REGISTER WITH CONFIDENCE

Your satisfaction is our first priority! Our goal is to meet or exceed your expectations. We recruit dynamic, high quality instructors who care about lifelong learning for adults and youth. If you have any questions or concerns, please give us a call at **651-425-6600**. We will do our best to make it right.

## When should I register?

Now! (As soon as you can.) Many classes fill quickly and instructors need to order supplies. Other classes cancel needlessly if people wait until the last minute to register. Help ensure that your class has enough students by registering at least seven days ahead of the start date. Please include two phone numbers so we can reach you quickly with any class changes.

## Is there financial assistance?

Yes, for youth classes for families on free or reduced lunch. Restrictions apply. For more information, call **651-425-6600**. For adult classes, call **651-425-6605** to discuss your situation.

## Will I receive a confirmation?

Yes! If you are not notified within seven days, call us at **651-425-6600**. If registering online, you may print a receipt immediately.

## Can I register my child for Adult Enrichment classes?

Yes, if he or she is 15 years or older. Exceptions may be made for younger students. Call **651-425-6605** to inquire.

## Are there accommodations for people with disabilities?

Your participation is our goal. Please call **651-425-6605** to discuss your situation.

## Will classes be held if the weather is questionable?

Check our website at [commed.sowashco.org](http://commed.sowashco.org). When District 833 classes are cancelled due to weather, a decision will be made by 3 PM regarding evening classes.

## Can I change an Adult Enrichment class?

Yes! We can help. First, if you make a mistake while registering online, call us.  
DO NOT re-register.

If you would like to transfer from one class to another prior to the start day, within our Adult Enrichment program, there is no charge for this service. Call **651-425-6600**.

## What if I need to cancel?

Call **651-425-6600** as soon as possible. Each program has specific guidelines for cancellations.

Please note: Community Education reserves the right to combine or cancel classes due to low enrollment. Classes must meet minimum number of participants to run. Participants will be notified.





# Registration

## POLICIES & PROCEDURES

### Registration

Visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

Fax this registration form to **651.425.6620**

Mail or hand deliver your registration | Office Hours: 7:30 – 5 PM or use the drop box to the left of the main doors

### Photo Consent

Unless you notify District 833, photos taken within Community Education classes/programs/activities may be included in Community Education publications.

### Accommodations

Community Education accommodates individuals with disabilities and believes in providing education and resources to community members regardless of race, color, religion, national origin, sex, age, disability, marital status, or socioeconomic status. Financial Assistance is available to those who qualify. For more information visit [commed.sowashco.org](http://commed.sowashco.org) or call **651-425-6600**.

### Financial Assistance

Available for youth classes for families on free and reduced lunch. Restrictions apply. For more information, visit [commed.sowashco.org](http://commed.sowashco.org) or call **651-425-6623**.

### No Longer Accepting UCare.

### Low Enrollment Procedure

Classes must meet minimum number of participants to run. Community Education reserves the right to combine or cancel classes due to low enrollment.

### General Cancellation and Refund Policy & Procedures

If you need to cancel your registration, seven or more days before the class start date, a per course processing fee will be deducted from your refund. If your course is between \$5 and \$124, there will be a \$5 processing fee. If the course cost is \$125 or higher, there will be a \$10 processing fee. Due to staffing considerations, no refunds will be given within 7 days of the beginning of a course or session.

Please read full descriptions for courses listed in catalog and online at [commed.sowashco.org](http://commed.sowashco.org). Special pricing and discount procedures may be listed for select courses. Please call **651-425-6600** if you have specific registration questions or inquiries.

### Gymnastics, Aquatics, and Field Trip Refund Procedures

If you need to cancel your registration before the registration deadline, a per course processing fee will be deducted from your refund. If your course is between \$5 and \$124, there will be a \$5 processing fee. If the course cost is \$125 or higher, there will be a \$10 processing fee. Due to staffing considerations, no refunds will be given after the registration deadline.

### ECFE Refund Procedures

If you decide to cancel a class without enrolling in another in its place, the following refund policy will apply. If you cancel a class before the start date, a processing fee will be deducted from your refund. If the class cost is between \$5-\$124, there will be a \$5 processing fee. If the class cost is \$125 or higher, there will be a \$10 processing fee. If you cancel after classes begin, a pro-rated refund will be given up to 4 weeks into classes. No refunds will be given after the fourth week of classes. Classes and sibling care with insufficient enrollment may be canceled prior to the class start date. If this occurs, you would be notified and a full refund would be provided. No refunds or class make-ups will be made when classes are canceled due to emergency school cancellations.

### 3's and 4's Preschool Refund Procedures

A full two-week notification of withdrawal is required. All outstanding balances must be paid in full. If you withdraw from the program prior to the session beginning, any registration fees paid will be forfeited.

### Pre-K Withdrawal Procedures

Registrations fees are non-refundable after a student has been placed in a class. A two-week notice is required when withdrawing your child from class. Failure to do so may result in additional charges. All outstanding balances must be paid in full.

### Kids Club Withdrawal Procedures

Registration fees are non-refundable, non-transferable. A full two-week notification of the change to a contracted scheduler or withdrawal is required. Withdrawal prior to the start of a season involves additional terms. Full information on our Contract Terms and Changes is available within our online [Handbook](#).

### DPC Community Center Trips & Tours

If cancellation is received within one week of trip all fees will be forfeited



## ONLINE

Visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com) and view our course offerings

**FAX**

Fax this registration form to  
651-425-6620



## MAIL

Mail or drop-off your registration.  
Office Hours: 7:30-5:00 p.m. Drop box  
to the left of the main doors



## QUESTIONS?

Call 651-425-6600 or email us at [CommunityEducation@sowashco.org](mailto:CommunityEducation@sowashco.org)



# COMMUNITY EDUCATION REGISTRATION FORM

District Program Center, 8400 E. Point Douglas Road S., Cottage Grove, MN 55016-3324

Phone: 651-425-6600 | Fax: 651-425-6620 Email: [CommunityEducation@sowashco.org](mailto:CommunityEducation@sowashco.org) | Website: [commed.sowashco.org](http://commed.sowashco.org)

Please complete a separate form for each participant with a different last name or address. Forms can be printed at [commmed.sowashco.org](http://commmed.sowashco.org).

Participant's Name \_\_\_\_\_ Birth date \_\_\_\_\_

*First Name*                      *Last Name*

Address \_\_\_\_\_ Apt/Unit# \_\_\_\_\_ Home Phone (\_\_\_\_) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Work or Cell ( \_\_\_\_\_ ) \_\_\_\_\_

E-mail \_\_\_\_\_

2 Mother/Guardian \_\_\_\_\_ Work or Cell (\_\_\_\_) \_\_\_\_\_

Father/Guardian \_\_\_\_\_ Work or Cell (\_\_\_\_) \_\_\_\_\_

Grade in 22/23 \_\_\_\_\_ Special Needs\* \_\_\_\_\_ Shirt Size (if included) \_\_\_\_\_ Instrument (if required): \_\_\_\_\_

\* Individuals with special needs are welcome to register for our classes and camps. Please note on your registration any needs your child may have or call 651-425-6600 if your child needs assistance to participate successfully and allow at least a two week notice for us to make assistance arrangements.

COURSE #	COURSE TITLE	CLASS DATE	CLASS FEE	DISCOUNT	FINAL FEE

## MAKE CHECKS PAYABLE TO DISTRICT 833 COMMUNITY EDUCATION

TOTAL: \$

• **Swimming** - Please list your first two choices in order of preference. You will receive a confirmation email.

Charge my:



# - - -

Exp. Date: \_\_\_\_\_ Signature\_\_\_\_\_

**FOR OFFICE USE ONLY**

DATE: AMOUNT PAID:

MAIL                      WALK-IN                      FAX

CHECK # CASH RECEIPT #





## Financial Assistance Application 2022-23 South Washington County Schools Community Education Youth Programs

Please submit this application with your registration form and a copy of your free or reduced school meals notification letter current for this school year. (Only one copy of the notification letter is necessary. If you have already submitted your family's letter to Community Ed this year, please indicate that it was submitted below.) Application and registration forms are available online at [commmed.sowashco.org](http://commmed.sowashco.org)  
**Please complete a separate application form for each registration form.**

**\*\*\*Due to the unavailability of financial assistance funds, we are unable to provide FA for private and semi-private lessons or classes. We are sorry for any inconvenience this might cause.**

➤ **Financial Assistance MUST be requested ONE WEEK prior to the start of the class – Late applications may be denied.**

- You must live within the boundaries of District #833 to qualify for financial assistance.
- Financial assistance does not cover the cost of uniforms. Uniforms must be paid for by the participants.
- If your family has been approved for free status then the cost for a class is \$15 or 25% of the program/class fee, whichever is greater up to \$150 per class.
- If your family has been approved for reduced status then the cost for a class is \$15 or 30% of the program/class fee, whichever is greater up to \$150 per class.
- District residents are eligible to apply for financial assistance up to total of **\$250 per participant** (For the fiscal school year July1-June30).
- All information will be kept confidential.
- **Financial Assistance cannot be processed on-line**

Please complete all information requested below.

Child's name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

School child currently attends \_\_\_\_\_ Grade \_\_\_\_\_

Parent/Guardian name \_\_\_\_\_

Day phone \_\_\_\_\_ Evening phone \_\_\_\_\_

Course number and program \_\_\_\_\_

Date program begins: \_\_\_\_\_

☐ Free or ☐ Reduced Notification letter for 2022-23 is attached or was submitted to Community Ed.

**Box below to be completed by CE office staff:**

Total/Course Fee: \$ \_\_\_\_\_

Amount from Participant: \$ \_\_\_\_\_

Amount of Financial Assistance Awarded: \$ \_\_\_\_\_

If you have questions about financial assistance, please contact: Carol Broman at 651-425-6623 or [cbroman@sowashco.org](mailto:cbroman@sowashco.org)  
Revised 2/16/22

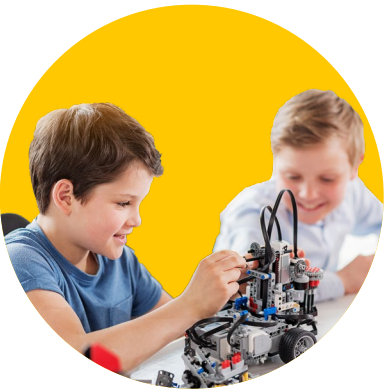
# YOUTH ENRICHMENT

Community Education plays a key role in supporting youth through focused programs and opportunities. We provide more than just education and enrichment, we help contribute to a sound and thriving community by providing young people with engaging activities that help them grow.

SoWashCo Schools Community Education provides fun activities and learning opportunities for children, right in your own backyard. We are dedicated to student success by providing quality programs year-round in safe, accessible environments to enhance the positive growth of youth.

Classes are available for children ages three to 18 years of age in the following areas:

- **Create (arts and crafts)**
- **Music**
- **Recreation (karate, fencing, dance)**
- **Skills and Development (Driver's Education, performing arts and languages)**
- **Science, Technology, Engineering and Math (S.T.E.M.)**



For the most up-to-date listing of learning opportunities, please [click here](https://www.commed.sowashco.org/youth) or visit [commed.sowashco.org/youth](https://www.commed.sowashco.org/youth)

Register online at [sowashco.ce.eleyo.com](https://sowashco.ce.eleyo.com)

# CREATE

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)



## Heather's Workshop Intensive

Join your peers to create a concert performance of "Heathers the Musical: Teen Edition". Both actors and technicians are invited to partake in this skill-building intensive. Dive into the deliciously-dark world of "Heathers" while honing your technique and creating a full-length performance. Whether you're an experienced performer/technician looking to deepen your knowledge or a newcomer wanting to get involved in theater, this is a great place for you. If you are interested in performing you will be asked to audition and can register following casting. Audition information can be found at [www.theloftstage.org](http://www.theloftstage.org). Performances will be concert style in the Black Box at East Ridge High School June 24 at 7 pm, June 25 at 2 & 7 pm and June 26 at 2 pm. **Age 16 - 20**

**YE4672 | OMS/ERHS | 16 sessions | \$50**  
Monday - Friday, Jun 7 - Jun 26 | 6 - 10 pm

## Nemo's World Parent and Child class

Come to class and create an underwater world that your little guppy will be excited to explore! The kids might even recognize a few fish friends from Finding Nemo in the underwater world that they create. This project even glows-in-the-dark! Come and create right along with your child. Children must be accompanied by a caregiver.

**Age 2 - 6**

**YE4226 | OMS | 1 session | \$21**  
Wednesday, Jun 8 | 9:30 - 10:30 am

## Let's Go Horseback Riding

Does your child love horses? Arabians, Mustangs, Palominos, kids love them all! We will learn sculpting techniques as we create adorable horses out of Model Magic® clay. But that's not all, we will also create all the accessories the horses need like saddles, blankets and bridles. **Age 5 - 12**

**YE4245 | ERHS | 1 session | \$39**  
Friday, Jul 8 | 9 am - 12 pm



## Tie Die Party by Art Splash

Art Splash Day Camp. Students will create all kinds of fun art projects and crafts using a variety of materials. Kids will learn how to tie die shirts, or socks, or bandannas, and paint with acrylics, watercolor, and many more projects. A finished artwork will be done each day. **Grade 1 - 5**

YE4160 | ERHS | 1 session | \$30  
Wednesday, Jun 8 | 1 - 3 pm

YE4164 | ERHS | 1 session | \$30  
Tuesday, Aug 9 | 1 - 3 pm

## Everyday Hero- Firefighter Parent and Child Class

Firefighters are brave and strong. They fight fires and keep us safe. They're everyday heroes! Plus, they drive really awesome trucks! Join us as we create a cool painting of a fire truck that your little firefighter fanatic will love. Come and create right along with your child. Children must be accompanied by a caregiver. **Age 2 - 6**

YE4227 | ERHS | 1 session | \$21  
Thursday, Jun 9 | 9:30 - 10:30 am

## Pokemon Art by Art Splash

Art Splash Day Camp. Students in this Pokémon Art Camp will learn to draw simple Pokémon! Learners will create all kinds of fun art projects Pokémon cards, Pokémon games and crafts using a variety of materials. **Grade 1 - 5**

YE4161 | ERHS | 1 session | \$30  
Thursday, Jun 9 | 1 - 3 pm

## Summer Sewing Camp

Nena will teach students how to sew, including basic sewing techniques, knowledge of sewing tools and different kinds of stitches. Students will practice sewing with a sewing machine. They will create a sketch of garments and sew a project of their own creation. **Age 9 - 12**

Nena's Designs | 4 sessions | \$175

YE4603 | Mon - Thu, Jun 13 - Jun 16 | 9 am - 12 pm

YE4604 | Mon - Thu, Jul 11 - Jun 14 | 9 am - 12 pm

YE4605 | Mon - Thu, Aug 8 - Aug 11 | 9 am - 12 pm



## Here I Come Hollywood!

It's time to learn how to act, dance, sing, audition, perform and LET YOUR INNER STAR SHINE! Whether your child has that natural "shine" personality or you would just like them to learn something new and gain self-confidence this camp is for them! Our stars will learn basic dance steps, work on singing and voice projection, play fun acting games, learn how to audition, receive individual roles and learn how to work as a cast to perform a short play for family and friends. No experience necessary so come and take the stage!

**Grade 1 - 5**

YE4131 | ERHS | 4 sessions | \$111  
Monday - Thursday, Jun 13 - Jun 16 | 9 am - 12 pm

## Acrylic Painting for Kids

Students will create their very own masterpiece using acrylic paint on canvas. Please have students wear old clothing in case they get paint on them. Materials are provided. **Age 6 - 12**

YE4144 | OMS | 1 session | \$50  
Monday, Jun 13 | 9:30 am - 12 pm

## Detectives and Spies in Disguise!

What does it take to be a spy or detective? We learn cool spy skills, complete secret missions, follow clues and solve mysteries! We will use our detective skills to figure out who is the villain and use our spy skills to save the world! Participants will create their own secret agent badge and code name, run through laser beams and much more! **Grade 1 - 5**

YE4132 | ERHS | 4 sessions | \$111  
Monday - Thursday, Jun 13 - Jun 16 | 1 - 4 pm

## Tie Die Slime Art by Art Splash

Students will create all kinds of fun art projects and crafts using a variety of materials. Kids will learn how to draw, paint with acrylics, watercolor, tie die and make fun slime.

**Grade 1 - 5**

YE4150 | ERHS | 4 sessions | \$85  
Monday - Thursday, Jun 13 - Jun 16 | 10:30 am - 12:30 pm

## Dino Discovery Parent and Child Class

Tyrannosaurs Rex, Triceratops and Diplodocus ... is your child dazzled by dinosaurs? This is your child's chance to have a playdate with a dino and create a fantastic work of dinosaur art. Your young artists will create their own diorama complete with a toy dinosaur! Come and create right along with your child. Children must be accompanied by a caregiver. **Age 2 - 6**

YE4228 | ERHS | 1 session | \$21  
Tuesday, Jun 14 | 9:30 - 10:30 am

Register online at [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

# CREATE

## Slime Art by Art Splash

Students will create all kinds of fun art projects and crafts using a variety of materials. Kids will learn how to draw, paint with acrylics, watercolor, and make fun slime. **Grade 1 - 5**

YE4162 | ERHS | 1 session | \$30  
Tuesday, Jun 14 | 1 - 3 pm

## Father's Day Gift Making Parent and Child Class

What dad wouldn't love a gift made just for him? Let your little one surprise dad this Father's Day. You and your child will create a card in the shape of a toolbox. The two of you will paint, cut, draw, and glue to create this fantastic card for your favorite handyman. Children must be accompanied by a caregiver. **Age 2 - 6**

YE4229 | OMS | 1 session | \$21  
Wednesday, Jun 15 | 9:30 - 10:30 am

## Father's Day Gift Making II

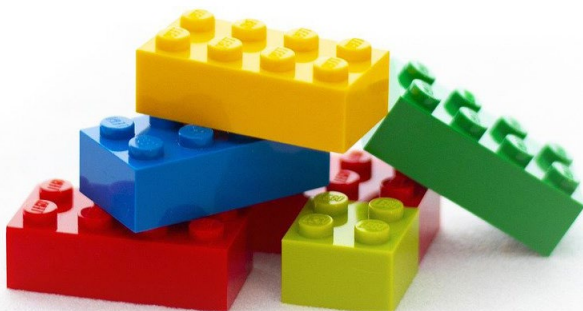
What dad wouldn't love a gift made just for him? Show your dad how much you love him by making a Father's Day gift with your own two hands! We'll draw self portraits and make the frames to put them in. **Age 4 - 9**

YE4240 | OMS | 1 session | \$39  
Wednesday, Jun 15 | 9 am - 12 pm

## Lego Dino Land

What does your child love more, LEGO® bricks or Dinosaurs? We'll combine these popular themes as we create a land any dino would love to explore. We'll paint a mural and build with LEGO bricks too in this class. **Age 3 - 6**

YE4232 | OMS | 1 session | \$39  
Thursday, Jun 16 | 9 am - 12 pm



Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)



## Minecraft/Roblox Art by Art Splash

Students will create Minecraft characters and Roblox avatar with a variety of materials. Students will paint with acrylics, watercolor, and will create many more projects. A finished artwork will be done each day. No video game playing will take place and your kids don't even need to play these games to enjoy the projects. **Grade 1 - 5**

YE4163 | ERHS | 1 session | \$39  
Wednesday, Jun 15 | 1 - 3 pm

## Nifty Narwhal

She swims, she sparkles... she's the unicorn of the sea! In this class, artist will sculpt a nifty narwhal using clay, paint, glitter and more. This is one underwater adventure you won't want to miss, so sign up early for this glittery good time! **Age 3 - 6**

YE4233 | OMS | 1 session | \$39  
Thursday, Jun 16 | 1 - 4 pm

## World of Dinosaurs

Travel back in time to the land of the lost. Join Young Rembrandts for a workshop celebrating a favorite topic - dinosaurs! Every day students will learn to use pastels to create impressive and frame-worthy art. Artists will draw and color different types of dinosaurs in varying artistic styles ranging from realism, graphic and cartoon. Perfect for boys or girls who love the ancient world of big lizards! **Grade K - 6**

YE4314 | OMS | 4 sessions | \$138  
Monday - Thursday, Jul 18 - Jul 21 | 1 - 4 pm

## Our Littlest Fan's Favorites Art Camp

This camp is packed full of fan favorites! From papier maché bowls, projects that glow-in-the-dark, and messy clay masterpieces, these are the Kidcreate projects our littlest students love the most! All of them put together in one very popular camp. This is the stuff the kids can't get enough of and guaranteed to be an artsy good time! **Age 3 - 6**

YE4230 | ERHS | 2 sessions | \$81  
Monday - Tuesday, Jun 20 - Jun 21 | 9 am - 12 pm

## Snow White & the Seven Dwarfs with Locally Grown Theatre

"Who is the fairest of them all?" Join Snow White and some unexpectedly named seven dwarfs in bringing this classic fairytale to life. With silly audience participation and roles for every child, this camp is great for actors of all experience levels to explore their creativity and imagination on the stage. **Grade 2- 5**

YE4610 | OMS | 6 sessions | \$200  
Monday - Friday, Jun 20 - 25 | 9 am - 4 pm

## Pink Art by Art Splash

Girls only! We will make cool decorative bowls, jewelry, giant hot air balloons, tissue pom flowers, a fairy tale castle, painted rocks, drawings, sculptures with model magic, and many more fun projects! **Grade 1 - 5**

YE4151 | ERHS | 4 sessions | \$85  
Monday - Thursday, Jun 20 - 23 | 10:30 am - 12:30 pm

## African Safari

Girls only! We will make cool decorative bowls, jewelry, giant hot air balloons, tissue pom flowers, a fairy tale castle, painted rocks, drawings, sculptures with model magic, and many more fun projects! **Grade K - 6**

YE4311 | ERHS | 4 sessions | \$138  
Monday - Thursday, Jun 27 - Jun 30 | 9 am - 12 pm

## Tinkerbell and Her Fairy Friends Art Camp

If you believe in fairies, clap your hands, and come to this whimsical, glitter-filled camp! Your little fairy princess will create a fairy castle, a crown, wings, a wand and more. She will even make her own Tooth Fairy box. With the help of Tinkerbell and her fairy friends, she is sure to experience the magic of art! **Age 3 - 6**

YE4231 | ERHS | 2 sessions | \$81  
Wednesday - Thursday, Jun 22 - Jun 23 | 9 am - 12 pm

## Dogs Vs Cats

Dogs or cats, which makes a better pet? There's no need to decide, we'll create art inspired by both. No trips to the pet store required! **Age 4 - 9**

YE4237 | OMS | 1 session | \$39  
Monday, Jun 27 | 9 am - 12 pm

## Tie Dye Party

This is NOT a project you want your kids doing at home! Send your kids to class to make a tie-dyed shirt that they will wear all summer long. Children must bring their own white t-shirt to class. **Age 5 - 12**

YE4247 | OMS | 1 session | \$39  
Monday, Jun 27 | 9 am - 12 pm



## LOL & OMG Dolls Art by Art Splash

Kids will create all kinds of fun art projects and crafts using their own LOL dolls and variety of materials. Make paintings, slime, paper machine, crafty hats, drawings, moon sand, and many more fun projects! Students will need to bring their own LOL dolls each day to camp.

**Grade 1 - 5**

YE4152 | ERHS | 4 sessions | \$85  
Monday - Thursday, Jun 27 - 30 | 10:30 am - 12:30 pm

## Cooking and Baking - Drawing Art Workshop

During these fun-filled days, young chefs and artists will join forces to cook up one of the tastiest workshops yet. Young Rembrandts students will learn to illustrate the thing we all love to do - eat! Students will draw, decorate, build and color everything in the kitchen that relates to cooking and baking. Drawings will include funny kitchen cartoons, detailed still life scenes and delicious details to make them complete. Prepare for artwork that looks good enough to eat! **Grade K - 6**

YE4318 | ERHS | 4 sessions | \$138  
Monday - Thursday, Jun 27 - 30 | 1 - 4 pm



# CREATE

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

## Hamster's Habitat

Every kid dreams of having a hamster! In this class their dream will come true...sort of. The kids will get to create a pet hamster out of clay and then make a diorama for it to live in. No trips to the pet store required! **Age 4 - 9**

YE4238 | OMS | 1 session | \$39  
Tuesday, Jun 28 | 9 am - 12 pm

## 3D Minecraft Masterpiece

Your Minecraft® master will love this class! They will construct a 3D diorama of a Minecraft scene. But that's not all! The kids will create Minecraft characters to add to their diorama out of Model Magic® clay. Steve would love this class! Please pack a nut free snack and drink for your child.

**Age 5 - 12**

YE4248 | OMS | 1 session | \$39  
Tuesday, Jun 28 | 1 - 4 pm

## Rainbow Love

Who loves rainbows?? We do! In this class, we'll create dazzling rainbow-themed art projects using paint, glitter, and so much more! Artists will learn a special painting technique as they create a brilliant rainbow on a real canvas board, then they'll make an adorable trinket box perfect for housing their tiniest treasures. **Age 4 - 9**

YE4239 | OMS | 1 session | \$39  
Wednesday, Jun 29 | 9 am - 12 pm



## Glitter!

Kids love glitter. They just can't get enough of the stuff! In this class, the kids get to go glitter crazy! We'll create multiple projects all covered with glitter galore! After all, life is just a little bit better with glitter! **Age 5 - 12**

YE4249 | OMS | 1 session | \$39  
Wednesday, Jun 29 | 1 - 4 pm

## IMPROV: Acting without a Script!

JUST KIDDING IMPROV is offering a laughter filled class for kids to learn communication skills, self-confidence and respect towards other's ideas. Students play improv games and practice exercises in scene work and characters. Students will also learn theater basics, as well as basic performing skills. This class promotes Creative Thinking, Listening, Problem Solving, Self-Awareness, Team Building, Focus and Collaborating. Come out and play.

ERHS | 5 sessions | \$162

**Grade 6 - 9** YE4110 | Mon - Fri, Jun 27 - Jul 1 | 10 am - 12 pm

**Grade 3 - 5** YE4111 | Mon - Fri, Jul 25 - Jul 29 | 10 am - 12 pm

**Grade 5 - 8** YE4112 | Mon - Fri, Aug 8 - Aug 12 | 10 am - 12 pm

## Your Room Rules

There's plenty of room for imagination in this camp! We'll make tons of cool stuff for your room. From the walls to the windows and doors, we'll make all the accessories you'll need to transform your pad into your dream room! We'll craft fantastic projects like clay trinket boxes and picture holders. We'll even splatter paint on canvas to create a one-of-a-kind masterpiece. Best of all, we'll make graffiti that your mom will actually let you put on your walls! **Age 5 - 12**

YE4244 | ERHS | 1 session | \$81  
Wednesday, Jul 6 | 9 am - 3 pm

## The Power of Anime Art

If you are looking to learn how to draw anime this class is for you. Here you will learn and improve your anime and manga style drawing, with step by step drawing lessons as well as other anime related tips and advice! **Grade K - 6**

YE4312 | OMS | 4 sessions | \$138  
Tuesday - Friday, Jul 5 - 8 | 9 am - 12 pm



## Harry Potter Art

Come and experience the magic of Hogwarts! Whether you are Muggle or Magical, these projects inspired by J. K. Rowling's beloved books will be sure to capture your young artist's imagination and enthusiasm. We'll explore a wide variety of art materials as we create magical masterpieces! **Age 5 - 12**

YE4246 | ERHS | 1 session | \$81  
Thursday, Jul 7 | 9 am - 3 pm

## Claylicious

Sculpt, slab, coil, and carve... roll up your sleeves, because this class is all clay, all the time! We'll sculpt silly puppies, fuzzy hedgehogs, a chocolate layer cake that looks good enough to eat, and more. This is your chance to use tons of air-dry clay, Model Magic®, and so much more as you have a totally claylicious time! **Age 4 - 9**

YE4235 | OMS | 3 sessions | \$104  
Wednesday - Friday, Jul 13 - Jul 15 | 9 am - 12 pm

## Fun at the Carnival

We all love to go to an amusement park, county fair or carnival. Join us for a fun filled week where the carnival fun and games come to you! Balloon darts, ring toss, bean bags and duck pond are just a few of the fun games we will play for cool prizes! We'll do face painting and even have a talent show! Join us at the carnival! **Grade 1 - 5**

YE4133 | OMS | 4 sessions | \$111  
Monday - Thursday, Jul 11 - Jul 14 | 9 am - 12 pm

## Slime-Tastic Art

It's a slime takeover! In this camp, slime is the main event. We'll explore different slime recipes as we create tons of gooey, sparkly, stretchy, messy goo. From an out-of-this-world glitter solar system slime, confetti cake slime and bubblegum scented slime, we'll make a different kind of slime during each day of camp. We'll even throw in a little painting and sculpting on the side, too! **Age 4 - 9**

YE4234 | OMS | 2 sessions | \$81  
Monday & Tuesday, Jul 11 - Jul 12 | 9 am - 12 pm

## STEAMin' Up Summer

Calling all artists, scientists, engineers, and math lovers! Young Rembrandts has a new workshop filled with new ways your child can explore the fascinating world of STEAM! This four-day workshop will dive into a new discipline every day so that all children learn their possibilities. Students will illustrate different types of Sciences, new Technologies, incredible feats of Engineering and striking Math principles - all while creating crazy awesome Art. **Grade K - 6**

YE4313 | ERHS | 4 sessions | \$138  
Monday - Thursday, Jul 11 - Jul 14 | 9 am - 12 pm

## The Brothers Grimm Spectaculathon with Locally Grown Theatre

The fairy tales of the Brothers Grimm are turned on their heads in this fast-paced, comedic, rollicking ride as these actors attempt to combine all 209 stories ranging from classics like Snow White, Cinderella, and Hansel and Gretel to more bizarre, obscure stories like The Devil's Grandmother and The Girl Without Hands. Come and expand your acting ability or learn something new with us on the stage! **Grade 6 - 12**

YE4611 | OMS | 11 sessions | \$300  
Monday - Friday, Jul 11 - Jul 23 | 9 am - 4 pm

## Abakadoodle Art Explosion

Detonate your imagination this summer. This camp is exploding with fun and creative art projects. Sculpt cute chameleons and sassy sea turtles, create colorful fireworks in a night sky, make a paper mache mouse, paint a colorful canvas and more. **Grade K - 5**

YE4148 | ERHS | 4 sessions | \$120  
Monday - Thursday, Jul 11 - Jul 14 | 1 - 3 pm

## Masters in Clay

Be inspired by art created by Vincent Van Gogh, Claude Monet, Edward Munch and Claes Oldenburg. We will recreate famous works of art like Monet's Water Lilies, Munch's The Scream, Oldenburg's Spoonbridge and Cherry and many others, all in clay. Make room to display these masterpieces! The projects your child creates in this camp are going to be amazing! **Age 5 - 12**

YE4241 | ERHS | 4 sessions | \$123  
Monday - Thursday, Jul 18 - Jul 21 | 9 am - 12 pm

Register online at [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

# CREATE



Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

## Let's Draw, Paint & Sculpt

You asked for it, so here it is—a camp with all that art has to offer and more! Your child will love experimenting with many different materials while learning lots of new techniques. We'll learn to draw a wacky llama, and we'll sculpt and paint a box full of delicious-looking donuts. We'll even create one of our most popular projects—a snow globe! Parents, you'll need to make space on the fridge and the mantle for these amazing works of art! **Age 5 - 12**

YE4242 | OMS | 4 sessions | \$123  
Monday - Thursday, Jul 25 - Jul 28 | 9 am - 12 pm

## Fantasy Forest

Magical, mythical, marvelous art is coming your way in this new Young Rembrandts Drawing Workshop! Join us for four days filled with fun and creative thought as we explore deep in the Fantasy Forest. Students will tap into their imagination while learning to draw otherworldly creatures like fairies, trolls and a forest queen. Your child's talent will truly enchant you as they create beautiful scenery and new masterpieces every day. **Grade K - 6**

YE4315 | ERHS | 4 sessions | \$138  
Monday - Thursday, Jul 25 - Jul 28 | 1 - 4 pm

## Abrakadoodle Colorful Kids Art Camp

For kids that love to create colorful art. Create super cool and colorful creations from Paper mâché puppies to remarkable raccoons on canvas. We'll sculpt, paint on canvas, weave, play with Paper mâché and more. This camp is filled with fabulous creations. Bring a beverage and a nut free snack. **Grade K - 5**

YE4149 | ERHS | 4 sessions | \$120  
Monday - Thursday, Jul 18 - Jul 21 | 10 am - 12 pm

## Enchanted Academy

Be prepared to be whisked away to an enchanted academy where nothing is as it seems. Experience the majesty of the great dining hall as our students illustrate a beautiful graphic. Amuse yourself in the not-so-ordinary life of the academy with a plethora of cartoon drawings. From drawing an enchanted forest to a day at the races with dragons, it's nothing but fun in our classroom. The final day of the Enchanted Academy Workshop will introduce our students to pastel chalks as they create a whimsical drawing of a phoenix. **Grade K - 6**

YE4319 | ERHS | 4 sessions | \$138  
Monday - Thursday, Jul 25 - Jul 28 | 9 am - 12 pm

## Hip Hop Dance Party!

Let's dance! This high energy camp will keep participants moving and smiling! We will learn popular dance moves and play fun dance games like freeze dance, air guitar contest and the limbo. All for cool prizes and all to our favorite songs! No dance experience necessary so come and join the fun! **Grade 1 - 5**

YE4134 | ERHS | 4 sessions | \$111  
Monday - Thursday, Aug 1 - 4 | 9 am - 12 pm

## Art Academy Camp

Does your child love art? Painting, drawing, clay- it's all awesome! Then this is the camp for them! We will experiment with many techniques, materials, and styles as we make snow globes, paint on canvas, create clay characters and more. Come ready to have an artsy good time in this highly anticipated camp! **Age 5 - 12**

YE4243 | OMS | 4 sessions | \$123  
Monday - Thursday, Aug 1 - 4 | 1 - 4 pm



## Monsters, Creatures and Creeps

Laugh-out-loud funny! Mind-bendingly-creepy! Eerie-but-exciting! If your child is a fan of creepy, crawly monsters, this Summer Art workshop is the perfect fit. Over the course of five days, your child will learn to draw and cartoon a variety of characters and even complete a large composition using pastels. They will learn to draw monsters of all shapes, sizes and colors. There are big monsters...and little monsters! Furry monsters ...and scaly monsters! If we can imagine a monster, we'll draw it! They will learn how to draw amazing cartoon characters with humorous expressions and animated poses.

**Grade K - 6**

YE4316 | ERHS | 4 sessions | \$138  
Monday - Thursday, Aug 1 - 4 | 1 - 4 pm

## Slime Time

Back by Popular Demand! Can't get enough slime??? Well, we can't either! We'll be making two different kinds of slime so we can spend all class long with the stretchy, silly stuff! **Age 4 - 9**

YE4236 | OMS | 1 session | \$39  
Tuesday, Aug 2 | 9 am - 12 pm

## Chibi Art

The students will learn how to draw kawaii (cute), Japanese-inspired chibi characters! Chibi is a Japanese word meaning short or small. It is a style that can be used to make beautiful art, while still being easy and fun, perfect for beginner artists to learn. **Grade K - 6**

YE4317 | OMS | 4 sessions | \$138  
Monday - Thursday, Aug 8 - Aug 11 | 9 am - 12 pm

## Nature Art by Art Splash

Students will create all kinds of fun art projects and crafts using a variety of materials from nature. Kids will learn how to draw, paint with acrylics, watercolor, using materials found in nature to create collage paintings. **Grade 1 - 5**

YE4153 | ERHS | 4 sessions | \$85  
Monday - Thursday, Aug 8 - Aug 11 | 10:30 am - 12:30 pm

## Deep into the Sea: Creative Play with Locally Grown Theatre

Be introduced to theatre by using your imagination to explore the world of pirates, mermaids, giant squids and all the unknown creatures of the sea. In this camp, students will learn theatre games, create visual art, and foster their creativity. There will be a small show and tell on the last day of camp. **Grade 6 - 12**

YE4612 | OMS | 5 sessions | \$200  
Monday - Friday, Aug 15 - Aug 19 | 9 am - 4 pm

## Loft Stage Theatre Workshop

Join us in exploring the world of theater on The Loft Stage. Students will choose from workshops on acting, dancing, singing, improvisation, technical theater, and so much more. Workshops are intended for students entering grades 6-12 this fall, who are new to the theatrical arts as well as those with lots of experience. **Grade 6 - 9**

YE4670 | ERHS | 2 sessions | \$50  
Tuesday & Wednesday, Aug 23 - Aug 24 | 9 am - 3:30 pm



Register online at [sowashco.ce.elevo.com](http://sowashco.ce.elevo.com)

# SKILLS & DEVELOPMENT

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

## Driver Education - Summer

Classroom instruction prepares the student to take the Minnesota permit test and begin the responsibility of driving. The 30 hours of classroom is structured into 10 independent lessons. If a student misses a lesson, they can make up that exact lesson number at the next session or at one of Safeway's other locations. Students can take the class at age 14 but cannot take their permit test until age 15. After class is completed, students who are 15 years old are eligible to take their permit test at any Minnesota exam center. Behind-the-wheel instruction includes six hours of driving in three, two-hour private lessons. All driving is done in a Safeway car on city streets, highways and freeways with a responsible, licensed Safeway instructor.

**Age 14.5 - 18**

Multiple Locations | 10 sessions | \$419 full/\$239 payment plan

DE41001 | ERHS | Mon- Fri, Jun 13 - Jun 24 | 9 am - 12 pm

DE42001 | OMS | Mon- Fri, Jun 13 - Jun 24 | 1 - 4 pm

DE41003 | ERHS | Mon- Fri, Jun 27 - Jul 15 | 9 am - 12 pm

DE42002 | OMS | Mon- Fri, Jun 27 - Jul 15 | 1 - 4 pm

DE41005 | ERHS | Mon- Fri, Jul 18 - Jul 29 | 9 am - 12 pm

DE42003 | OMS | Mon- Fri, Jul 18 - Jul 29 | 1 - 4 pm

DE41007 | ERHS | Mon- Fri, Aug 1 - Aug 12 | 9 am - 12 pm

DE42004 | OMS | Mon- Fri, Aug 1 - Aug 12 | 1 - 4 pm

## Driver Education - Summer (Online)

\*\*\*\* Important information. The State of Minnesota requires that driver's education distance learning be conducted in a face-to-face platform, which requires that students have a video camera and audio capabilities on their devices. Safeway has chosen a secure Zoom platform to conduct the class. Safeway will be emailing the classroom handouts and 2021 MN Driver's Manual in pdf format for printing. Students will be required to be in front of the camera and interactive for the full three-hour class.

**Age 14.5 - 18**

Online | 10 sessions | \$419 full/\$239 payment plan

DE441001 | Online | Mon- Fri, Jun 13 - Jun 24 | 9 am - 12 pm

DE441002 | Online | Mon- Fri, Jun 13 - Jun 24 | 1 - 4 pm



## Advantage ACT Prep Course

These courses are designed for students who wish to improve their test-taking skills and improve their overall scores on the college entrance exams. The Advantage will provide an introduction to the ACT format with strategies for answering questions, as well as instruction for the specific subject areas tested. Focal points of the program include diagnostic testing, vocabulary development, intensive mathematical review, reading comprehension improvement, science reasoning, concentration improvement, overcoming test anxiety, essay writing, and time management. **Grade 9 - 12**

Multiple Locations | 4 sessions | \$150

YE46121 | ERHS | Mondays, Aug 1 - Aug 22 | 5:45 - 8:45 pm

YE46151 | OMS | Thursdays, Aug 4 - Aug 25 | 5:45 - 8:45 pm

## Virtual Advantage ACT Prep Class

This is an excellent alternative for any student unable to attend an in-school class, but still prefers interaction with an experienced instructor from Advantage Educational Programs. The Virtual ACT Prep Course is the same as the In-School ACT Prep Course, but from the comfort of your own home. The instructors teach live via virtual classroom and are available to answer questions when needed. Students will receive an email with login instructions a few days before classes begin. **Grade 9 - 12**

YE46912 | Online | 4 sessions | \$150

Saturdays, Aug 6 - Aug 27 | 9 am - 12 pm



## Babysitting

Taught by a certified instructor, this course offers leadership, safety, basic care, and the business of babysitting, first aid for breathing and bleeding emergencies. This course is a must for novice and experienced babysitters. Students must attend all 6 hours of instruction. Class is open to both boys and girls. Cost includes handbook. **Age 10.5+**

Multiple Sections | DPC | 2 sessions | \$89  
 YE44850 | Mon - Tue, Jun 6 - 7 | 1 - 4 pm  
 YE44851 | Wed - Thu, Jun 15 - 16 | 1 - 4 pm  
 YE44852 | Thu - Fri, Jun 23 - 24 | 2 - 5 pm  
 YE44853 | Mon - Tue, Jun 27 - 28 | 2 - 5 pm  
 YE44854 | Tue - Wed, Jul 5 - 6 | 9 am - 12 pm  
 YE44855 | Mon - Tue, Aug 1 - 2 | 9 am - 12 pm  
 YE44856 | Tue - Wed, Aug 9 - 10 | 12 am - 3 pm  
 YE44857 | Thu - Fri, Aug 18 - 19 | 9 am - 12 pm  
 YE44858 | Tue - Wed, Aug 23 - 24 | 12 - 3 pm

## Ready to Be Home Alone

Are you ready? Course will cover CPR/First aid skills, home emergencies, medical emergencies, home safety checklist, what your parents expect check list, addressing problems, and handling the unexpected. Taught by a Red Cross instructor. Washington County's guideline for unsupervised children states that children ages 8-10 should not be left alone for more than 3 hours. **Age 7.5+**

Multiple Sections | DPC | 1 sessions | \$42  
 YE44825 | Thursday, Jun 9 | 1 - 4 pm  
 YE44826 | Monday, Jun 13 | 1 - 4 pm  
 YE44827 | Tuesday, Jun 21 | 2 - 5 pm  
 YE44828 | Wednesday, Jun 29 | 2 - 5 pm  
 YE44829 | Thursday, Jul 7 | 9 am - 12 pm  
 YE44830 | Thursday, Aug 4 | 9 am - 12 pm  
 YE44831 | Monday, Aug 8 | 12 - 3 pm  
 YE44832 | Tuesday, Aug 16 | 9 am - 12 pm  
 YE44833 | Monday, Aug 22 | 12 - 3 pm  
 YE44834 | Thursday, Aug 25 | 12 - 3 pm

## Basic Finance For Teens Or What You Need to Know For Your First Job

This is the perfect course for students just starting to think about a first job. Who is FICA and why are they taking money out of your paycheck? Students will learn how to apply for a job and what to do with the money once you start earning it. Time management, resume writing, job interviewing and understanding the employer's paperwork will be discussed. Students will learn basic money management skills such as how to open a bank account, read a bank statement, making a budget and using a debit card or a credit card. **Age 12+**

YE4411 | DPC | 2 sessions | \$89  
 Tuesday & Thursday, Jun 14 - Jun 16 | 8 am - 11 am  
 YE4410 | DPC | 3 sessions | \$89  
 Monday - Wednesday, Aug 8 - Aug 10 | 9:30 - 11:30 am

## Language Sprout Summer French Camp

Language Sprout Summer Camp is a special language camp for students entering kindergarten through fifth grade. Kids will learn French with native speakers through fun, engaging, theme-based activities, songs and games. This camp is appropriate for all levels.

**Grade K - 5**

YE4349 | ERHS | 5 sessions | \$194  
 Monday - Friday, Jun 27 - Jul 1 | 9 am - 12 pm

## Language Sprout Summer Mandarin Camp

Language Sprout Summer Camp is a special language camp for students entering kindergarten through fifth grade. Kids will learn Mandarin with native speakers through fun, engaging, theme-based activities, songs and games. This camp is appropriate for all levels.

**Grade K - 5**

YE4348 | ERHS | 5 sessions | \$194  
 Monday - Friday, Jun 20 - Jun 24 | 1 - 4 pm

## Language Sprout Summer Spanish Camp

Language Sprout Summer Camp is a special language camp for students entering kindergarten through fifth grade. Kids will learn Spanish with native speakers through fun, engaging, theme-based activities, songs and games. This camp is appropriate for all levels.

**Grade K - 5**

YE4347 | ERHS | 5 sessions | \$194  
 Monday - Friday, Jun 13 - Jun 17 | 1 - 4 pm





# SKILLS & DEVELOPMENT

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

## ERHS Debate Team: Introduction to Competitive Debate

The goal of the camp is to teach students the basics of argumentation, develop communication and problem-solving abilities, sharpen critical thinking, and increase confidence and self-esteem. The curriculum will include the foundational principles of debate such as structuring an argument, researching, writing cases, and planning defenses. This camp is perfect for those with little to no debate experience and beginning debate students. This camp is not for current ERHS Debate Team members. **Grade 7 – 9**

YE4481 | ERHS | 5 sessions | \$110  
Monday - Friday, Jun 27 - Jul 1 | 9 am - 12 pm

YE4482 | ERHS | 5 sessions | \$110  
Monday - Friday, Jul 11 - Jul 15 | 1 - 4 pm

## Summer SOAR

Help your child maintain math and/or reading skills this summer. ISD 833 teachers have developed an online summer course to help students going into grades 1-8 to preview grade level curriculum for the next school year. Help stop summer learning loss by signing up to have your child log on and participate in this fun seven week online course. They can work at their own pace whenever it fits in your family schedule. Students can always go back to previous lessons but you can't work ahead. A new lesson opens each Monday. Information about how to begin the course will be emailed home the week of June 13th. Online lessons begin June 20th. Challenge their brains with these fun activities this summer. **Grade 1 – 8**

**READING:** YE40402 | 7 sessions | \$38  
Weekly, Begins June 20

**MATH:** YE40403 | 5 sessions | \$38  
Weekly, Begins June 20

## Etiquette Camp

This camp will emphasize respect for others and will teach children manners and etiquette with a fun, hands-on approach. Your child will learn social etiquette, proper introductions and fine dining skills. Topics to be covered will include: proper behavior at the table, conversation skills, polite behavior in public, and public speaking. Lunch demo last day of camp. **Age 8 – 12**

Nena's Designs, Oakdale | 4 sessions | \$119  
YE4370 | Mon - Thu, Jun 13 - Jun 16 | 1 - 3 pm  
YE4371 | Mon - Thu, Jul 11 - Jul 14 | 1 - 3 pm  
YE4372 | Mon - Thu, Aug 8 - Aug 11 | 1 - 3 pm

## Jewelry Basics for Kids

Students will learn basic jewelry techniques to create a necklace and/or bracelet using beads, flexible wire and crimp beads. **Age 6 – 12**

YE4143 | ERHS | 1 session | \$50  
Monday, Jun 20 | 10 am - 12 pm

## Beginning Machine Sewing for Kids

Students will learn to use a sewing machine to complete a standard size pillowcase. Students need to bring their own sewing machine or reserve one from the instructor in the registration. **Age 6 – 12**

YE4141 | OMS | 1 session | \$32  
Thursday, Jun 9 | 10 am - 12 pm



## Intermediate Machine Sewing for Kids

Students will learn to use a pattern to create their very own pair of lounge pants. Beginning Machine Sewing is a pre-requisite for this class. Students need to bring their own sewing machine or reserve one in the class registration. **Age 6 - 12**

**YE4142 | ERHS | 2 sessions | \$50**  
Thursdays, Jun 16 - Jun 23 | 10 am - 12 pm

## Learn to Make Spring Rolls

Learn how to make four different kinds of fresh spring rolls and dips with our own unique sauce. No need to travel around the world to get the spices we need; most of the ingredients can be found at a local store. Meat, sea food and vegetables will be provided. All we need to do is practice rolling.

**Age 10 - 18**

**YE4601 | ERHS | 1 session | \$38**  
Tuesday, Jun 28 | 1 - 4 pm

## Learn to Make Pan Fried Noodles with Shrimp or Vegetables

Homemade fried rice noodles are a very popular dish across all of Asian cultures, (Chinese, Malaysian, Indonesian, Thai, or Vietnamese). They are all similar in appearance but different countries use different ingredients and sauces. They are healthy, delicious, and easy to make at home. Learn this delicious home style recipe. This wonderful dish will bring you joyful feelings on a hot summer evening or a cold winter day. **Age 10 - 18**

**YE4602 | ERHS | 1 session | \$38**  
Tuesday, Jul 12 | 1 - 4 pm

## Summer Cupcake Fun

We will have so much fun decorating summertime themed cupcakes. Each student will bring home 12 boxed cupcakes that they will decorate. **Grade 3 - 6**

**YE4147 | ERHS | 1 session | \$33**  
Thursday, Jun 30 | 10 am - 12 pm

## Basic Cake Decorating

Become your own cake boss! Decorate an 8" celebration cake to take home and gain skills in shell borders, writing, and stars and rosettes.

**Grade 6 - 9**

**YE4145 | ERHS | 1 session | \$30**  
Wednesday, Jun 29 | 10 am - 12 pm

## Fun with Fondant

Come have fun experiencing the beauty of fondant decorations. Each student will take home an 8" cake that they will frost with buttercream and decorate using fondant flowers and cut outs. **Grade 6 - 9**

**YE4146 | ERHS | 1 session | \$30**  
Thursday, Jul 14 | 10 am - 12 pm



## Discover Magic Orange Wand Course

Get ready to take an amazing adventure into the exciting world of magic. Learn how to teleport objects across the room, find hidden magical treasures, and levitate a cup of popcorn just to name a few. In this course students will not only learn the three parts that make up a magic trick with a special focus on presentation, but more importantly they will discover the real secrets to becoming a true magician as each lesson reveals an important life skill to help build their confidence and communication skills. Each lesson comes with a custom magic prop, a top secret file folder, and a secret word to unlock bonus videos in the online video vault. Twin Cities Magic Academy has been teaching the Discover Magic curriculum since April 2016 and is the exclusive licensee of the curriculum in Minnesota.

**Grade 3 - 6**

**YE4187 | ERHS | 4 sessions | \$209**  
Monday - Thursday, Jun 20 - Jun 23 | 1 - 4 pm

## Discover Magic Blue Wand Course

Get ready to take an amazing adventure into the exciting world of magic. Learn how to move objects with your mind, escape from chains, and operate a time machine just to name a few. In this course students will learn the different types of magic from dinner table tricks to the big stage illusions and they will discover the real secrets to becoming a true magician as each lesson reveals an important life skill to help build their confidence and communication skills. Each lesson comes with a custom magic prop, a top secret file folder, and a secret word to unlock bonus videos in the online video vault. Twin Cities Magic Academy has been teaching the Discover Magic curriculum since April 2016 and is the exclusive licensee of the curriculum in Minnesota. **Grade 3 - 6**

**YE4188 | ERHS | 4 sessions | \$209**  
Monday - Thursday, Jul 11 - Jul 14 | 1 - 4 pm

Register online at [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

# STEM

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

## Beginner Coder - Pokemon Adventures

New to coding? Then this camp is for you! Create an amazing Pokemon adventure in a video game of your own creation! Specially designed for beginner coders, we make it extra fun for kids to pick up coding skills in a themed camp they love. Create your own universe of magical pokemon creatures to escape an adventure map, code a catch-pokemons-game, design your own pokemon team, and create a game to duel against friends. **Grade 1 - 4**

YE4174 | OMS | 4 sessions | \$163  
Monday - Thursday, Jun 13 - Jun 16 | 9 - 11:55 am

## Coding My First Game: Minecraft Adventures

Learning to code is fun, especially when you are coding a Minecraft adventure of your own! Create amazing Minecraft creatures to then code and create your personalized Minecraft adventure game you can show and share with your friends. Create a treasure map where your character needs to find a diamond trove, survive lava, get away from dangerous creatures, and so much more. **Grade 1 - 4**

YE4175 | OMS | 4 sessions | \$163  
Monday - Thursday, Jun 13 - Jun 16 | 1 - 4 pm

## Chess Camp: Tactics & Strategies for Beginning to Intermediate Players

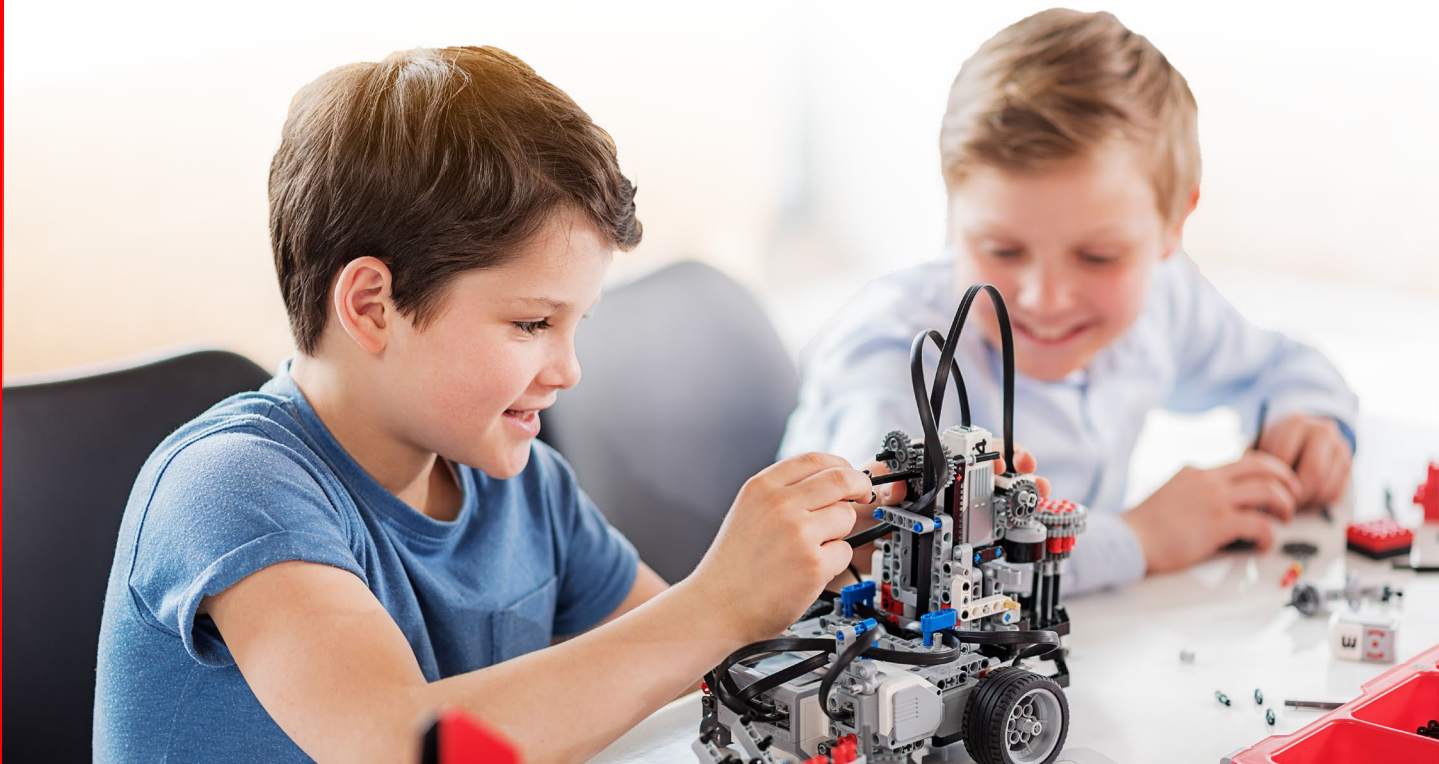
This chess camp is for players that need the next level of challenge from their school club. Maybe you're ready to "try" tournament play. Maybe you want to "improve" your tournament play. Standard chess and variations will be used to improve your skills. Participants should be interested in a deeper level of instruction beyond the basics. **Grade 4 - 7**

YE4260 | OMS | 4 sessions | \$145  
Monday - Thursday, Jun 13 - Jun 16 | 1 - 4 pm

## Digital Film Production: Special Effects

Learning to code is fun, especially when you are coding a Minecraft adventure of your own! Create amazing Minecraft creatures to then code and create your personalized Minecraft adventure game you can show and share with your friends. Create a treasure map where your character needs to find a diamond trove, survive lava, get away from dangerous creatures, and so much more. **Grade 4 - 7**

YE4190 | OMS | 4 sessions | \$150  
Monday - Thursday, Jun 13 - Jun 16 | 1 - 4 pm





## Multiplayer Minecraft: World Builder

Unleash your creativity as you work collaboratively! Create a world with others in four unique, themed quadrants. Build different biomes, or base a section on your favorite movie or video game! Meld your quadrants together with bridges, and separate them with moats of water, lava, or even the void! Students will get a copy of the world map to take home and expand on. **Grade 1 – 5**

YE4192 | OMS | 4 sessions | \$150  
Monday - Thursday, Jun 13 - Jun 16 | 1 - 4 pm

YE4221 | ERHS | 4 sessions | \$150  
Monday - Thursday, Aug 8 - Aug 11 | 9 am - 12 pm

## Robotic Builders: Marine Explorers

Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, programming, and so much more. The LEGO® Education WeDo Robotics Builder class allows students to explore different concepts in robotics. Possible models may include Scuba Driver, Clown Fish, Bathyscope, Sea Gulls, Submarine, and more. Your students will build LEGO® models featuring working motors, tilt sensors, motion detectors, and a LEGO® USB Robotics Hub. **Grade 1 – 5**

YE4193 | OMS | 4 sessions | \$150  
Monday - Thursday, Jun 13 - Jun 16 | 9 am - 12 pm

## Super Mario Game Coding

This course will give you hands-on experience developing your own game using Scratch 3, a visual coding platform. Students will think like programmers and learn coding concepts while creating a 2-dimensional, arcade-style Super Mario Bros.-themed game. The first part of the class will be instructor-led; with the time remaining, students will have the opportunity to customize their games. **Grade 3 – 7**

YE4191 | OMS | 4 sessions | \$150  
Monday - Thursday, Jun 13 - Jun 16 | 9 am - 12 pm

## YEL Woodworking

Build a picture frame, a race car, catapult and trophy display base. Builders will learn to measure, cut, sand, paint and then take home each project they build. This Youth Enrichment League (YEL) class educates students on the use of basic tools (hammers, nails, screwdriver, measuring tape, t-square and more). SAFETY IS OUR FIRST PRIORITY. No power tools will be used in class. **Grade 4 – 7**

YE4165 | ERHS | 5 sessions | \$219  
Monday - Friday, Jun 13 - Jun 17 | 9 am - 12 pm

## Camp Invention

Energize your child's creativity and confidence with our new Camp Invention® program. Explore! Give your young innovator an unforgettable adventure! All-new, hands-on activities will launch their imagination and get their confidence soaring as they explore STEM fun from the oceans to outer space. Each activity is designed to inspire curiosity, spark imaginations and give your young innovator the best summer ever. **Grade K – 6**

YE4918 | OMS | 5 sessions | \$255  
Monday - Friday, Jun 20 - Jun 24 | 9 am - 3:30 pm

## Candy Lab

Create the sweetest memories this Summer in this exhilarating STEAM camp! It's time to have delicious fun as you discover the amazing science behind your favorite sweets as we mix up totally awesome experiments and design packing for your creations. Have a blast as we create tasty Gummy Bears, mix up yummy edible slime, and so much more! As you do, learn about the science and chemistry of food as well as super interesting STEAM concepts. We'll make it even sweeter with other exciting activities. **Grade K – 4**

YE4177 | ERHS | 4 sessions | \$156  
Monday - Thursday, Jun 20 - Jun 23 | 1 - 4 pm

## Intro to Minecraft Modding: Crazy Armor

Learn to mod Minecraft and customize your gaming experience. We will create crazy new armor, items, weapons, and more! Students will be introduced to beginner coding concepts and learn how to make custom Minecraft items and mods. Students should be comfortable with keyboarding, reading, and playing Minecraft! **Grade 2 – 6**

YE4195 | ERHS | 4 sessions | \$150  
Monday - Thursday, Jun 20 - Jun 23 | 1 - 4 pm

## Master Bricklayers: Structural & Architectural Design

We are passionate about inspiring an interest in engineering! This hands-on experience is a perfect introduction to science concepts like structural engineering, architectural design, physics, external forces, and more! Students will follow step-by-step builds in this camp and then test their new skills with open-ended building challenges and design projects. Students will be working in pairs. **Grade 3 – 7**

YE4197 | ERHS | 4 sessions | \$135  
Monday - Thursday, Jun 20 - Jun 23 | 1 - 4 pm

# STEM

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

## Multiplayer Minecraft: Colosseum Builder

Unleash your creativity as you work collaboratively! Create arenas with others like the giant Colosseum. Build different mini-games or work together to make a giant battle arena! Meld your builds together with tunnels or bridges and separate them with moats of water, lava, or even the void! Students will get a copy of the world map to take home and expand on. **Grade 2 - 6**

YE4194 | ERHS | 4 sessions | \$150  
Monday - Thursday, Jun 20 - Jun 23 | 9 am - 12 pm

## X-Treme Build & Race!

If building with LEGO® is your thing (perhaps you are a master LEGO builder?!), this will be an unforgettable camp for you as you take your building skills to next level!! On your marks: Think and design the fastest RC car. 2. Set: Build a remote control car using LEGO®. 3. GO! Race your car against friends! Besides building amazing RC cars this camp includes other super fun activities! (No LEGO® is taken home). **Grade K - 3**

YE4176 | ERHS | 4 sessions | \$156  
Monday - Thursday, Jun 20 - Jun 23 | 9 - 11:55 am

## YEL Project Runway

Sweet summer projects! A tres-chic skirt, tie-top blouse, headband and more. No experience necessary. Students will make, showcase, and take home all their projects. Hand and machine sewing techniques are taught with SAFETY FIRST always in mind. The final day is a showcase where friends and family are invited to see the projects in action. **Grade 4 - 8**

YE4157 | ERHS | 5 sessions | \$200  
Monday - Friday, Jun 20 - Jun 24 | 9 am - 12 pm

## Classic Cards to Card Game Design

XBox, Fortnite, Call of Duty, Playstation, etc. all have a time and place, but sometimes it is fun to get back to basics. Classic card games are interactive, strategy based, and just plain fun! Learn how to play Spades, Hearts, Casino, Gin-Rummy, and Poker. Next create your own card game design by transforming/bending their rules & mechanics into your own collectible or strategy card game. For example; add some bear "character powers" to poker and you get "Polar Bear Poker" **Grade 4 - 8**

YE4261 | OMS | 4 sessions | \$145  
Monday - Thursday, Jun 27 - Jun 30 | 1 - 4 pm

## Epic Robo Lab: Build Your Own Robots

Robots are sooo much fun, and this camp is full of them! Do you like your Robot cute and fuzzy, or perhaps more hawkish and intriguing? YOU are the creator of your own robots. Using motors, batteries, and other supplies from your "inventors shack" have a blast as you engineer a different Robot each day, from fast moving, wiggly, shaky, spinning, shaking and so much more. We'll top it off with other mind boggling engaging activities. **Grade 1 - 4**

YE4178 | OMS | 4 sessions | \$156  
Monday - Thursday, Jun 27 - Jun 30 | 1 - 4 pm

## Minecraft Escape Room

Dig deep and get exploring in puzzle-filled maps in this Minecraft camp! Using Minecraft EDU, you'll learn how to use redstone mechanisms and programmed commands in order to create the perfect Minecraft Escape Map. You'll design fun puzzles, engineering traps to trick your friends, and even make hidden rooms to hide your treasure! By the end of this class, you will be able to show off your new adventure mapping, redstone, and command skills to your friends. **Grade 2 - 5**

YE4179 | OMS | 4 sessions | \$163  
Monday - Thursday, Jun 27 - Jun 30 | 1 - 4 pm



## Robotic Builders

Yes, we CAN learn about robotics! With the LEGO® WeDo Robotics System, young children can build and program their robotic creations. Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, programming, and so much more. Possible models may include Dancing Birds, Hungry Alligator Robot, Goal Kicker Robot, Rescue Plane, and a Smart Spinner Robot. Students will be working in pairs. **Grade K - 3**

YE4198 | ERHS | 4 sessions | \$150  
Monday - Thursday, Jun 27 - Jun 30 | 9 am - 12 pm

## Robotic Builders: Battlebots

Let the battles begin! Designed by the experts at MIT, LEGO® WeDo Robotics' unique system teaches students about simple machines, engineering, programming, and so much more. Students may construct a Catapult, Ninja Star, Tank, Battle Axe, Crossbow, and more in this camp! **Grade 1 - 5**

YE4201 | ERHS | 4 sessions | \$150  
Monday - Thursday, Jun 27 - Jun 30 | 1 - 4 pm

## STEAM MakerSpace Camp for Girls

Explore different STEAM technologies in our new, unique girls-only camp. With topics ranging from circuits and engineering to coding and art, girls will become part of the maker movement. Our dynamic curriculum and hands-on projects will empower and inspire girls to express their own creativity. Possible projects include LED paper circuit cards, robotic creatures, digital animations, and mechanical creations.

**Grade 1 - 4** YE4215 | OMS | 4 sessions | \$165  
Monday - Thursday, Jun 27 - Jun 30 | 1 - 4 pm

**Grade 4 - 8** YE4199 | OMS | 4 sessions | \$165  
Monday - Thursday, Jun 27 - Jun 30 | 9 am - 12 pm

## Robotic Builders: Mighty Machines

Yes, We CAN learn about Robotics! With the LEGO™ WeDo Robotics System, young children can build and program their robotic creations. Young imaginations soar! The LEGO® Education WeDo™ Robotics Builder allows students to explore different Robotic Themes. Students working in teams will work with simple machines, program models they design and create, measure time and distance, write, and much more! **Grade 1 - 5**

YE4203 | ERHS | 4 sessions | \$150  
Tuesday - Friday, Jul 5 - Jul 8 | 1 - 4 pm

## Video Production for YouTube: Gaming

YouTube is the top destination for online videos. Learn how to create a YouTube Let's Play Video, capturing and doing a voice-over of a PC gaming session! In the first half of camp, learn tricks that pro filmmakers use for better shots, capture gameplay, add sound effects, and learn to use our film editing software. Then in the second half of camp, students create their own video. Choose from capturing a Minecraft, Lego Racer, Minesweeper, or Solitaire session. Edit your video, add transitions, insert a soundtrack. Then share your finished video with the world.

**Grade 3 - 7**

YE4202 | OMS | 4 sessions | \$165  
Tuesday - Friday, Jul 5 - Jul 8 | 9 am - 12 pm

## Drone Photography

Students will start off Drone Photography by learning how to fly an entry level photography drone. Once they've mastered the basics, they'll be taught more advanced techniques that will help them take higher quality photos and videos with their drones. Photo and video editing software tutorials will enable students to create awesome media content that they can download and keep after the camp.

**Grade 3 - 8**

YE4271 | OMS | 3 sessions | \$88  
Monday - Wednesday, Jul 11 - Jul 13 | 9 am - 12 pm



# STEM

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## Drone Programming

Students will learn to program and fly at the same time! Groups of students will use drones that can be programmed to perform aerial maneuvers with entry level, block based coding. The fun and excitement of flying drones makes it easy to forget that students will be learning valuable 21st century programming skills in the process. The camp will consist of a variety of fun challenges where students will put the programming skills that they learn to the test.

**Grade 3 - 8**

YE4270 | OMS | 3 sessions | \$88  
Monday - Wednesday, Jul 11 - Jul 13 | 1 - 4 pm

## Extreme EV3: Battlebots

This camp will energize and excite students by combining the LEGO building system's versatility and the Mindstorms EV3 (the most sophisticated microcomputer brick ever made by LEGO). Working each day in teams, students will construct fun LEGO models, experiment with programs, and compete in robotic challenges. Robot building, block programming, and teamwork will be part of each day's activities. Final challenges will be centered around hitting targets and a sumo battle. Students will be working in small teams of 2-3.

**Grade 3 - 7**

YE4207 | ERHS | 4 sessions | \$150  
Monday - Thursday, Jul 11 - Jul 14 | 9 am - 12 pm

## Intro to Computer Science with Python

Computer Science for Kids, our camp takes a game-based learning approach to learning. Students should be able to type, use a mouse, and be comfortable using a computer. Our students use and type real Python code while playing and making a game from beginning to end! Our engaging curriculum challenges students to embrace and learn from mistakes.

**Grade 5 - 9**

YE4206 | ERHS | 4 sessions | \$150  
Monday - Thursday, Jul 11 - Jul 14 | 1 - 4 pm

## Jr Engineering and Building

If a learner likes building things and figuring out how things work, they will love this class. Join us as we explore, investigate, and solve problems while learning about simple machines' engineering building blocks. Students working in pairs will enjoy hands-on activities using LEGO® Gears and special LEGO® Technic® engineering components that incorporate math, science, and creativity. Learning projects may include mini mechanical concept models, a moving dragon, scale, clown, crane, car, fan, merry-go-round, and more.

**Grade K - 2**

YE4204 | ERHS | 4 sessions | \$135  
Monday - Thursday, Jul 11 - Jul 14 | 9 am - 12 pm

## Minecraft YouTube Video Creation

Don't just watch YouTube, create your very own videos! Have you always wanted to create your very own gaming videos and launch your YouTube channel, but don't know where to start? Look no more! Surrounded by like-minded friends we'll use Minecraft as our gaming platform to teach you how to launch your own YouTube channel. With invaluable tips, learn to record, edit, mix music and upload your sessions, as well as about fair use and copyright.

**Grade 3 - 7**

YE4180 | OMS | 4 sessions | \$163  
Monday - Thursday, Jul 11 - Jul 14 | 1 - 4 pm

## Multiplayer Minecraft: Mini-Game Bulder

Become the architect of mini-game battle arenas! Build your own spleef arena, capture the flag base, king of the hill stadium, or one of many more mini-games, then challenge your friends! Battle it out against friends and compete to win challenges! Create tons of mini-games with all of your friends! Students will get a copy of the world map to take home and expand on.

**Grade 2 - 6**

YE4205 | ERHS | 4 sessions | \$150  
Monday - Thursday, Jul 11 - Jul 14 | 1 - 4 pm



## Crazy Concoctions and Insane Inventions

Messy? Slimy? Sticky? If all this sounds super fun, this is a must take camp for you! Join us in this messy and super exciting camp and have a blast exploring chemical reactions in a fun, slimy way, creating all kinds of ooey gooey, sticky, bouncy, slimy mixtures. Kids will also be challenged to solve fun engineering problems and so much more. In this class all the mess stays behind, as fun memories and learning go home! **Grade K - 3**

YE4181 | ERHS | 4 sessions | \$156  
Monday - Thursday, Jul 18 - Jul 21 | 1 - 4 pm

## Hacking Minecraft

New mods explored! One of the most popular video games in history, Minecraft offers an amazing world of endless possibilities limited only by your imagination. Students will learn how to expand their world's abilities using popular game-enhancing mods. Participate in building challenges. We will also explore creating and editing skins and textures. **Grade 2 - 6**

YE4209 | OMS | 4 sessions | \$150  
Monday - Thursday, Jul 18 - Jul 21 | 9 - 12 pm

## Hogwarts Magical Robotics Builders

Journey to the magical world of Harry Potter and other fantasy lands. Build and program magical theme projects. Young imaginations soar! Students will be taught foundational building and introduced to programming concepts with learning about sensors, motors, and special technics components using the Lego Wedo Systems. Possible projects include Magic Chest, Dragon, Hippogriff, Magic Hat, Magic Carpet, and magical staircase. Students will be working in pairs. **Grade 1 - 5**

YE4211 | OMS | 4 sessions | \$150  
Monday - Thursday, Jul 18 - Jul 21 | 1 - 4 pm

## Multitplayer Minecraft: World Builder

Unleash your creativity as you work collaboratively! Create a world with others in four unique, themed quadrants. Build different biomes, or base a section on your favorite movie or video game! Meld your quadrants together with bridges, and separate them with moats of water, lava, or even the void! Students will get a copy of the world map to take home and expand on. **Grade 1 - 5**

YE4210 | OMS | 4 sessions | \$150  
Monday - Thursday, Jul 18 - Jul 21 | 1 - 4 pm



## Roblox Game Development

In this advanced Roblox Game Design Camp, students will learn how to create and develop multiplayer games using the Roblox Studios Software. Kids will use an asset library to create a Capture the Flag game. By the end of this class, students will have a game ready to share with friends, and the skills and knowledge required to continue their exploration of game development at home. **Grade 3 - 6**

YE4182 | ERHS | 4 sessions | \$163  
Monday - Thursday, Jul 18 - Jul 21 | 1 - 4 pm

## FIRST LEGO League Robotics Camp

Want to learn how to build robots with Legos? Come join the East Ridge Robotics Ominous Raptors (E.R. High School Robotics Team) for five days of fun! You will learn to build and code using LEGO Spike Robots and the FIRST LEGO League Challenge Competition Set. Learn how to use LEGO robots to solve engineering challenges under the mentorship of experienced team members and learn more about STEM. All materials provided, and we hope to see you there! **Grade 3 - 6**

YE4711 | ERHS | 5 sessions | \$150  
Monday - Friday, Jul 18 - Jul 22 | 9 - 12 pm

## Video Production for YouTube

Learn how to create YouTube content! Shoot videos, edit sound, and create an online presence with YouTube. In the first half of camp, learn the tricks that pro filmmakers use for better shots, lighting, sounds and learn to use our film editing software. Then in the second half of camp, students can choose to work on an unboxing or product review video of their own. Write a script, edit your video, add transitions, insert a soundtrack. Then share your finished video with the world. **Grade 3 - 7**

YE4208 | OMS | 4 sessions | \$165  
Monday - Thursday, Jul 18 - Jul 21 | 9 - 12 pm

Register online at [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

# STEM



## Young Engineers Robotics and STEM Program - Massive & Complex Equipment

This is a problem based, spiral learning program where your child learns about new Robotics + STEM concepts in every class and applies that concepts by building operational models using patented kits. In week 1, your child will learn about STEM and Programming concepts and will be challenged to build up to eight (8) different motorized Robotic and Engineering models using patented building and programming kits. While building and programming these models, students will develop logical thinking ability and will learn various engineering concepts like Kinetic/Potential Energy, Angular momentum, Newton's Laws, Symmetry/Asymmetry, etc. Examples of model's student will be building include Power Plant, SUV Car, Crane, Windmill, Ferris Wheel, Farming Plough and various others! In week 2, your child will learn STEM and Programming concepts and will be challenged to build up to eight (8) different motorized robotic and engineering models using patented building and programming kits. While building and programming these models, students will develop logical thinking ability and will learn various engineering concepts like Gear transmissions, science behind rhythm, Vibration and various others. Examples of model's students will be building include drill machine, stand mixer, pedestal fan, various electrical appliances, drumming machine, iRobot and various others! **Grade 2 - 7**

**YE4173 | ERHS | 8 sessions | \$325**  
Monday - Thursday, Jul 18 - Jul 28 | 2 - 5 pm

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

## Young Engineers Robotics and STEM Program - Massive Equipment

This is a problem based, spiral learning program where your child learns about new Robotics + STEM concepts in every class and applies that concepts by building operational models using patented kits.

In this session, your child will learn about STEM and Programming concepts and will be challenged to build up to eight (8) different motorized Robotic and Engineering models using patented building and programming kits. While building and programming these models, students will develop logical thinking ability and will learn various engineering concepts like Kinetic/Potential Energy, Angular momentum, Newton's Laws, Symmetry/Asymmetry, etc. Examples of model's student will be building include Power Plant, SUV Car, Crane, Windmill, Ferris Wheel, Farming Plough and various others!

**Grade 2 - 7**

**YE4170 | ERHS | 4 sessions | \$175**  
Monday - Thursday, Jul 18 - Jul 21 | 2 - 5 pm

## Young Engineers Robotics and STEM Program - Complex Equipment

" This is a problem based, spiral learning program where your child learns about new Robotics + STEM concepts in every class and applies that concepts by building operational models using patented kits.

In this session, your child will learn STEM and Programming concepts and will be challenged to build up to eight (8) different motorized robotic and engineering models using patented building and programming kits. Examples of model's students will be building include drill machine, stand mixer, pedestal fan, various electrical appliances, drumming machine, iRobot and various others! **Grade 2 - 7**

**YE4171 | ERHS | 4 sessions | \$175**  
Monday - Thursday, Jul 25 - Jul 28 | 2 - 5 pm

## YEL Chess 1.4

All levels welcome. The YEL! Teach It!...Practice It!...Play It! method keeps chess students progressing with 60+ chess lessons and thousands of puzzles as well as guided games and an end-of-week in-class tournament.

**Grade 1 - 5**

**YE4154 | ERHS | 5 sessions | \$175**  
Monday - Friday, Jul 18 - Jul 22 | 9 - 12 pm



## 3D Printing & CAD

This 3D printing camp takes students through the 3D printing process from start to finish. Students will design 3D objects using TinkerCAD and use the 3D slicing program Cura to bring their creations to life. From industrial design and manufacturing to software and hardware engineering, the 3D printing industry is booming. This course serves as an excellent introduction to 3D printing and is ideal for students who like to draw, design, imagine and see their creations come to life.

**GRADE 1 - 4** YE4212 | OMS | 4 sessions | \$165  
Monday - Thursday, Jul 25 - Jul 28 | 9 am - 12 pm

**GRADE 4 - 8** YE4212 | OMS | 4 sessions | \$165  
Monday - Thursday, Jul 25 - Jul 28 | 1 - 4 pm

## Drone Racing and Rocket Launching

Get your adrenaline running this summer with this super exciting camp. Are you intrigued by Drones? Would you like to learn more about this amazing technology? What about learn to fly them and participate in areal races? Learn the science behind flight? Then is camp is for you! Not only will you race drones against your friends, you'll also learn about model rocketry and pick up how to shoot rockets up to 300 feet and more up into "space"! The camp also includes a "swarm" of fun STEAM projects. **Grade 2 - 5**

YE4185 | OMS | 4 sessions | \$156  
Monday - Thursday, Jul 25 - Jul 28 | 1 pm - 4 pm

## Escape Room: Space - X Galactic Mission

If you are looking for the most thrilling, out of this world adventure this summer, then this camp is totally for you! Imagine -your mission is stuck on a newly explored planet and you now need to figure out how to return to Earth! Your path back leads you to solve fun clues and STEAM challenges. Build a rowler, design an extension arm, create a light up constellation map, and ultimately, once you collected all clues, launch your own rocket! Explore space like never before in this action packed camp! **Grade 1 - 4**

YE4183 | OMS | 4 sessions | \$156  
Monday - Thursday, Jul 25 - Jul 28 | 9 - 11:55 am

## YEL Robotics 2.4

Build a rescue helicopter, a dragster, and a moon rover. Then program the 'copter to fly, the dragster to race, and the rover to roam. YEL's Teach It, Practice It, Play It® classroom method emphasizes 21st Century Learning skills like STEM, teamwork, and problem solving. **Grade 1 - 5**

YE4158 | ERHS | 5 sessions | \$169  
Monday - Friday, Jul 25 - Jul 29 | 9 am - 12 pm

## Star Wars Game Coding

Don't Just PLAY games. CREATE them! All new games and characters! Create and learn to modify our Star Wars-themed games using Scratch. Scratch is a programming language developed by MIT that makes it easy to create interactive art, stories, simulations, and 2D arcade-style games. Students will be walked through step-by-step tutorials to create 2-4 working games and animations using popular Star Wars sprites. With time remaining, they will be challenged to modify or improve the games created in class. **Grade 2 - 5**

YE4216 | OMS | 4 sessions | \$150  
Monday - Thursday, Jul 25 - Jul 28 | 1 - 4 pm

## Star Wars Jedi Movie Making

From a galaxy far, far away, Star Wars comes to life! Work on a stop-motion animated LEGO® Star Wars movie. Star Wars action figures, LEGOs, and backdrops will be available for filming in class. Handle all the technical details, including using a digital movie camera, filming scenes, doing stop-motion animation, digital editing, adding finishing touches, special effects, and transitions to the movie. Our instructors will take your student through the entire digital filmmaking process from start to finish in this exciting hands-on learning class. **Grade 1 - 4**

YE4213 | OMS | 4 sessions | \$150  
Monday - Thursday, Jul 25 - Jul 28 | 9 am - 12 pm

## Stock Market & Entrepreneurship Camp

Learn how the stock market works by analyzing real time data and trades using a stock market simulator. You actually will make simulated trades from your portfolios! Create 3 portfolios with different criteria. Learn about IPOs and track their progress. How does the stock market actually affect all of us and none of us at the same time. Gain valuable insight into how Mutual Funds work and how they will impact your decisions by age 18 or when you start your first job. Supply and Demand at its best and worst! Apply your knowledge to your own simulated business venture! **Grade 7 - 12**

YE4263 | OMS | 4 sessions | \$160  
Monday - Thursday, Jul 25 - Jul 28 | 9 am - 12 pm



Register online at [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

# STEM

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

## Ultimate YouTube Super Star

Are you ready to share your talents with the world on YouTube and spend an unforgettable summer? Then this camp is for YOU and your BFFs! Learn the ins & outs of producing your very own YouTube video, with invaluable tips on how to take your production to the next level. In small teams, create distinguishing art for your channel, learn about fair use and copyright, and of course how to masterfully record, edit and upload videos. **Grade 3 - 7**

YE4184 | OMS | 4 sessions | \$163  
Monday - Thursday, Jul 25 - Jul 28 | 1 - 4 pm

## 3D Engineering: Architectural & Structural Design

Bring your imagination to life. Become a master bricklayer and use our special architectural LEGO® kits to build your creations. Be an architect as you learn the principles of construction. Working in teams, students will construct buildings, structures, towers, castles, and more. Students will learn construction principles and use math skills as they experiment with scale and size, staggering vs. stacking bricks, and more. We'll build houses with removable roofs, castles with turrets, and towers of strength!

**Grade K - 3**

YE4218 | ERHS | 4 sessions | \$135  
Monday - Thursday, Aug 1 - Aug 4 | 1 - 4 pm

## Code Drones and a Video Game

Discover this groundbreaking technology as you have a blast learning to code drones AND to program an exhilarating drone inspired Video game and enjoy fun STEAM challenges. Also known as UAV (unmanned aerial vehicles), kids in small teams code a drone to obey their every command. Have a blast as you develop a flight plan so the drone goes through loops and turns to reach the objective. THEN learn to code an action packed drone inspired video game to take home. More fun activities included. A great camp to get introduced to the amazing world of flight and coding. **Grade 2 - 5**

YE4189 | ERHS | 4 sessions | \$163  
Monday - Thursday, Aug 1 - Aug 4 | 1 - 4 pm

## Extreme EV3: RoboWars

Exciting class with new builds and challenges! Take your engineering skills to a higher level. Students will be using the EV3 Mindstorm Robotics Systems and unique LEGO® Technic™ engineering components to build extreme, competitive robots. Build remote-controlled robots inspired by the popular Discovery Channel's "BattleBots." Students will be challenged to morph their projects into better, stronger, and faster robots to compete in a tournament on the last day. Students will be working in small teams of 2-3. **Grade 4 - 9**

YE4219 | OMS | 4 sessions | \$150  
Monday - Thursday, Aug 1 - Aug 4 | 9 am - 12 pm

## Fantasy Football Draft Simulator

Are you ready to dominate your fantasy football league this year? Success starts with having a great draft! Learn the strategies and statistical analysis necessary to draft your best team ever. This class will explore how to find success in multiple draft formats such as snake-drafts and auctions, as well as differing scoring formats. Students will engage in on-line mock drafts, as well as a class ending live fantasy football draft.

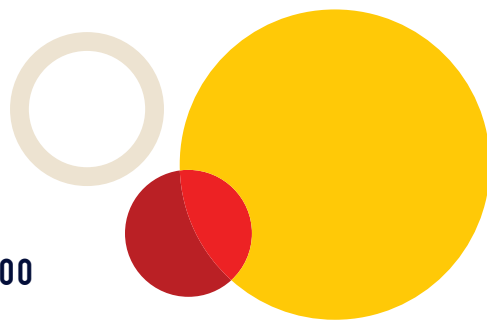
**Grade 6 - 12**

YE4262 | OMS | 4 sessions | \$160  
Monday - Thursday, Aug 1 - Aug 4 | 1 - 4 pm

## Into to Esports

Turn your passion for video games into valuable life skills! We will introduce the world to Esports and teach students about the many opportunities available to them by getting involved. Students will get to play some of the most popular Esports games, compete with and against each other in tournaments and learn important lessons along the way. **Grade 3 - 8**

YE4272 | ERHS | 3 sessions | \$88  
Monday - Wednesday, Aug 1 - Aug 3 | 1 - 4 pm



## Intro to Video Game Design with Nintendo Characters

Create YOUR OWN VIDEO GAME! Love video games? Students as young as five years old can create their own platform video games in this cool class! Choose your storyline with popular Nintendo characters as your stars. Add challenges and difficulty levels, then share your game by email or post it on the web to challenge family and friends. Now 5-8-year-olds can practice math, logic, and programming and put their video game talents to work! **Grade 1 - 4**

YE4217 | ERHS | 4 sessions | \$150  
Monday - Thursday, Aug 1 - Aug 4 | 9 am - 12 pm

## Java Minecraft Modding

In this camp, we will be creating custom armor, items, and blocks. Learn to mod Minecraft using Java and customize your gaming experience. Students will be introduced to coding concepts and learn how to make Minecraft Mods. Students should be comfortable with keyboarding and, of course, playing Minecraft! **Grade 3 - 7**

YE4220 | OMS | 4 sessions | \$150  
Monday - Thursday, Aug 1 - Aug 4 | 1 - 4 pm

## Minecraft 3D Printing Design

If you are into Minecraft and you want to discover the exciting world (and potential) of 3D CAD (Computer Aided Design) and 3D printing, then this is the camp for you! Come to this innovative STEAM camp and learn how to use a CAD program with your team as you have fun designing awesome 3D shapes, many Minecraft inspired -like a diamond sword, a creeper, and more! Kids take home a trove of designs that can easily be printed by online services.

**Grade 2 - 5**

YE4186 | ERHS | 4 sessions | \$163  
Monday - Thursday, Aug 1 - Aug 4 | 9 - 11:55 am

## YEL Track and Field

Fast-paced and inclusive (everyone participates). YEL's Teach It, Practice It, Play It® approach teaches players new skills each class practices those skills and then use them in safe track and field events ( javelin, discus, shot put, long jump, relay race and more). SAFETY is our first rule. We use foam padded javelins and safety hurdles, as well as lightweight safety shot put and discus materials. **Grade 1 - 5**

YE4159 | OMS | 5 sessions | \$81  
Monday - Friday, Aug 1 - Aug 5 | 9 am - 12 pm



## RC Wars

In RC Wars, teams of students will build their own Remote Control vehicles to race and battle against other teams. Students will need to design their vehicles to not only be faster and stronger than other teams' creations, but also better than purchased RC Cars and Drones! RC Wars will feature land and air races, obstacle courses and more as students learn mechanical and electrical building skills in an energetic and exciting environment. **Grade 4 - 9**

YE4273 | ERHS | 3 sessions | \$88  
Monday - Wednesday, Aug 1 - Aug 3 | 9 am - 12 pm

## Engineering: Crazy Action Contraptions

Unleash your imagination as you journey through the wide-ranging world of LEGO® building. Students working in pairs will build models and discuss the engineering science behind each. This fun, hands-on class shows students how engineering can be fun and silly yet still educational. Students will then be challenged to improve the model and customize their creations. Possible models include the Never-Look-Back Machine, Skittletops, Do-Nothing Machine, Coat Hanger Daredevil, Trapdoor Cable Car Parachute Machine, Rubberband Racer, Balloon-Powered Car, and other Crazy Action Contraptions. **Grade K - 3**

YE4224 | OMS | 4 sessions | \$135  
Monday - Thursday, Aug 8 - Aug 11 | 1 - 4 pm



# STEM

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

## Extreme Coding Machine Learning

Dive into more advanced computer science topics that include artificial intelligence and Machine Learning. Computers are getting smarter every day due to advances in machine learning algorithms. Coders can teach computers to recognize faces, play games, and find patterns. We will create a chatbot, Rock, Paper, Scissors game, and more in our class.

**Grade 4 - 8**

YE4223 | OMS | 4 sessions | \$150  
Monday - Thursday, Aug 8 - Aug 11 | 9 am - 12 pm

## Intro to Game Coding

Learn to create an interactive 2D video game using your FAVORITE characters. Choose Undertale, Pokémon, Nintendo, Minecraft, and even classic characters like Donkey Kong, Pac-Man, Sonic, and Mario! In the first class, we will learn to use Scratch, and in the final session, students will be walked through creating a maze game and picking which main character to use.

**Grade 1 - 4**

YE4222 | ERHS | 4 sessions | \$150  
Monday - Thursday, Aug 8 - Aug 11 | 1- 4 pm

## Intro to Minecraft Modding: Multi Tool

Unleash your all-powerful Multi-Tool in this fun, creative class. Students will be introduced to coding concepts and create their very own Multi-Tool that works to destroy almost every block! Students should be comfortable with keyboarding, reading, and playing Minecraft!

**Grade 3 - 7**

YE4225 | OMS | 4 sessions | \$150  
Monday - Thursday, Aug 8 - Aug 11 | 9 am - 12 pm

For the most up-to-date listing of learning opportunities, please [click here](#) or visit [commed.sowashco.org/youth](http://commed.sowashco.org/youth)



# MUSIC

## 30 minute Private Lessons (String, piano, voice, etc.) with Michelle Dunkirk - Summer Session

Summer session lessons will be held on Tuesday or Wednesday at Lake Middle School beginning in June. Michelle Dunkirk is a certified and licensed music instructor with over 20 years experience. Besides all of her accomplishments, Michelle's true passion is teaching music. Her warm and personal style sets her apart from other teachers. **Age 8+**

11 sessions | LMS | \$363/full or \$121/payments  
Multiple sections available  
Tuesdays, Jun 7 - Aug 16 or  
Wednesdays, Jun 8 - Aug 17  
2 - 7:30 pm

## Private Guitar Lessons with George McCorkell - Spring Session

Personalized, private guitar lessons are offered to students in beginning to advanced guitar (acoustic or electric) and beginning banjo. A guitar or banjo is required for lessons. Lessons are taught online or in person at East Ridge by Mr. McCorkell, a professional guitarist with a degree in Guitar Performance who has been teaching privately for over 10 years. Questions? Please contact the instructor, George McCorkell, at [georgemccorkell5@gmail.com](mailto:georgemccorkell5@gmail.com). **Grade 4 - 12**

10 sessions | ERHS | \$290  
YE41741 | Tuesdays, Jun 7 - Aug 16 | 4 - 4:30 pm  
YE41742 | Tuesdays, Jun 7 - Aug 16 | 4:30 - 5 pm  
YE41743 | Tuesdays, Jun 7 - Aug 16 | 5 - 5:30 pm  
YE41744 | Tuesdays, Jun 7 - Aug 16 | 5:30 - 6 pm

## Mommy & Me Music Class

Music & Movement class that meet your child right where they are. Come ready to sing, dance, beat the drums, shake the maracas and more! All hands on, no instrument purchase necessary. You and your child(ren) will learn delightful songs, dances and musical activities that focus on singing and keeping a steady beat to enhance timing, coordination, listening and language skills. High-quality percussion instruments are used alongside puppets, stories, and colorful props to make this a very special music time. The repetition of activities and songs assists participation, language development and memory and improves coordination and timing. Kids learn to express their feelings productively. The activities also help to develop the imagination and the ability to focus. Get ready for a moving and grooving time! **Walking to age 5.**

YE4851 | All Saints Lutheran | 8 sessions | \$87  
Thursdays, Jun 2 - Jul 21 | 10 - 10:45 am

## Mommy & Me Gym Class

A Gym class that kids will beg to come back to. Shoes are optional as we tumble, march in the band, stretch with maracas and run with superhero capes! Circle time then allows us to catch our breath as we learn new songs and fun lap games. What comes next weekly can be hula-hoop time, parachute time, big balls, bubbles and more. It's a great class for kids to come to where learning simple social skills is a breeze. Come get the wiggles out!

**Walking to age 5.**

YE4852 | All Saints Lutheran | 8 sessions | \$87  
Wednesdays, Jun 1 - Jul 20 | 10 - 10:45 am



Register online at [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

# RECREATION

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

## Serenity Farm Horse Camp

Spark Equestrian's day camps at Serenity Farm teach kids the basics of horse care, grooming, and riding. Kids should provide their own lunch and wear long pants with close-toed shoes. Drop off is at 9 AM and pick up is at 2 PM. We will provide the rest! Please be sure to fill out and bring the waiver form and bring it to camp. **Age 6 - 12**

Serenity Farm, Stillwater | 1 session | \$125

YE3184 | Saturday, Jun 4 | 9 am - 2 pm

YE4280 | Wednesday, Jun 8 | 9 am - 2 pm

YE4281 | Wednesday, Jun 15 | 9 am - 2 pm

YE4282 | Wednesday, Jun 22 | 9 am - 2 pm

YE4283 | Wednesday, Jun 29 | 9 am - 2 pm

YE4284 | Wednesday, Jul 6 | 9 am - 2 pm

YE4290 | Wednesday, Jul 13 | 9 am - 2 pm

YE4291 | Wednesday, Jul 20 | 9 am - 2 pm

YE4292 | Wednesday, Jul 27 | 9 am - 2 pm

YE4293 | Wednesday, Aug 3 | 9 am - 2 pm

YE4294 | Wednesday, Aug 10 | 9 am - 2 pm

YE4295 | Wednesday, Aug 17 | 9 am - 2 pm

YE4296 | Wednesday, Aug 24 | 9 am - 2 pm

YE4297 | Wednesday, Aug 31 | 9 am - 2 pm

## Conquer Ninja Rec Team

Ninja Obstacle Training is extremely popular with kids and is a fun, unique way to develop confidence, strength, endurance, balance, and friendships! Athletes benefit from training in agility, power, perseverance, and resilience; attributes that all athletes strive to improve. Our Conquer Rec Team is designed for youth, ages 6-9 or 10-13 of all experience levels. Our Rec Team will practice on real obstacles inspired by the tv show such as warped walls, salmon ladders, tilting ladders and so much more during their weekly practice.

Conquer Ninja Gym, Woodbury | 8 sessions | \$219

**Age 6 - 9** YE4328 | Tuesdays, Jun 14 - Aug 9 | 5 - 6 pm

YE4329 | Tuesdays, Jun 14 - Aug 9 | 6:15 - 7:15 pm

YE4330 | Fridays, Jun 17 - Aug 12 | 3:45 - 4:45 pm

YE4331 | Fridays, Jun 17 - Aug 12 | 5 - 6 pm

**Age 10-13** YE4332 | Fridays, Jun 17 - Aug 12 | 6:15 - 7:15 pm



## Ninja Summer Camp

This summer give your child an American Ninja Warrior Experience! Young Ninjas develop strength and agility during this camp by learning different styles and techniques to master all obstacles! We have warped walls, angled steps, salmon ladders, cliff hangers, tilted ladders; everything you need to put your ninja skills to work! This camp transfers well into ninja levels testing or enhances other athletic performances. All camps are coached by an experienced Ninja Trainer. **Age 6 - 13**

Conquer Ninja Gym, Woodbury | 4 sessions | \$200

YE4320 | Monday - Thursday, Jun 13 - Jun 16 | 9 - 11 am

YE4321 | Monday - Thursday, Jun 20 - Jun 23 | 9 - 11 am

YE4322 | Monday - Thursday, Jun 27 - Jun 30 | 9 - 11 am

YE4323 | Monday - Thursday, Jul 11 - Jul 14 | 9 - 11 am

YE4324 | Monday - Thursday, Jul 18 - Jul 21 | 9 - 11 am

YE4325 | Monday - Thursday, Jul 25 - Jul 28 | 9 - 11 am

YE4326 | Monday - Thursday, Aug 1 - Aug 4 | 9 - 11 am

YE4327 | Monday - Thursday, Aug 8 - Aug 11 | 9 - 11 am

## Fencing 4.1

New and returning students invited. Your favorite instructors return with more knowledge, refined coaching skills and, of course, your favorite fencing games and arm bands. Safety is our first priority. We supply safety swords, protective masks, chest plates and jackets, in a high-octane, inclusive environment.

DPC | 5 sessions | \$188

**Grade 2 - 5** | YE4155 | Monday - Friday, Jun 27 - Jul 1 | 9 am - 12 pm

**Grade 6 - 12** | YE4156 | Monday - Friday, Jun 27 - Jul 1 | 1 - 4 pm



# CAMPS & CLINICS

## Soccer Shots - Premier

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum, and communication.

**Age 5 - 8**

Multiple locations | 10 sessions | \$230

C524 | PES | Thursdays, Jun 23 - Aug 25 | 6:45 - 7:30 pm

C520 | OMS | Fridays, Jun 24 - Aug 26 | 6:45 - 7:30 pm

## Soccer Shots - Classic

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum, and communication.

**Age 3 - 5**

Multiple locations | 10 sessions | \$180

C522 | PES | Thursdays, Jun 23 - Aug 25 | 5:35 - 6:05 pm

C523 | PES | Thursdays, Jun 23 - Aug 25 | 6:10 - 6:40 pm

C519 | OMS | Fridays, Jun 24 - Aug 26 | 6:10 - 6:40 pm

## Soccer Shots - Mini

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum, and communication.

**Age 2 - 3**

C521 | PES | 10 sessions | \$180

Thursdays, Jun 23 - Aug 25 | 5- 5:30 pm

C518 | OMS | 10 sessions | \$180

Fridays, Jun 24 - Aug 26 | 5:35 - 6:05 pm

## Soccer Shots - Empower Program

The Empower Program provides children with disabilities a safe place to learn and grow. It encourages social development, participation, and fun through the game of soccer. The program and curriculum are built around a continuum of multisensory-strategies, and we provide a progression of activities to gain confidence, balance, movement, and fundamental soccer skills. Empower encourages the use of visuals and participant helpers and can be modified to accommodate children's needs. **Age 4 - 8**

C517 | OMS | 10 sessions | \$180

Fridays, Jun 24 - Aug 26 | 5- 5:30 pm



Register online at [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

# CAMPS & CLINICS

Click on the class title to register,  
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## Skyhawks Beginning Golf Camp

Skyhawks Golf focuses on building the confidence of young athletes through proper technique and refining the essential skills of the game. Skyhawks has adopted the SNAG (Starting New At Golf) system to its curriculum. SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. No need to bring your own clubs, all equipment is provided. **Age 6 - 9**

HES | 4 sessions | \$149

C100 | Monday - Thursday, Jun 6 - Jun 9 | 1 - 3:30 pm

C101 | Monday - Thursday, Aug 1 - Aug 4 | 9 - 11:30 am

## Skyhawks Flag Football Camp

Campers learn skills on both sides of the football including the core components of passing, catching, and defense - all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron! Participants should bring appropriate clothing, two snacks, water bottle and sunscreen. **Age 6 - 12**

HES | 4 sessions | \$149

C121 | Monday - Thursday, Jun 6 - Jun 9 | 9 am - 12 pm

C122 | Monday - Thursday, Jul 18 - Jul 21 | 9 am - 12 pm

C123 | Monday - Thursday, Aug 8 - Aug 11 | 1 - 4 pm

## Skyhawks Volleyball Camp

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, spiking, blocking and serving. This co-ed program is designed for beginning and intermediate players. Our staff will assist campers in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player. **Age 6 - 12**

Multiple locations | 4 sessions | \$149

C124 | VCES | Monday - Thursday, Jun 6 - Jun 9 | 1 - 4 pm

C125 | VCES | Monday - Thursday, Jun 6 - Jun 9 | 9 am - 12 pm

C126 | WMS | Monday - Thursday, Jul 25 - Jul 28 | 1 - 4 pm



## Skyhawks Basketball Camp

Designed for beginning to intermediate players, this camp focuses on teaching your child the skills needed both on and off the court to be a better athlete. Each day will start with a "skill of the day" and progress into drills and games. The week ends with a tournament where kids will showcase their newly learned skills. Participants should bring appropriate clothing, two snacks, and a water bottle. **Age 6 - 12**

NES | 4 sessions | \$149

C116 | Monday - Thursday, Jun 13 - Jun 16 | 9 am - 12 pm

C118 Monday - Thursday, Aug 1 - Aug 4 | 1 - 4 pm

C117 | ERHS | 2 sessions | \$79

Wednesday - Thursday, Jul 6 - Jul 7 | 9 am - 12 pm

## Skyhawks Baseball Tots Camp

Baseball Tots is a development program for kids ages 2-4 years old. This camp will use a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals and create a love of the game. **Age 2 - 4**

HES | 4 sessions | \$82

**Age 2 - 3** | C112 | Thursdays, Jun 16 - Jul 7 | 5 - 5:30 pm

**Age 2 - 3** | C114 | Thursdays, Jun 16 - Jul 7 | 6:10 - 6:40 pm

**Age 3 - 4** | C113 | Thursdays, Jun 16 - Jul 7 | 5:35 - 6:05 pm

**Age 3 - 4** | C115 | Thursdays, Jun 16 - Jul 7 | 6:45 - 7:15 pm

## Skyhawks Mini-Hawk Camp

This multi-sport program gives children a positive first step into athletics. T-ball, basketball and soccer are taught in a safe, structured environment. **Age 4 - 7**

HES | 4 sessions | \$149

C110 | Monday - Thursday, Jun 13 - Jun 16 | 9 am - 12 pm

C111 | Monday - Thursday, Jul 25 - Jul 28 | 9 am - 12 pm

## Skyhawks Multi-Sport Camp

Our Multi-Sport Camp is designed to introduce athletes to a variety of different sports in one setting. For this program we combine basketball, flag football and soccer into one fun-filled week. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as respect and teamwork. **Age 6 - 12**

HES | 4 sessions | \$149

C102 | Monday - Thursday, Jun 13 - Jun 16 | 1 - 4 pm

C103 | Monday - Thursday, Jul 18 - Jul 21 | 1 - 4 pm

C104 | Monday - Thursday, Aug 15 - Aug 18 | 1 - 4 pm

## Skyhawks Soccer Camp

Using our professional curriculum, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer. Please bring shin guards and soccer or running shoes. Participants should bring appropriate clothing, two snacks, water bottle and sunscreen.

**Age 6 - 12**

C107 | HES | 2 sessions | \$79 | Wed - Thu, Jul 6 - Jul 7 | 1 - 4 pm

C108 | OMS | 4 sessions | \$149 | Mon - Thu, Jul 11 - Jul 14 | 1 - 4 pm

C109 | HES | 4 sessions | \$149 | Mon - Thu, Aug 1 - Aug 4 | 1 - 4 pm

## Skyhawks Track and Field Camp

Combines technical development, fundamental techniques, and safety with a major focus on fun! Using special equipment, our staff teach the standard track & field events. Participants put it all together for one fun-filled day at the Skyhawks track meet! **Age 6 - 12**

Multiple locations | 4 sessions | \$149

C105 | OMS | Monday - Thursday, Jul 11 - Jul 14 | 9 am - 12 pm

C106 | LMS | Monday - Thursday, Aug 8 - Aug 11 | 9 am - 12 pm

## Skyhawks Soccer Tots Camp

Soccer Tots is our flagship program! Younger age groups focus on developing motor skills and self confidence; older classes focus more on developing core soccer skills and personal focus and introduce an element of light competition.

HES | 4 sessions | \$82

**Age 2 - 3** | C127 | Thursdays, Jul 21 - Aug 11 | 5 - 5:30 pm

**Age 2 - 3** | C128 | Thursdays, Jul 21 - Aug 11 | 5:35 - 6:05 pm

**Age 3 - 4** | C129 | Thursdays, Jul 21 - Aug 11 | 6:10 - 6:40 pm

**Age 3 - 4** | C130 | Thursdays, Jul 21 - Aug 11 | 6:45 - 7:15 pm

## Skyhawks Tennis with Quickstart

To create a successful learning environment, the court is smaller and has shorter nets, the racquet's are smaller and the balls are foam. Athletes will learn the rules and etiquette that make tennis such an exciting game to play. Tennis racquets will be provided. Participants should bring appropriate clothing, two snacks, water bottle and sunscreen. **Age 5 - 8**

C119 | WHS | 4 sessions | \$93

Monday - Thursday, Aug 1 - Aug 4 | 9 - 10:30 am

## Skyhawks Tennis Camp

In Skyhawks tennis programs, players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. Athletes also learn the rules and etiquette that make tennis an exciting game. Please bring a racquet. Participants should bring appropriate clothing, two snacks, water bottle and sunscreen. **Age 8 - 12**

C120 | WHS | 4 sessions | \$93

Monday - Thursday, Aug 1 - Aug 4 | 10:40 am - 12:10 pm



Register online at [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)



# CAMPS & CLINICS

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

## DASH Sports Baseball Tykes Camp

DASH Sports baseball tykes camp introduces players to key elements of throwing, fielding/catching, batting, and baserunning. Athletes should bring a water bottle and a baseball glove. Baseballs and bats are provided. Parent participation is recommended as needed.

**Age 3 - 5**

C152 | OMS | 4 sessions | \$79

Monday - Thursday, Jun 27 - Jun 30 | 4:30 - 5 pm

## DASH Sports T-Ball Camp

DASH Sports summer T-ball camps provide players with a well-rounded experience in a fun environment. Key elements of throwing, fielding/catching, batting, and baserunning will be taught and practiced. Athletes should bring a water bottle, snack, and a baseball glove (spikes and bats are optional). Baseballs and bats are provided. **Age 4 - 7**

C150 | OMS | 4 sessions | \$155

Monday - Thursday, Jun 27 - Jun 30 | 9 am - 12 pm

## DASH Sports Baseball Camp

Key elements of throwing, fielding/catching, batting, and baserunning will be taught and practiced, and players will be grouped and challenged at an appropriate level in a fun, positive environment while learning values of 'Respect, Hustle, and Pride'. Athletes should bring a water bottle, snack, and a baseball glove (spikes and bats are optional). Baseballs and bats are provided. **Age 8 - 12**

C151 | OMS | 4 sessions | \$155

Monday - Thursday, Jun 27 - Jun 30 | 1 - 4 pm

## DASH Sports Basketball Camp

DASH Sports summer basketball camps provide players a well-rounded basketball experience covering a broad range of skills training and skill-based games. Players will be taught how to properly shoot, pass, dribble, and play defense in a fun and positive environment. Athletes should bring a water bottle and a snack. Balls are provided.

NES | 4 sessions | \$155

**Age 5 - 8** | C153 | Monday - Thursday, Jul 25 - Jul 28 | 9 am - 12 pm

**Age 9 - 12** | C154 | Monday - Thursday, Jul 25 - Jul 28 | 1 - 4 pm

## DASH Sports Basketball Tykes Camp

DASH Sports Basketball Tykes camps provide players an introductory experience to the great game of basketball. Players will be taught how to properly dribble, pass, shoot, and play defense in a fun and positive environment. Athletes should bring a water bottle. Balls are provided. Parent participation is encouraged when needed.

**Age 3 - 5**

C155 | NES | 4 sessions | \$79

Monday - Thursday, Jul 25 - Jul 28 | 4:30 - 5 pm

## DASH Sports Athleticism Camp

DASH Sports Summer Athleticism camps provide participants with an overall athleticism building camp experience including speed training, agility, endurance, body control/balance, quickness, strength, power, and jumping. Campers should bring a water bottle, snack, and wear athletic clothing. **Age 6 - 12**

C156 | PES | 4 sessions | \$155

Monday - Thursday, Aug 1 - 4 | 9 am - 12 pm



## DASH Sports Phy Ed Games Camp

DASH Sports Phy Ed Games camp provides participants with a fun experience learning and playing your favorite physical education games! Games will include: Capture the Flag, Kickball, Dodgeball, Tag games, Sharks and Minnows, and more! Campers should bring a snack and a water bottle. All other equipment is provided. **Age 6 - 12**

**C157 | PES | 4 sessions | \$155**  
**Monday - Thursday, Aug 1 - 4 | 1 - 4 pm**

## DASH Sports NFL Flag Football Tykes Camp

Dash Sports NFL Flag Football Tykes camps provide players with an introductory experience to the great game of football in a little to no contact safe environment. Key elements of passing, catching, rushing, and defense will be taught and practiced. Each player receives an official NFL Flag Jersey and flag belts to keep. Athletes should bring a water bottle (spikes/cleats are optional). Footballs and flag belts are provided. Parent participation is encouraged when needed. **Age 3 - 5**

**C158 | WMS | 4 sessions | \$95**  
**Monday - Thursday, Aug 8 - Aug 11 | 4:30 - 5 pm**

## DASH Sports NFL Flag Football Camp

Dash Sports officially licensed NFL flag football camps provide players with a well-rounded football experience in a little to no contact safe environment. Key elements of passing, catching, rushing, and defense will be taught and practiced daily. Each player receives an official NFL Flag Jersey and flag belts to keep. Athletes should bring a water bottle and a snack (spikes/cleats, and mouthguards are optional). Football and other equipment is provided.

**WMS | 4 sessions | \$185**

**Age 5 - 8 | C160 | Monday - Thursday, Aug 8 - Aug 11 | 9 am - 12 pm**

**Age 9 - 12 | C159 | Monday - Thursday, Aug 8 - Aug 11 | 1 - 4 pm**

## DASH Sports Triple Sport Camp

DASH Sports summer Triple-Sports camp includes fun skills training and games in three sports: Soccer, Basketball, and Flag Football. Key sports skills will be taught and practiced in all 3 sports including: dribbling, passing, shooting, defense, and more! Campers should bring a water bottle, lunch, two snacks, and athletic shoes and clothing. All equipment is provided. **Age 5 - 12**

**C161 | LMS | 4 sessions | \$249**  
**Monday - Thursday, Aug 15 - Aug 18 | 9 am - 4 pm**



## Go Girl Football

Go Girl Football will be offering a girls only flag football league in South Washington County Schools area this summer. We are offering three different age groups for athletes to compete in. (4th/5th/6th grades) (7th/8th/9th grades) (10th/11th/12th grades) Each game consists of two 20 minute halves of playing 5 on 5 flag football. Teams can practice all they want prior to and during the season. Games will occur on Sundays from 4:30 - 6:45 PM. (depending on age group) The deadline to register is April 1, 2022!

**CGMS | 8 sessions | \$90**

**Grade 4 - 6 | C131 | Sundays, May 1 - Jun 26 | 4:30 - 5:15 pm**

**Grade 7 - 9 | C132 | Sundays, May 1 - Jun 26 | 5:15 - 6 pm**

**Grade 10 - 12 | C133 | Sundays, May 1 - Jun 26 | 6 - 6:45 pm**

## 24th Annual Summer Activity and Sports Camp

Come join Mrs. Tester's 24th Annual Young Kids Summer Activity Camp. The week will include favorite recreational games from PE class. Kids from all over the district will have the opportunity to enjoy a wide variety of games such as; rip flag activities, gator ball, tag games, and many more. If there is enough interest, a second summer session will be added in August. **Grade K - 3**

**C400 | CGES | 4 sessions | \$45**  
**Monday - Thursday, Jun 6 - Jun 9 | 10:30 am - 12 pm**

Register online at [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

# CAMPS & CLINICS

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## Kealy Volleyball Academy (KVA)

Dedicated to providing aspiring athletes with the best volleyball training at an affordable price. Our mission is to educate, develop, prepare and inspire our young volleyball players so that they can reach their personal goals. KVA director, Sara Kealy, is the varsity volleyball coach in River Falls, WI.

**Grade 3 - 5 | C401 | LMS | 4 sessions | \$120**  
Monday - Thursday, Jun 13 - Jun 16 | 1 - 3 pm

**Grade 6 - 8 | C402 | LMS | 4 sessions | \$170**  
Monday - Thursday, Jun 13 - Jun 16 | 9 am - 12 pm

## Soar Tennis Academy

The participants in this class should be at the beginner level and/or for those new to the game of tennis. The focus will be on being able to rally with proper grips and techniques as well as beginning to learn the serve. Increasing the student's athleticism, agility, balance and fine motor skills will also be a key focal point. Please bring your appropriate sized tennis racket and a water bottle. **Age 8 - 10**

**WHS | 4 sessions | \$155**

**C505 | Monday - Thursday, Jun 20 - Jun 23 | 2:30 - 3:30 pm**

**C506 | Monday - Thursday, Jun 27 - Jun 30 | 2:30 - 3:30 pm**

**C507 | Monday - Thursday, Jul 11 - Jul 14 | 2:30 - 3:30 pm**

**C508 | Monday - Thursday, Jul 18 - Jul 21 | 2:30 - 3:30 pm**

**C509 | Monday - Thursday, Aug 1 - Aug 4 | 2:30 - 3:30 pm**

## Soar Tennis Academy

The emphasis of this class is to continue to cultivate enjoyment of the game of tennis while building on the beginner skills the participants have acquired. The focus will be on building proper mechanics and beginning to apply them into rallies and point play. Please bring a tennis racket and water bottle. **Age 11 - 13**

**WHS | 4 sessions | \$155**

**C531 | Monday - Thursday, Jun 20 - Jun 23 | 3:45 - 4:45 pm**

**C532 | Monday - Thursday, Jun 27 - Jun 30 | 3:45 - 4:45 pm**

**C533 | Monday - Thursday, Jul 11 - Jul 14 | 3:45 - 4:45 pm**

**C534 | Monday - Thursday, Jul 18 - Jul 21 | 3:45 - 4:45 pm**

**C535 | Monday - Thursday, Aug 1 - Aug 4 | 3:45 - 4:45 pm**

## Minnesota Youth Athletic Services (MYAS) Rising Stars Advanced Basketball Camps

At our advanced basketball summer skills camps, players will polish their defensive mechanics, passing, shooting and dribbling techniques and showcase their skills through competitive challenges. In addition, players will compete in a league throughout the entire week leading up to the championship tournament the final day of camp.

**OMS | 4 sessions | \$160**

**Grade 3 - 6 | C536 | Monday - Thursday, Aug 1 - Aug 4 | 9 am - 12 pm**

**Grade 3 - 6 | C538 | Monday - Thursday, Aug 15 - Aug 18 | 9 am - 12 pm**

**Grade 7 - 9 | C537 | Monday - Thursday, Aug 1 - Aug 4 | 1 - 4 pm**

**Grade 7 - 9 | C539 | Monday - Thursday, Aug 15 - Aug 18 | 1 - 4 pm**

## Thunderbolts Adapted Athletic Camp

The Thunderbolts Adapted Athletic Camp provides opportunities for cognitively impaired students. The Thunderbolts are an Official Varsity Sports Program and a member of the Minnesota State High School League (MSHSL). This opportunity is available for students with various disabilities at all District #833 Schools in grades 7-12. They learn to play soccer and compete against other teams. In addition, the Thunderbolts is a co-ed team that also provides tremendous social opportunities as well to help the athletes gain confidence and build a positive self-image.

**Grades 7 - 12**

**C491 | LMS | 4 sessions | \$110**

**Monday - Thursday, Aug 8 - Aug 11 | 9 - 11 am**







# East Ridge Raptor Sports



## Raptor Speed and Strength Summer Program

Raptor Speed & Strength, in partnership with Training HAUS, is designed to develop all elements of sport performance including strength, speed, power, conditioning, and mobility as well as to reduce the risk of injury. Nutrition education will also be provided by Training HAUS's Sport Dietitians. Camp will not meet July 4-8th. Participants will receive a t-shirt.

### Grade 9 - 12 Football Players (entering fall 2022)

C525 | ERHS | 32 sessions | \$265

Monday - Thursday, Jun 6 - Aug 4 | 6:45 - 8 am

### Grade 9 - 12 Basketball players boys & girls (entering fall 2022)

C526 | ERHS | 32 sessions | \$265

Monday - Thursday, Jun 6 - Aug 4 | 8 - 9:15 am

### Grade 9 - 12 All sports players boys & girls (entering fall 2022)

ERHS | 32 sessions | \$265

C527 | Monday - Thursday, Jun 6 - Aug 4 | 9:15 - 10:30 am

C528 | Monday - Thursday, Jun 6 - Aug 4 | 10:30 - 11:45 am

### Grade 7 - 8 All sports players boys & girls (entering fall 2022)

ERHS | 32 sessions | \$265

C529 | Monday - Thursday, Jun 6 - Aug 4 | 7:30 - 8:30 am

C530 | Monday - Thursday, Jun 6 - Aug 4 | 8:30 - 9:30 am

## East Ridge Girls Volleyball Attackers Camp

This attacking skills series will focus on developing proper technique and form in the attacking sequence. This includes approach and transition footwork, arm swing mechanics and shot making. Each camper will receive a T-shirt. **Grades 7 - 12** (2022-23 school year).

C485 | ERHS | 6 sessions | \$105

Monday/Wednesday, Jun 6 - Jun 22 | 2:30 - 4 pm

C486 | ERHS | 4 sessions | \$75

Monday/Wednesday, Jul 18 - Jul 27 | 2:30 - 4 pm

## East Ridge Girls Volleyball Open Gym

Open gym volleyball will give girls the opportunity to come and play volleyball. Girls will be expected to self start and initiate play with others. A member of the ERHS Summer program staff will be there to assist and supervise. No class June 28 through July 14. **Grades 7 - 12** (2022-23 school year).

C481 | ERHS | 10 sessions | \$85

Tuesday/Thursday, Jun 7 - Jul 28 | 2:15 - 4 pm

C482 | ERHS | 5 sessions | \$55

Tuesday/Thursday, Jun 7 - Jul 28 | 2:15 - 4 pm

(pick any 5 dates out of the 10 listed above)

## East Ridge Girls Volleyball Ball Control Camp

The ball control camp will focus on training proper technique and movement in serve receive and defense. Each camper will receive a T-shirt.

**Grades 7-12** (2022-23 school year)

C483 | ERHS | 6 sessions | \$105

Monday/Wednesday, Jun 6 - Jun 22 | 12:45 - 2:15 pm

C484 | ERHS | 4 sessions | \$75

Monday/Wednesday, Jul 18 - Jul 27 | 12:45 - 2:15 pm

## East Ridge Girls Volleyball Setting Camp

This five week setting skills series will focus on training the complete setter. Development in the areas of setting, footwork, hand placement, setting release and location will be major areas of focus. No Camp June 28-July 14. Each camper will receive a T-shirt. **Grades 7 - 12** (2022-23 school year)

C478 | ERHS | 10 sessions | \$150

Tuesday/Thursday, Jun 7 - Jul 28 | 12:45 - 2:15 pm

## ERHS Volleyball All Skills Camp

The ERHS coaching staff and players are offering a fun and exciting opportunity for your daughter(s) to learn, practice and play volleyball. This 'all skills' camp will focus on basic skill development and promote enjoyment for the sport of volleyball. Each camper will receive a T-shirt. **Grades 2 - 9** (2022-23 school year)

Grade 2 - 6 C480 | ERHS | 4 sessions | \$85

Monday - Thursday, Jul 11 - Jul 14 | 9 - 11 am

Grade 7 - 9 C488 | ERHS | 4 sessions | \$95

Monday - Thursday, Jul 11 - Jul 14 | 12 - 2:30 pm

## East Ridge Volleyball All Skills Clinic

This four day clinic will be put on by the ERHS coaching staff and players. This clinic will focus on serving, passing and attacking with the focus on competition and game play. Each camper will receive a T-shirt.

Grade 3 - 6 C479 | ERHS | 4 sessions | \$80

Monday - Thursday, Jun 27 - Jun 30 | 12:45 - 2:15 pm

Grade 7 - 9 C487 | ERHS | 4 sessions | \$80

Monday - Thursday, Jun 27 - Jun 30 | 2:30 - 4 pm

Register online at [sowashco.ce.eleyo.com](https://sowashco.ce.eleyo.com)

# CAMPS & CLINICS

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## East Ridge Raptor Sports

### East Ridge 3rd - 5th Grade Boys Basketball Camp

This is the East Ridge Boys Basketball summer workout program that will be run by the East Ridge coaching staff. A typical session will consist of skill development drills (shooting, ball handling, one one one moves, footwork), 1on1, 3on3, 5on5 games. The main focus of the workouts will be on improving individual fundamentals and building program chemistry! No Camp on July 4-7 or July 11-14. Each camper will receive a T-shirt. **Grade 3 - 5**

C474 | ERHS | 20 sessions | \$275  
Monday - Thursday, Jun 13 - Jul 28 | 9:30 - 10:40 am

### East Ridge High School Boys Basketball Skills and Drills Camp (Summer Workouts)

This is the East Ridge Boys Basketball summer workout program that will be run by the East Ridge coaching staff. A typical session will consist of skill development drills (shooting, ball handling, one one one moves, footwork), 1on1, 3on3, 5on5 games. The main focus of the workouts will be on improving individual fundamentals and building program chemistry! No camp July 4 - 7.

**Grade 9 - 12**

C476 | ERHS | 26 sessions | \$200  
Monday - Thursday, Jun 8 - Jul 28 | 6:45 - 8 am

### East Ridge Girls Basketball Summer Skills Camp

This is the East Ridge Girls Basketball Summer Skills program that will be run by the ERHS coaching staff and trainers. Sessions will consist of skill development drills (shooting, dribbling, footwork) and individual offensive skills. Campers will receive a T-shirt. **Grade 8 - 12**

C516 | ERHS | 19 sessions | \$200  
Monday - Thursday, Jun 13 - Jul 28 | 6:45 - 8 am



### East Ridge Girls Basketball High School Summer Development Workouts

All student athletes will be led by the East Ridge Girls Basketball Staff that will guide them through different areas of foundational development. These areas will consist of: Ball control, passing, shooting, dynamic driving & finishing and balance & footwork. A special emphasis will be placed on skill development. Each participant will receive a T-shirt.

ERHS | 3 sessions | \$90

**Grade 4 - 5**

C512 | Mon, Tue, Thu, Jun 13 - Jun 16 | 10:45 am - 12 pm

C513 | Mon, Tue, Thu, Jun 27 - Jun 30 | 10:45 am - 12 pm

**Grade 6 - 7**

C514 | Mon, Tue, Thu, Jun 20 - Jun 23 | 10:45 am - 12 pm

C515 | Mon, Tue, Thu, Jul 18 - Jul 21 | 10:45 am - 12 pm

### East Ridge Middle School Boys Basketball Camp

This is the East Ridge Boys Basketball summer workout program that will be run by the East Ridge coaching staff. A typical session will consist of skill development drills (shooting, ball handling, one one one moves, footwork), 1on1, 3on3, 5on5 games. No camp July 4-7 or July 11-14. Each camper will receive a T-shirt. **Grade 6 - 8**

C475 | ERHS | 20 sessions | \$275  
Monday - Thursday, Jun 13 - Jul 28 | 8:10 - 9:20 am

## East Ridge Little Raptors Boys and Girls Basketball Camp

Welcomes boys and girls basketball players! Little Raptors camp will focus on basketballs core fundamentals and provide all participants an opportunity to improve and have fun. Ball-handling, footwork, passing, and shooting drills will be the main weekly focus. No camp July 6. Each camper will receive a T-shirt. **Grade K - 2**

C477 | ERHS | 5 sessions | \$85  
Wednesdays, Jun 15 - Jul 27 | 11 am - 12 pm

## East Ridge Little Raptors Girls Basketball Camp

Let's heat up the gym this summer for the GIRLS. This special clinic will offer an opportunity for girls in grades K-3 to elevate their game over summer break. The clinics will focus on basic skills, development, teamwork and summer fun. Each participant will receive a raptors t-shirt and other exclusive prizes. **Grade K - 3**

C548 | OMS | 3 sessions | \$50  
Fridays, Jun 10 - Jun 24 | 8:30 - 9:30 am

## East Ridge High School Horizontal Jumps Camp

ERHS is offering its 5th annual Horizontal Jumps Camp! This will be run by the boys track and field head jumps coach Kelsey Joson and Woodbury High School jumps coach Tre Sayles. This camp will give you quality instruction, repetition and experience in long jump and triple jump.

**Grade 6 - 12**

ERHS | 4 sessions | \$160  
C489 | Monday - Thursday, Jun 27 - Jun 30 | 11 am - 1 pm  
C417 | Monday - Thursday, Jul 25 - Jul 28 | 11 am - 1 pm

## Mini Raptors Summer Soccer Camp

Young players will work with ERHS coach Tim Bunnell and coaches/players from the ERHS high school program. The camp will focus on helping players learn the game of soccer, develop skills to be successful, and having fun playing games that will support their development. Fee includes a soccer ball. **Grade 5 - 9**

C492 | ERHS | 5 sessions | \$100  
Monday - Friday, Jul 25 - Jul 29 | 9 - 11 am

## ERHS Boys' and Girls' Soccer Academy Skills Camp

ERHS Boys' and Girls Soccer Academy Skills Camp with Coach Anthony Bidwell. The framework of the training is structured on free play, game infused technical training, building confidence, and building strong friendships. All players will receive a ball for registration. **Register before June 7th and pay \$85. After June 7th the price will go up to \$110. Age 5 - 12**

C494 | ERHS | 5 sessions | \$85 before Jun 7, \$110 after Jun 7  
Monday - Friday, Jul 25 - Jul 29 | 9 - 11:30 am

## ERHS Boys' Soccer Try-Out Prep Camp

ERHS Boys' Soccer Try-Out Prep Camp with Coach Anthony Bidwell. This camp caters towards players who want to prepare themselves for their upcoming ERHS soccer tryouts. The focus will be on sharpening player's technical skills, individual tactics, small group tactics, and overall 11v11 team tactic skills. All participants will receive a soccer ball with registration. **Register before June 7th for \$128. After June 7th the price will go up to \$175. Grade 7 - 12**

C493 | ERHS | 5 sessions | \$128 Before Jun 7, \$175 after Jun 7  
Monday - Friday, Jul 25 - Jul 29 | 12 - 3 pm

## ERHS Raptors Girls Soccer Pre-Tryout Camp

Our high school prep camp is for prospective high school soccer players, as well as the competitive middle school soccer players, who aspire to compete at the high school level someday. The focus will be on fitness, technical skill development, and competition. Athletes will be taken through drills/activities that they will see during the ERHS tryout week evaluation.

**Grade 7 - 12**

C490 | ERHS | 5 sessions | \$120  
Monday - Friday, Jul 25 - Jul 29 | 12 - 3 pm



Register online at [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)



# CAMPS & CLINICS

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## Park Wolfpack Sports

### Wolfpack NEXT ALPHAS' Boys Basketball Camp

This camp welcomes beginners as well as athletes that have experience playing with an organized team and want to continue to polish their fundamentals while learning some other new skills. Campers please bring a basketball and filled water bottle. Each camper will receive a T-shirt. **Grade 4 - 8**

C500 | CGMS | 16 sessions | \$250  
Monday - Thursday, Jun 6 - Jun 30 | 10:30 - 11:45 am  
C502 | CGMS | 28 sessions | \$300  
Monday - Thursday, Jun 6 - Jul 28 | 10:30 - 11:45 am  
C501 | CGMS | 12 sessions | \$200  
Monday - Thursday, Jul 11 - Jul 28 | 10:30 - 11:45 am

### Wolfpack Phamily Basketball Camp

This camp welcomes athletes who intend on playing basketball at Park High School during the 2022-23 season. These athletes should have experience playing with an organized team and want to continue to polish their fundamentals while learning some other new skills. Campers please bring a filled water bottle. Each camper will receive a T-shirt. **Grade 9 - 12**

C503 | CGMS | 28 sessions | \$300  
Monday - Thursday, Jun 6 - Jul 28 | 9 - 10:15 am

### Wolfpack Pups Basketball Camp

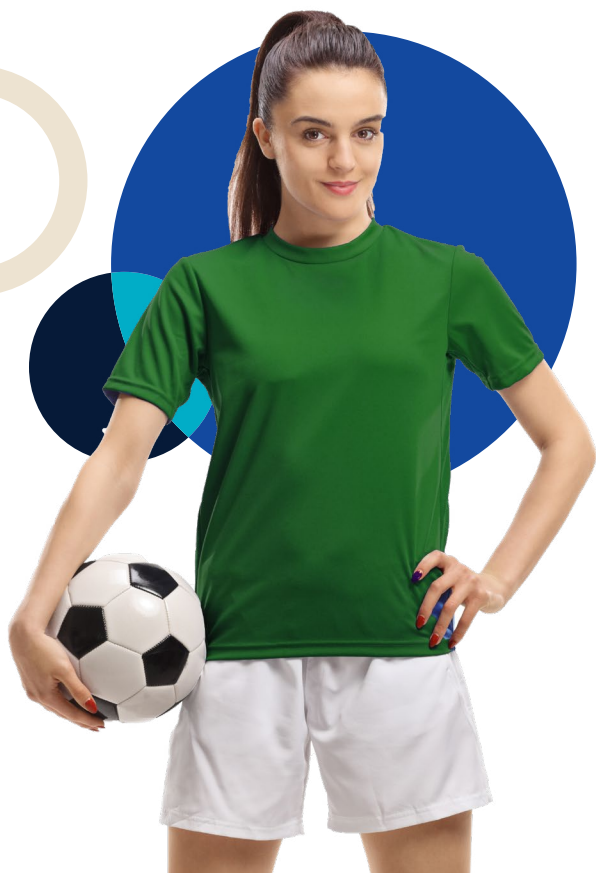
Camp is for beginner basketball players in which we will focus on introducing fundamentals such as passing, dribbling, and shooting. We will also play games and simulate game-like situations appropriate for this age group. Each camper will receive a T-shirt. **Grade K - 3**

C504 | HES | 8 sessions | \$150  
Monday - Thursday, Jun 6 - Jun 16 | 12 - 1 pm

### Park Wolfpack Girls' Summer Basketball Skills Camp

Young, aspiring girls basketball players can join Coach Stephanie Tolkinen and the PHS Girls Basketball staff for an opportunity to improve their individual basketball skills in a fun and challenging atmosphere. Participants will gain skill lessons that will help them improve their basketball skills necessary for the game play. Participants will receive a T-shirt. **To receive a CGAA \$10 discount you must register in person at Community Education.**

**Grade K - 2** C429 | OMS | 8 sessions | \$75  
Monday - Thursday, Jun 13 - Jun 23 | 11:30 am - 12:30 pm  
**Grade 3 - 6** C430 | OMS | 8 sessions | \$100  
Monday - Thursday, Jun 13 - Jun 23 | 9:45 - 11:15 am  
**Grade 3 - 6** C432 | OMS | 6 sessions | \$80  
Tuesday/Thursday, Jul 12 - Jul 28 | 9:45 - 11:15 am  
**Grade 7 - 12** C431 | OMS | 18 sessions | \$125  
Tuesday - Thursday, Jun 14 - Jul 28 | 8 - 9:30 am



## Wolfpack Summer Training Program

Wolfpack Summer Strength and Conditioning Camp Grades 7-12 with Coach Doug Staley. Camp will focus on the strength and conditioning of a multi-sport athlete. It will be spent primarily in the weight room and on the turf and track in the stadium. Strength, speed and agility will be trained each day with an emphasis on technique and proper mechanics. Athletes should bring their own water bottle. Each athlete will receive a T-shirt.

**Grade 9 - 12 (entering fall 2022)**

C470 | PHS | 21 sessions | \$165

Monday, Tuesday, Thursday, Jun 6 - Jul 28 | 10:30 - 11:45 am

C471 | PHS | 21 sessions | \$165

Monday, Tuesday, Thursday, Jun 6 - Jul 28 | 11:30 am - 12:45 pm

C472 | PHS | 21 sessions | \$165

Monday, Tuesday, Thursday, Jun 6 - Jul 28 | 12:30 - 1:45 pm

**Grade 7 - 8 (entering fall 2022)**

C473 | PHS | 21 sessions | \$145

Monday, Tuesday, Thursday, Jun 6 - Jul 28 | 1:30 - 2:30 pm

## Park Wolfpack Boy's/Girls' High Performance Tennis Camp

This camp will be held at East Ridge due to Park tennis courts being resurfaced. This camp is also open to first year players that want more intense training and are planning on playing boys or girls tennis for the upcoming season. We will focus on advanced technique and fundamentals, drill patterns and tactical situations involved with singles and doubles. Fees may be pro-rated if a student is not available for all four weeks (\$22/week). No class July 4-8. **Grade 7 - 12**

C469 | ERHS | 12 sessions | \$88

Monday, Wednesday, Friday, Jun 13 - Jul 15 | 2 - 3:45 pm

## Park Wolfpack Boy's/Girls' Tennis Camp

This camp will be held at the East Ridge tennis courts due to the Park tennis courts being resurfaced. The first two sessions will focus on the Quickstart program. The third session will be a more advanced session and will focus on all the fundamentals of tennis along with techniques and match scoring. Friday will serve as a rain date if needed. Each camper will receive a camp gift.

**Age 5 - 8 C446 | ERHS | 4 sessions | \$55**

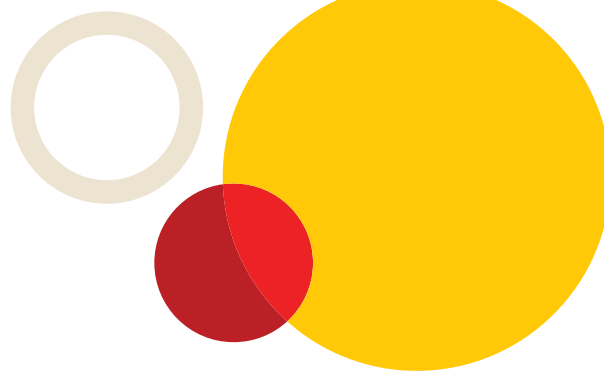
Monday - Thursday, Jul 25 - Jul 28 | 2 - 3:15 pm

**Age 9 - 10 C467 | ERHS | 4 sessions | \$55**

Monday - Thursday, Jul 25 - Jul 28 | 3:30 - 4:45 pm

**Age 11 - 17 C468 | ERHS | 4 sessions | \$55**

Monday - Thursday, Jul 25 - Jul 28 | 5 - 6:15 pm



## Park Wolfpack Volleyball Camp

This three week volleyball camp will focus on both individual skills as well as team concepts. There will be skill development in setting, passing, hitting and blocking. There will also be development in team defense, offense, and serve receive. Participants will receive a T-shirt.

**Grade 6 - 8 (entering fall 2022)**

C433 | CGMS | 12 sessions | \$200

Monday - Thursday, Jul 11 - Jul 28 | 2:15 - 3:45 pm

**Grade 9 - 12 (entering fall 2022)**

C434 | CGMS | 12 sessions | \$250

Monday - Thursday, Jul 11 - Jul 28 | 12 - 2 pm

## Park High School Boys and Girls Wolfpack Soccer Camp

This camp will stress fundamentals of the game, plus provide loads of fun! Camp counselors are PHS Soccer Coaches and players. Fee includes a camp T-shirt.

**Age 3- 5 C435 | PHS | 4 sessions | \$65**

Monday - Thursday, Jul 25 - Jul 28 | 9 - 10:30 am

**Grade K - 5 (entering fall 2022)**

C436 | PHS | 4 sessions | \$85

Monday - Thursday, Jul 25 - Jul 28 | 9 - 11 am

**Grade 6 - 7 (entering fall 2022)**

C437 | PHS | 4 sessions | \$85

Monday - Thursday, Jul 25 - Jul 28 | 9 - 11 am

## Park High School Girls Wolfpack Soccer Camp

PHS Girls Wolfpack Soccer Camp will stress fundamentals of the game, plus provide loads of fun! Prepare for high school soccer season and improve technical skills and decision making in games. Camp counselors include PHS Soccer Coaches. Fee includes a camp T-shirt.

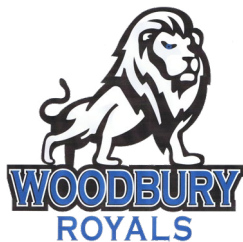
**Grade 8 - 12**

C438 | PHS | 4 sessions | \$85

Monday - Thursday, Jul 25 - Jul 28 | 11:30 am - 1:30 pm

# CAMPS & CLINICS

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## Woodbury Royals Sports

### Royal Power and Speed

This program focuses on the development of speed, strength, agility, and explosiveness for athletes in all sports. The program will be run at Woodbury High School by the professionals from ETS. ETS is the leading training program for elite athletes – high school, college, and professional – in the Twin Cities Metro Area. This year there are two options for athletes: a 4-day per week program and a 2-day per week program. All participants will receive a T-shirt. No camp July 4 – 7.

**Grade 10 - 12 Football and Boys Basketball**  
C424 | WHS | 32 sessions | \$225  
Monday - Thursday, Jun 6 - Aug 4 | 7:30 - 9 am

**Grade 9 - 12 Varsity Athletes**  
C425 | WHS | 32 sessions | \$225  
Monday - Thursday, Jun 6 - Aug 4 | 8:15 - 9:45 am

**Grade 9 - 12 Varsity Athletes**  
C426 | WHS | 32 sessions | \$225  
Monday - Thursday, Jun 6 - Aug 4 | 9 - 10:30 am

**Grade 7 - 12 Two Day Training**  
C427 | WHS | 16 sessions | \$175  
Monday/Wednesday, Jun 6 - Aug 3 | 9:45 - 11 am

**Grade 6 - 8 Middle School Only Training**  
C428 | WHS | 16 sessions | \$175  
Tuesday/Thursday, Jun 7 - Aug 4 | 9:45 - 11 am



### Woodbury Boys and Girls Summer Tennis Camps

This camp will consist of the tennis basics while mixing in games and match play for all ages and abilities. We will separate the groups by age and ability, all players are welcome and we plan on having a lot of fun on the courts. No camp July 4-7. **Age 9 – 18**

WHS | 4 sessions | \$60

C409 | Monday - Thursday, Jun 13 - Jun 16 | 9 - 10:30 am

C410 | Monday - Thursday, Jun 20 - Jun 23 | 9 - 10:30 am

C411 | Monday - Thursday, Jun 27 - Jun 30 | 9 - 10:30 am

C412 | Monday - Thursday, Jul 11 - Jul 14 | 9 - 10:30 am

C413 | Monday - Thursday, Jul 18 - Jul 21 | 9 - 10:30 am

C414 | Monday - Thursday, Jul 25 - Jul 28 | 9 - 10:30 am

### Woodbury Royals Tennis Team Summer Camp

This camp is open to all Varsity/JV/C boys and girls players at Woodbury High School and open to girls and boys looking to play at Woodbury High School during the 2022-2023 school year. Campers must live in the Woodbury High School attendance boundaries. Training will be held at WHS tennis courts. **Age 11 – 18**

WHS | 4 sessions | \$60

C540 | Monday - Thursday, Jun 13 - Jun 16 | 10:30 am - 12 pm

C541 | Monday - Thursday, Jun 20 - Jun 23 | 10:30 am - 12 pm

C542 | Monday - Thursday, Jun 27 - Jun 30 | 10:30 am - 12 pm

C543 | Monday - Thursday, Jul 11 - Jul 14 | 10:30 am - 12 pm

C544 | Monday - Thursday, Jul 18 - Jul 21 | 10:30 am - 12 pm

C545 | Monday - Thursday, Jul 25 - Jul 28 | 10:30 am - 12 pm

### Woodbury High School Boys' Elementary Basketball Camp

Campers will learn and improve basketball skills working with the Woodbury Varsity Basketball coaches and players. Campers will work on ball handling, passing, shooting and defense during a variety of drills, games and contests. **Grade 1 – 5**

C420 | VCES | 4 sessions | \$60

Monday - Thursday, Jun 20 - Jun 23 | 2:30 - 4 pm



## Woodbury Girls Basketball Open Gym Training Program

Come join in on this summer long girls' basketball training opportunity for your athlete. She will be able to work on the key fundamental skills of dribbling, shooting and footwork. Help her to elevate her game to the next level by working with Head Coach Megan Kirchenwitz and coaching staff. No camp July 5-7.

**Grade 4 - 7 C415 | WMS | 18 sessions | \$100**  
Tuesday - Thursday, Jun 14 - Jul 28 | 8 - 9:30 am

**Grade 8 - 12 C416 | WMS | 18 sessions | \$100**  
Tuesday - Thursday, Jun 14 - Jul 28 | 9:45 - 11:15 am

## Woodbury High School Boys' Basketball Skills and Drills Camp

Players will work directly with Woodbury High School Basketball coaches in intense and competitive skills and drills. Includes work on ball handling, passing, shooting and defense during a variety of drills, games and contests. Skill sessions are designed for players with traveling team and/or high school basketball experience. No camp July 4-7.

**Grade 11 - 12 C421 | VCES/LMS | 24 sessions | \$170**  
Monday - Thursday, Jun 13 - Jul 28 | 9:30 - 10:45 am

**Grade 9 - 10 C422 | VCES/LMS | 24 sessions | \$170**  
Monday - Thursday, Jun 13 - Jul 28 | 10:15 - 11:30 am

**Grade 6 - 8 C423 | VCES/LMS | 18 sessions | \$150**  
Tuesday - Thursday, Jun 14 - Jul 28 | 11:30 am - 12:30 pm

**Grade 4 - 5 C499 | VCES/LMS | 12 | \$100**  
Tuesday/Thursday, Jun 14 - Jul 28 | 12:30 - 1:30 pm

## Woodbury High School - Elementary Girls Basketball Camp

A four day camp designed for girls entering grades K-6 this Fall (2022). The girls will be involved in a high energy learning environment working on fundamental skills. Our little Royals will also get to take part in many competitive drills and skills competitions. Camp will be led by the WHS girls coaching staff. Players receive a T-shirt. **Grade K - 6**

**C406 | VCES | 4 sessions | \$75**  
Monday - Thursday, Jun 27 - Jun 30 | 12:30 - 2 pm

**C407 | OMS | 4 sessions | \$75**  
Monday - Thursday, Jul 25 - Jul 28 | 12:30 - 2 pm

## Woodbury High School - Middle School Girls Basketball Camp

A four day camp designed for girls entering grades 6-8 this fall (2022). The girls will be involved in a high energy learning environment working on fundamental skills, x's/o's, and skill development. Camp will be led by the WHS coaching staff. Players will receive a T-shirt.

**Grade 6 - 8**

**C408 | VCES | 4 sessions | \$75**  
Monday - Thursday, Jun 27 - Jun 30 | 2:30 - 4 pm

## Middle School Football Camp

This is a great opportunity to be introduced to the Woodbury High School offensive and defensive football schemes. Every day we will work on the instructions within the fundamentals of positional and group work, and each day of camp will end with competitive games and contests. Players can select their primary offensive and defensive positions for the camp, and they will be instructed by WHS varsity coaches and players. Every participant will receive a T-shirt. **Grade 6 - 8**

**C511 | WHS | 4 sessions | \$85**  
Monday - Thursday, Jul 25 - Jul 28 | 12 - 2 pm

## 2022 Junior Royals "Under the Lights" Football Camp

This camp focuses on the instructions of the fundamentals of the game of football, as well as competitive and fun games every day of camp. Woodbury High School varsity players and coaches serve as the coaches and camp directors. Each camper will receive a T-Shirt.

**Grade 1 - 5**

**C510 | WHS | 4 sessions | \$85**  
Monday - Thursday, Aug 1 - Aug 4 | 7 - 9 pm



Register online at [sowashco.ce.eleyo.com](https://sowashco.ce.eleyo.com)

# CAMPS & CLINICS

Click on the class title to register,  
or visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)



## Woodbury Royals Sports

### Ariel Sports Team Training

"Teamwork Makes the Dreamwork." Jump Start your summer Wednesdays and train with the team. Join Woodbury High School Swim and Dive Coaches Megan and Liz for a unique training opportunity. Increase your potential, build a strong foundation physically, mentally and emotionally for yourself and fall season 2022. Bracelets for each participant. Bring a water bottle and wear tennis shoes. **Grade 7 - 12**

**C497 | WHS | 6 sessions | \$30**  
Wednesdays, Jun 15 - Jul 27 | 7 - 8 am



### Woodbury High School Volleyball Camp

This 12 day volleyball camp (with a 6 day option as well) is focused on key volleyball skills. Student athletes will learn the fundamentals of the sport while experiencing what it takes to be a high level volleyball player. This camp will be coached by Brad English, WHS Volleyball Coach and his coaching staff. No camp July 5-7. Each camper will receive a T-shirt. **Grade 9 - 12**

**C418 | LMS | 12 sessions | \$180**  
Tuesday/Thursday, Jun 14 - Jul 28 | 6 - 8 pm

**C419 | LMS | 6 sessions | \$110**  
Tuesday/Thursday, Jul 12 - Jul 28 | 6 - 8 pm

### Woodbury Volleyball Camp

Volleyball is energizing, exciting and most importantly, fun! Led by the Woodbury High School Head Coach, Brad English, his coaching staff and Varsity players. This camp will help our young athletes realize the full joy of the sport by advancing their knowledge of the game and incorporating new volleyball techniques.

**Grade K - 4 C546 | LMS | 3 sessions | \$75**  
Monday - Wednesday, Jul -18 - Jul 20 | 4 - 6 pm

**Grade 5 - 8 C547 | LMS | 4 sessions | \$80**  
Monday - Thursday, Jul 25 - Jul 28 | 4 - 6 pm

# CAMPS & CLINICS - SWIM



## Co-ed Summer Swim League Sea Turtles

Join local high school coaches Amanda (PHS) and Liz (WHS) for stellar summer swim training. Increase your speed potential in the water and create a strong foundation for your middle school/high school season. Sign up per week or all 6 weeks. Participants will receive a Sea Turtles swim cap, personal time chart and ribbons from the swim meet.

### CGMS | 24 sessions | \$525 Grade 10 - 12

C445 | Monday - Thursday, Jun -13 - Jul 28 | 3 - 4 pm, Thu 4 - 6 pm

Grade 7 - 9

C405 | Monday - Thursday, Jun -13 - Jul 28 | 4 - 5 pm, Thu 4 - 6 pm

Age 10 - 12

C461 | Monday - Thursday, Jun -13 - Jul 28 | 5 - 6 pm, Thu 4 - 6 pm

### CGMS | 4 sessions | \$100 Grade 10 - 12

C439 | Monday - Thursday, Jun -13 - Jun 16 | 3 - 4 pm, Thu 4 - 6 pm

Grade 7 - 9

C447 | Monday - Thursday Jun 13 - Jun 16 | 4 - 5 pm, Thu 4 - 6 pm

Age 10 - 12

C455 | Monday - Thursday Jun 13 - Jun 16 | 5 - 6 pm, Thu 4 - 6 pm

Grade 10 - 12

C440 | Monday - Thursday Jun 20 - Jun 23 | 3 - 4 pm, Thu 4 - 6 pm

Grade 7 - 9

C448 | Monday - Thursday, Jun 20 - Jun 23 | 4 - 5 pm, Thu 4 - 6 pm

Age 10 - 12

C456 | Monday - Thursday, Jun 20 - Jun 23 | 5 - 6 pm, Thu 4 - 6 pm

Grade 10 - 12

C441 | Monday - Thursday, Jun 27 - Jun 30 | 3 - 4 pm, Thu 4 - 6 pm

Grade 7 - 9

C449 | Monday - Thursday, Jun 27 - Jun 30 | 4 - 5 pm, Thu 4 - 6 pm

Age 10 - 12

C457 | Monday - Thursday, Jun 27 - Jun 30 | 5 - 6 pm, Thu 4 - 6 pm

Grade 10 - 12

C442 | Monday - Thursday, Jul 11 - Jul 14 | 3 - 4 pm, Thu 4 - 6 pm

Grade 7 - 9

C450 | Monday - Thursday, Jul 11 - Jul 14 | 4 - 5 pm, Thu 4 - 6 pm

Age 10 - 12

C458 | Monday - Thursday, Jul 11 - Jul 14 | 5 - 6 pm, Thu 4 - 6 pm

Grade 10 - 12

C443 | Monday - Thursday, Jul 18 - Jul 21 | 3 - 4 pm, Thu 4 - 6 pm

Grade 7 - 9

C403 | Monday - Thursday, Jul 18 - Jul 21 | 4 - 5 pm, Thu 4 - 6 pm

Age 10 - 12

C459 | Monday - Thursday, Jul 18 - Jul 21 | 5 - 6 pm, Thu 4 - 6 pm

Grade 10 - 12

C444 | Monday - Thursday, Jul 25 - Jul 28 | 3 - 4 pm, Thu 4 - 6 pm

Grade 7 - 9

C404 | Monday - Thursday, Jul 25 - Jul 28 | 4 - 5 pm, Thu 4 - 6 pm

Age 10 - 12

C460 | Monday - Thursday, Jul 25 - Jul 28 | 5 - 6 pm, Thu 4 - 6 pm



Register online at [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)



# GYMNASTICS

## District 833 Community Education Gymnastics Program

We offer year-round evening and weekend classes for girls and boys ages 18 months – 18 years old. It is our goal to teach in a positive, fun and safe environment. Through gymnastics, we strive to develop self-esteem and physical fitness. Our program is suited for recreational, developmental and competitive gymnasts. We offer classes at East Ridge, Park and Woodbury High School. Check out the level descriptions and upcoming schedules and registration deadlines.

### Registration Information

- Deadline dates are posted online.
- Gymnastics registration is due one week before the session begins. This will allow for staff to review rosters and employ adequate number of instructors so we can provide a safe coach/student ratio. As a reminder, please be sure to check online and review your course confirmation for any no class/closed dates.
- If you cancel a class registration BEFORE the registration deadline, a per course processing fee will be deducted from your refund. Class cost \$5-\$124 = \$5 processing fee. Class cost of \$125 and up = \$10 processing fee. No cost transfers to another class in the same session prior to class start and during class session with instructor approval. No refunds will be given after the registration deadline date.
- As a reminder, please be sure to check online and review your course confirmation for any no class/closed dates.
- Visit our [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com) to view all class offerings and to find more detailed information regarding Gymnastics.

### Class Information

There are no make up classes if you miss a class. If we must cancel classes due to weather or other unforeseen reasons, you will be refunded for that one class. Exceptions may include private lessons and competitive team practices

## Classes we offer:

- Parent/Child Classes
  - Preschool
  - School Age
- Competition
- Gymnastics for Cheerleading & Dance
- Boys classes

For a full list of courses, visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com) or [click here](#).





## Park High Gymnastics

**Park High School Gymnastics Center** | 8040 80th Street South, Cottage Grove, MN  
 • Enter through Door 12 near the stadium.

For questions about PHS Gymnastics, contact **Coach Maria Ortiz** at [mortiz@sowashco.org](mailto:mortiz@sowashco.org).  
 For a complete list of classes held at Park High School, visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com) or [click here](#).



## East Ridge Gymnastics

**East Ridge High School Gymnastics Center** | 4200 Pioneer Drive, Woodbury, MN  
 • Enter through the Activities Entrance and follow the first hallway on the right to the gymnastics room.

For questions about ERHS Gymnastics, contact **Coach Caroline Urgo** at [curgo0@sowashco.org](mailto:curgo0@sowashco.org).  
 For a complete list of classes held at East Ridge High School, visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com) or [click here](#).



## Woodbury Gymnastics

**Woodbury High School Gymnastics Center** | 2665 Woodlane Drive, Woodbury, MN  
 • Enter through the South Entrance in the rear of the school.  
 • Go down the stairs to the gymnastics room.

For questions about WHS Gymnastics, contact **Coach Julie Dornseif** at [jdornsei@sowashco.org](mailto:jdornsei@sowashco.org).  
 For a complete list of classes held at Woodbury High School, visit [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com) or [click here](#).

# AQUATICS

## District 833 Community Education Aquatics Program

Our program offers swimming lessons, specialty classes, fitness and recreational opportunities starting at 12 months of age through adult. It is our goal to teach in a positive, fun and safe environment. Throughout our program, we strive to develop self-esteem and physical ability. Lesson information and opportunities can be found on our website, [commed.sowashco.org](http://commed.sowashco.org). Select the 'Aquatics' tab. Coordinate classes and activities by noting course numbers. Then visit our registration site, [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com) to select and register for classes.

### Registration Information

- Aquatics registration is due seven days before the session begins. This will allow review of rosters and to schedule staff for a safe instructor/student ratio.
- Late registration is \$10 per registration and is taken up to 24 hours in advance by calling 651-425-6600.
- As a reminder, please be sure to check online and review your course confirmation for any no class/closed dates.
- Classes are cancelled or combined one week in advance.
- Visit our registration site [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com) to view all class offerings and to find more detailed information regarding Swimming/Aquatics.
- Same season class transfers can be made up to 7 days prior to class start date. After 7 days a fee of \$10 is assessed.

### Class Information

We are unable to offer make-up classes due to limited pool access. Exception is made for private lessons when arrangements are made in advance. If we cancel classes due to weather an email will be sent.



## POOL LOCATIONS

- **Lake Middle School (LMS)**  
3133 Pioneer Dr.  
Woodbury, MN 55125
- **Oltman Middle School (OMS)**  
6625 Goodview Ave. S  
Cottage Grove, MN 55016
- **Cottage Grove Middle School (CGMS)**  
9775 Indian Blvd.  
Cottage Grove, MN 55016
- **Woodbury High School (WHS)**  
2665 Woodlane Dr.  
Woodbury, MN 55125

**Full listing  
of sessions  
available online.**

**Click here!**

**Are you currently  
in swimming lessons  
and don't know  
what class level to  
sign your child up for  
next?**

→ Register them for the level they are currently in, and depending on their progression, we will either move them to the next level, based on availability, or contact you directly to review other options.



## Lifeguard Training Ages 15+

Learn and demonstrate American Red Cross Lifesaving, CPR, AED, and First Aid Skills. Participants will pre-test with a 300 yard swim and 10 pound brick retrieval.

AQ6008 | LMS | 6 sessions | \$275  
Sundays, Apr 24 - Jun 5 | 3 -8 pm

## Boy Scout (BSA) Swim Test

Heading to camp this summer? Want to skip the testing lines when you get there? We will provide all the documents necessary and get you tested in about 20 minutes. All family members welcome!

Multiple dates and times available at CGMS and LMS.  
[Click here for class dates and times.](#)

Full listings available online.

[Click here or visit \[comm.ed.sowashco.org/aquatics\]\(http://comm.ed.sowashco.org/aquatics\)](#)

## Did you know?

**Pools can be rented for parties and other events. For more information, [click here.](#)**

## Additional Course Offerings:

For a full listing of Swimming and Aquatics offerings, please visit the Community Ed website for the most up-to-date information.

Class offerings typically include:

- Toddler
- Preschool
- Beginner
- Intermediate
- Advanced
- Special Needs
- Diving
- Open Swim
- Adult Beginner
- Semi Private
- Private
- Exercise
- Swim Aide Training
- Lap swim

Register online at [sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com)

# EARLY LEARNING

For a list of ECFE classes and schedules, [click here](#)



## Early Childhood Family Education (ECFE) – Birth to Kindergarten

The ECFE program provides an opportunity for young families in the school district community to connect. A typical ECFE class provides:

- Early Childhood Education
- Parent Discussion/Education
- Parent/Child Interaction time

ECFE also provides family events and field trips especially designed for children birth to 5 years and their families.

Classes are held in Woodbury and Cottage Grove:

### Liberty Ridge Site 2 Early Childhood Center

11283 Eagle View Boulevard  
Woodbury, MN 55129

### District Program Center

8400 E. Point Douglas Road.  
Cottage Grove, MN 55016

Have a question about parenting or family resources? ECFE also provides free parent consultations by licensed parent educators. For more information regarding ECFE classes, events, or consultations, please call **651-425-7181**.

Enroll now:

[sowashco.ce.eleyo.com](http://sowashco.ce.eleyo.com) or [click here](#).

Watch for our ECFE early bird Fall, 2022 enrollment to begin in June, 2022.

## EARLY CHILDHOOD SCREENING – Recommended at age 3

Early Childhood Screening is a quick and simple check of how a child is growing and developing. Screening is required by the State of Minnesota for any child enrolling in a public school and is free. Screening sites are in Woodbury at Central Park or in Cottage Grove at the District Program Center.

To schedule a screening appointment, please call: **651-425-6175** or visit our website at: [commed.sowashco.org/earlylearning](http://commed.sowashco.org/earlylearning)



# PRESCHOOL

## PRESCHOOL - 3- and 4-year-olds

Our district preschool program provides a high-quality preschool experience with a variety of options for families. Preschool classes are provided across our district within some elementary buildings and are also located in Woodbury at Liberty Ridge Site 2 Early Childhood Center, 11283 Eagle View Boulevard or in Cottage Grove at the District Program Center, 8400 E. Point Douglas Road.

For more information regarding current or Fall, 2022 district preschool openings, please call: **651-425-7160**. Visit our website: [sowashco.org/academics/preschool](https://sowashco.org/academics/preschool)

To enroll in the Preschool program, [click here](#).

## PRE-K

Pre-K is an exciting time for children as they work to develop abilities and independence that will help prepare them for Kindergarten and beyond. The Pre-K program is for four-year-old's one year prior to starting kindergarten. Children must be age four on or before September 1. The program is located at most elementary school sites and offers programming five days per week with morning and afternoon half-day options. Parents are responsible for their child's transportation to and from school.

For more information about our Pre-K program, visit our website: [sowashco.org/academics/pre-k](https://sowashco.org/academics/pre-k)  
To enroll in the Preschool program, [click here](#)

## ECFE CLASS CANCELLATION

If you decide to cancel a class without enrolling in another in its place, the following refund policy will apply.

If you cancel a class before the start date, a processing fee will be deducted from your refund. If the class cost is between \$5-\$124, there will be a \$5 processing fee. If the class cost is \$125 or higher, there will be a \$10 processing fee.

If you cancel after classes begin, a pro-rated refund will be given up to 4 weeks into classes. No refunds will be given after the fourth week of classes.

Classes and sibling care with insufficient enrollment may be canceled prior to the class start date. If this occurs, you would be notified and a full refund would be provided

No refunds or class make-ups will be made when classes are canceled due to emergency school cancellations.

## PRESCHOOL CLASS CANCELLATION

Registrations fees are non-refundable after a student has been placed in a class. A two-week notice is required when withdrawing your child from class. Failure to do so may result in additional charges. All outstanding balances must be paid in full.



Register online at [sowashco.ce.eleyo.com](https://sowashco.ce.eleyo.com)



# Skoolie

Skoolie will be hitting the road again this summer!

[Click here](#) for the most up to date information on Skoolie events around our community.



June 8 –  
August 11

Stay tuned for  
details!

## What is Skoolie?

Community Education has transformed a school bus for community programming. A Skoolie (or Schoolie) by definition is a school bus that is converted into a recreational vehicle. We are so excited to bring innovative programming to South Washington County School through this new mobile classroom.